

VOICE HANDICAP INDEX (VHI) Scoring

(Henry Ford Hospital, 1997)

The *VHI* is comprised of a series of questions targeting the patient's perception of her/his own voice. It is a useful tool to help gain insight into the emotional, physical, and functional components of the voice problem as well as measure therapeutic outcomes.

Scoring Guidelines

Mean values (SD) for VHI subscale and total scale scores as a function of self-perceived severity.

Scale	Group		
	Mild	Moderate	Severe
Functional	10.07 (1.99)	12.41 (1.38)	18.30 (1.50)
Physical	15.54 (1.97)	18.63 (1.37)	22.78 (1.48)
Emotional	8.08 (2.31)	13.33 (1.61)	20.30 (1.74)
Total	33.69 (5.60)	44.37 (3.88)	61.39 (4.21)