

**PRIMARY HUMAN ANATOMY: BIOL20600  
SPRING 2009**

**MUSCLE ASSIGNMENTS LISTED BY WEEK**

- ❖ You are responsible for the identification (diagram), function (actions), origin and insertion and innervations (nerve supply) for the following muscles as listed in your lab packet and on the master muscle table.
- ❖ The muscles presented during lab will be tested on weekly lab quizzes. ALL muscles will be on the lecture tests.
- ❖ I recommend that you make flash cards and concentrate on one muscle a day. There are on average 4-5 muscles to learn per week. During some labs will have more than 2 muscles if the muscles form a clear group such as the rotator cuff mm. in lab 6, the hamstring mm. in lab 10 and the quadriceps mm. in lab 12.

<b>Week</b>	<b>Lecture Muscles</b>	<b>Lab Muscles</b>
1	Sternocleidomastoid m.	No muscles in lab
2	Stylohyoid m., Sternohyoid m.	Temporalis m., Masseter m.
3	Posterior Scalene m., Serratus anterior m.	Anterior and Middle Scalene mm.
4	Rhomboid major m.	Pectoralis major and minor mm.
5	Latissimus dorsi m., Deltoid m.	Trapezius m., Levator scapula m.
6	Teres major m., Coracobrachialis m.	Supraspinatus m. Infraspinatus m., Teres minor m., Subscapularis m.
7	Brachioradialis m.	Biceps brachii m., Brachialis m., Triceps brachii m.
8	Pronator teres m., Supinator m.	Flexor carpi radialis m., Flexor carpi ulnaris m.
9	Flexor digitorum superficialis m., Extensor digitorum m.	Extensor carpi radialis longus m., Extensor carpi ulnaris m.
10	Gluteus maximus m., Gluteus medius m.	Biceps femoris m., Semimembranosus m., Semitendinosus m.
11	Psoas major m.	Tensor fasciae latae m., Sartorius m., Gracilis m.
12	Iliacus m., Adductor longus m.	Quadriceps femoris group (Rectus femoris m., Vastus lateralis m., Vastus medialis m., Vastus intermedius m.)
13	Adductor magnus m., External oblique m.	Tibialis anterior m., Gastrocnemius m., Soleus m.
14	Extensor digitorum longus m.	No muscles in lab (final lab test)

