

Voice Evaluation Interview Outline (Adult) Ver. 1.0

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- I. Motivation
 - a. Reason for coming for voice evaluation at this time
 - i. Referral
 - ii. Diagnosis

- II. Background
 - a. Onset
 - i. When first observed and by whom
 - ii. When patient noticed and circumstances
 - iii. Characteristics (quality, fatigue, endurance, pitch, loudness, other)
 - iv. Severity (1-5)
 - v. Variability
 - 1. Long-term (across days, weeks, months, years)
 - 2. Short-term (within a day)
 - 3. With different speaking tasks/situations
 - vi. Evidence of pain or discomfort
 - vii. Predisposing/perpetuating factors at time of onset
 - 1. Trauma
 - 2. Medical condition(s) (e.g. illness, surgery, allergies, etc.)
 - 3. Stress
 - 4. Overuse/abuse
 - 5. Vocational/educational demands
 - 6. Other demands

 - b. Development
 - i. Severity (1-5)
 - ii. Characteristics (quality, fatigue, endurance, pitch, loudness, other)
 - iii. Variability
 - iv. Circumstances of use and environment from onset to present

 - c. Present Status
 - i. Characteristics (quality, fatigue, endurance, pitch, loudness, other)
 - ii. Severity (1-5)
 - iii. Variability
 - 1. Long-term
 - 2. Short-term
 - iv. Other factors

- III. Predisposing and Perpetuating Factors
 - a. Medical History
 - i. Incidence of neurological, speech-language (esp. voice) in family
 - ii. Illness, surgeries
 - iii. Allergies
 - 1. To what substance
 - 2. Symptoms
 - 3. Variability
 - 4. Correlation with voice symptoms
 - 5. Medications and correlation with symptoms
 - iv. Other medications
 - v. Pain
 - 1. Location and description
 - 2. Frequency and variability (and factors)
 - b. Functional Use of Voice
 - i. Daily use of voice
 - 1. How much (infrequent, moderate, frequent, very frequent)
 - 2. Characteristic use (soft, moderate, loud, very loud)
 - 3. Vocational use factors and characteristics
 - 4. Educational use factors and characteristics
 - 5. Personal/social use factors and characteristics
 - 6. Variability with day (morning to night)
 - ii. Professional/Vocational Use of Voice and Symptoms/Factors
 - iii. Potential Vocal Abuses
 - 1. Frequency of use
 - 2. Intensity of Voice
 - 3. Glottal Attacks
 - 4. Substance Factors
 - a. Smoking and Smoking Environment
 - b. Alcohol
 - c. Drugs
 - c. Psychodynamic Factors
 - i. Levels of stressors, environments, factors
 - 1. Personal/social
 - 2. Professional/educational
 - 3. Correlation with vocal symptoms
 - ii. Adjustment strategies

- IV. Attitudes and Perceptions
 - a. Self-Perceptions and Attitudes
 - i. Severity (1-5)
 - ii. Quality
 - iii. Impact on vocational, educational, and social interactions
 - b. Perceptions of others
 - i. Severity (1-5)
 - ii. Quality
 - iii. Impact

- V. Goals and Expectations
 - a. With treatment
 - b. Without treatment