

VOICE HANDICAP INDEX (VHI)

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Recreated by D.E. Cross 2-09

Name: _____ Date: _____ D.O.B. _____ Age: _____

Male ___ Female ___ Physician: _____ Dx: _____

Instructions: These are statements that many people have used to describe their voices and the effects of their voices on their lives. Check the response that indicates how frequently you have the same experience.

	Never	Almost Never	Sometimes	Almost Always	Always
F1. My voice makes it difficult for people to hear me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P2. I run out of air when I talk.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F3. People have difficulty understanding me in a noisy room.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P4. The sound of my voice varies throughout the day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F5. My family has difficulty hearing me when I call them throughout the house.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F6. I use the phone less often than I would like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E7. I'm tense when talking with others because of my voice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F8. I tend to avoid groups of people because of my voice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E9. People seem irritated with my voice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P10. People ask "What's wrong with your voice?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F11. I speak with friends, neighbors, or relatives less often because of my voice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F12. People ask me to repeat myself when speaking face-to-face.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P13. My voice sounds creaky and dry.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P14. I feel as though I have to strain to produce voice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E15. I find other people don't understand my voice problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F16. My voice difficulties restrict my personal and social life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P17. The clarity of my voice is unpredictable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P18. I try to change my voice to sound different.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F19. I feel left out of conversations because of my voice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P20. I use a great deal of effort to speak.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P21. My voice is worse in the evening.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
F22. My voice problem causes me to lose income.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E23. My voice problem upsets me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Never	Almost Never	Sometimes	Almost Always	Always
E24. I am less out-going because of my voice problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P25. My voice problem makes me handicapped.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
P26. My voice "gives out" on me in the middle of speaking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E27. I feel annoyed when people ask me to repeat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E28. I feel embarrassed when people ask me to repeat.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E29. My voice makes me feel incompetent.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E30. I'm ashamed of my voice problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please circle the word that matches how you feel your voice is today.

Normal Mild Moderate Severe

P Scale

F Scale

E Scale

Total Scale

Voice Handicap Index (VHI) (Henry Ford Hospital, 1997)

The *VHI* is comprised of a series of questions targeting the patient's perception of her/his own voice. It is a useful tool to help gain insight into the emotional, physical, and functional components of the voice problem as well as measure therapeutic outcomes.

Scoring Guidelines

Mean values (SD) for VHI subscale and total scale scores as a function of self-perceived severity.

Scale	Group		
	Mild	Moderate	Severe
Functional	10.07 (1.99)	12.41 (1.38)	18.30 (1.50)
Physical	15.54 (1.97)	18.63 (1.37)	22.78 (1.48)
Emotional	8.08 (2.31)	13.33 (1.61)	20.30 (1.74)
Total	33.69 (5.60)	44.37 (3.88)	61.39 (4.21)