

THE MODIFIED ERICKSON S-SCALE

Instructions: Answer the following by circling "T" if the statement is generally true for you, or circle "F" if the statement is generally false for you. If the situation is unfamiliar or rare, judge it on a "If it was familiar..." basis.

1. T F I usually feel that I am making a favorable impression when I talk.
2. T F I find it easy to talk with almost anyone.
3. T F I find it very easy to look at my audience while talking in a group.
4. T F A person who is my teacher or my boss is hard to talk to.
5. T F Even the idea of giving a talk in public makes me afraid.
6. T F Some words are harder than others for me to say.
7. T F I forget all about myself shortly after I begin to give a speech.
8. T F I am a good mixer.
9. T F People sometimes seem uncomfortable when I am talking to them.
10. T F I dislike introducing one person to another.
11. T F I often ask questions in group discussions.
12. T F I find it easy to keep control of my voice when speaking.
13. T F I do not mind speaking before a group.
14. T F I do not talk well enough to do the kind of work I'd really like to do.
15. T F My speaking voice is rather pleasant and easy to listen to.
16. T F I am sometimes embarrassed by the way I talk.
17. T F I face most speaking situations with complete confidence.
18. T F There are few people I can talk with easily.
19. T F I talk better than I write.
20. T F I often feel nervous while talking.
21. T F I often find it hard to talk when I meet new people.
22. T F I feel pretty confident about my speaking abilities.
23. T F I wish I could say things as clearly as others do.
24. T F Even though I knew the right answer, I have often failed to give it because I was afraid to speak out.