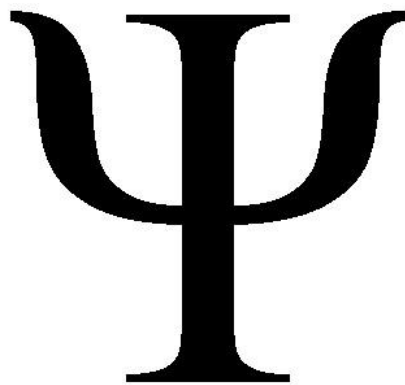


**Ithaca College
Dept. of Psychology**



2011-2012

Student Handbook*

Dr. Ann Lynn
PSYC 102
Fall 2011

***Unofficial**

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INTRODUCTION

Welcome to Psychology at Ithaca College! This handbook is designed to help you get acquainted with the Department. It will provide you with specific information about the psychology program at IC and answer some of the questions most frequently asked by our students.

This handbook is not intended to take the place of your advisor. However, it should assist you in making the best use of the expertise provided by your advisor. For example, the handbook includes a checklist of courses required of our majors that can be used, in consultation with your advisor, to plan your undergraduate educational experience.

Staff



Judy Smith: Administrative Assistant

Faculty



Dept. Chair Barney Beins: Professor. Ph.D. in Experimental Psychology. City University of New York. **Courses taught:** Research Methods, Research Team #5 (Psychology of Humor), Senior Seminar

Email: beins@ithaca.edu



Brandy Bessette-Symons: Assistant Professor. Ph.D. in Experimental Psychology. Syracuse University. **Courses taught:** Research Team (EPIC), Psychology of Aging, Development in Adolescence.

Email: bbessettesymons@ithaca.edu



Beth Caldwell: Assistant Professor. Ph.D. in Psychology. Kent State University. **Courses taught:** Behavioral Neuroscience, Laboratory in Neuroscience, Research Team, Senior Seminar.
Email:



Kathryn Caldwell: Visiting Assistant Professor. Ph.D. in Human Development. University of Maryland, College Park. **Courses taught:** General Psychology, Introduction to Research in Psychology.

Email: kcaldwell@ithaca.edu



Mary Turner DePalma: Professor. Ph.D. in Social & Personality Psychology. Cornell University. **Courses taught:** Proseminar in Motivation, Research Team # 3 (Human Motivation)

Email: depalma@ithaca.edu



Carla Golden: Professor. Ph.D. in. **Courses taught:** Proseminar in Development, Psychology of Women, Honors Seminar in Psychology, Senior

Email: golden@ithaca.edu

Seminar
Email:



Jeff Holmes: Associate Professor. Ph.D. in Counseling Psychology. University of Akron.
Courses taught: General Psychology, Methods of Testing & Assessment, Senior Seminar
Email: jholmes@ithaca.edu



Ann Lynn: Associate Professor & Program Coordinator Applied Psychology. Ph.D. in Social Psychology. University of Houston. **Courses taught:** Statistics in Psychology, Orientation to Psychology
Email: alynn@ithaca.edu



Judith Pena-Shaff: Associate Professor. Ph.D. in Educational Psychology & Organizational Behavior. Cornell University. **Courses taught:** Educational Psychology, Life-Span Development: A Cross-Cultural Perspective, Research Team #13 (Development & Educational Psychology)
Email: jpenaper@ithaca.edu



Nancy Rader: Professor. Ph.D. in Cognition, Perception and Evolutionary Psychology. Cornell University. **Courses taught:** Cognition, Senior Seminar, Research Team #4 (Cognitive Development)
Email: rader@ithaca.edu



Cyndy Scheibe: Associate Professor. Ph.D. in Human Development and Family Studies. Cornell University. **Courses taught:** Introduction to Developmental Psychology, Proseminar in Development, Research Team #7 (Psychology of TV and Other Media)
Email: scheibe@ithaca.edu



Hugh Stephenson: Associate Professor. Ph.D. in. Southern Illinois University. **Courses taught:** Abnormal Psychology, Senior Seminar, Research Team #12 (Clinical and Mental Health)
Email: stephens@ithaca.edu



Leigh Ann Vaughn: Associate Professor. Ph.D. in Social Psychology. University of Michigan. **Courses taught:** Social Psychology, Personality, Senior Seminar, Research Team #11 (Social Judgment)
Email: lvaughn@ithaca.edu



Williams Hall

Department offices and laboratories are located in Williams Hall.

Basement Labs

Neuroscience lab (Wm 011)
Team EPIC lab, Dr. Bessett-Symons
General Psychology lab (Wm 010)

First Floor Offices

Department Office & Psychology Library (Wm 119)
Barney Beins office (Wm 119N)
Brandy Bessett-Symons office (Wm 119C)
Beth Caldwell office (Wm 115E)
Kathryn Caldwell office (Wm 115C)
Mary Turner DePalma office (Wm 119F)
Carla Golden office (Wm 111)
Jeff Holmes office (Wm 110)
Judith Pena office (Wm 119 D)
Ann Lynn office (Wm 119E)
Nancy Rader office (Wm 115D)
Cyndy Scheibe office (Wm 115B)
Hugh Stephenson office (Wm 109)
Leigh Ann Vaughn office (Wm 115A)

First Floor Labs

Media Research lab, Dr. Scheibe (Wm 104)
Clinical Psychology lab, Dr. Stephenson (Wm 112)
Motivation lab, Dr. DePalma (Wm 113)
Cognitive Development lab, Dr. Rader (Wm 121)
Humor lab, Dr. Beins (Wm 127)
Mind Body lab (Wm 107)

Second Floor Labs & Classrooms

Educational Psych lab, Dr. Pena-Shaff (Wm 215A)
Social Judgment lab, Dr. Vaughn (Wm 215C)
Statistics classroom (Wm 203)

PROGRAMS OF STUDY

The Department of Psychology offers two degrees: a Bachelor of Arts in Psychology and a Bachelor of Science in Applied Psychology. Currently, about 75% of the students in the department are in the Psychology B.A. major. A summary comparison of the two programs is below:

Comparing the Psychology B.A. major to the Applied Psychology B.S. major

	Psychology BA	Applied Psychology BS
Credits for Degree		
Psychology	36	34
Supplemental	0	15
Math	0	3-4
Communication	0	3
Experiential	6 (Research Team)	6 (Research and/or Internship)
Required minor	0	15-24
Electives + Gen Ed	78	34-44
TOTAL	120	120
Semesters to Complete	8	8
Preparation for Psych Grad school?	Yes	Yes (select Research Team to fulfill experiential requirement)
Can you Study Abroad?	Yes	Yes
Gen Ed Requirements	Same	Same

Bachelor of Arts in Psychology

The Psychology B.A. major combines a strong focus in psychology with breadth of study across the traditional liberal arts fields. Through a structured curriculum in psychology and a planned study of representative subjects in the humanities, natural sciences, social sciences, and fine arts, students become familiar with intellectual landmarks and the methods of investigation, analysis, and expression in a variety of disciplines, with particular emphasis on psychology. Because the theory and practice of psychology are grounded in research, the Psychology B.A. has a strong emphasis on research skills and experience. One of the defining features of the major is that students are required to collaborate on research with one or more faculty members and with other students for three semesters. Graduates are prepared for entry-level positions in industry, government, and private human service organizations, as well as for graduate study in psychology and related fields.

Student Learning Outcomes: BA in Psychology

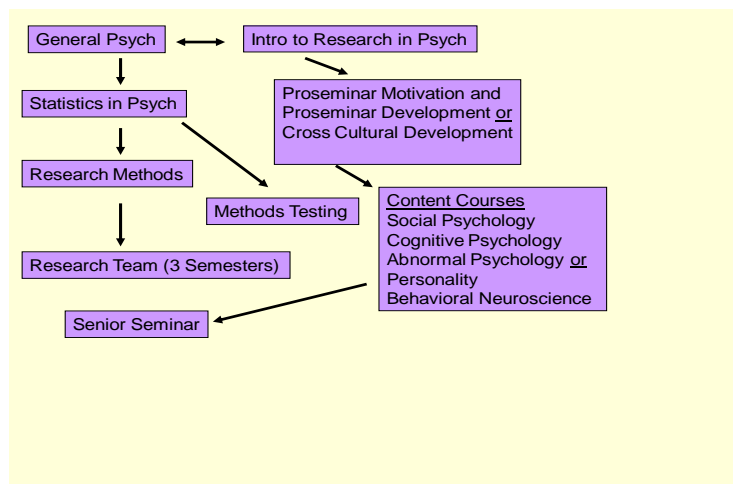
Upon completion of major requirements, Psychology majors should be able to:

1. Demonstrate a basic understanding of psychological theories, concepts and methods.
2. Understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.
3. Respect and use critical and creative thinking, skeptical inquiry, and when possible, the scientific approach to solve problems related to behavior and mental processes.
4. Value empirical evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a science.
5. Apply course content to real world problems in faculty-student collaborative research experiences.
6. Demonstrate strong oral, written, and computer skills.
7. Formulate and pursue realistic career goals.
9. Recognize, understand and respect the complexity of sociocultural and international diversity.

Requirements for BA in Psychology

Course Number	Title	Credits	Term offered	Gen Ed.
PSYC 10300	General Psychology	3	Fall/Sp/Sum	1
PSYC 11300	Introduction to Research in Psychology	2	Fall/Spring	
PSYC 20700	Statistics in Psychology	4	Fall/Sp/Sum	2b
PSYC 20100 <i>or</i> PSYC 20500	Proseminar in Development <i>or</i> Life-Span Development: A Cross-Cultural Perspective (<i>or</i> PSYC 104 if taken before declaring the major)	3	Fall/Spring Spring	1,g
PSYC 20200	Proseminar in Motivation	3	Fall/Spring	1
PSYC 30800	Research Methods in Psychology	3	Fall/Spring	
PSYC 30900	Methods of Testing and Assessment	3	Fall/Spring	
PSYC 31100	Behavioral Neuroscience	3	Fall/Spring	2a
PSYC 33000	Cognition	3	Fall/Spring	2a
PSYC 31600	Social Psychology	3	Fall/Spring	1
PSYC 32100 <i>or</i> PSYC 32000	Abnormal Psychology <i>or</i> Personality	3	Fall/Spring Fall	
PSYC 30100 <i>or</i> PSYC 30200	Methods in Neuroscience <i>or</i> First Semester Research Team	2	Fall/Spring	
PSYC 30300	Second Semester Research Team	2	Fall/Spring	
PSYC 30400	Third Semester Research Team	2	Fall/Spring	
PSYC 49200 <i>or</i> IISP 49200	Seminar in Psychology <i>or</i> Seminar in Neuroscience	3	Fall/Spring	
TOTAL REQUIRED CREDITS		42		
OPEN ELECTIVES		78		
TOTAL B.A. IN PSYCHOLOGY		120		

Psychology BA Course Planning Flowchart



NOTES:

1. PSYC 113 is the prerequisite for the proseminars (PSYC 201, 202 and 205).
2. A proseminar (PSYC 201, 202 or 205) is the prerequisite for PSYC 311, 330, 316, 321 and 320).
3. Statistics (PSYC 207) is the prerequisite for PSYC 308, 309, and Research Team.
4. Senior standing is required to take the Seminar in Psychology (PSYC 492).

Psychology Elective Courses Open to BA in Psychology Majors

Course Number	Title	Credits	Term offered	Gen Ed.
PSYC 10200	Orientation to Psychology	1	Fall	
PSYC 15300 PSYC 25300 PSYC 35300	Selected Topics: Psychology	1-3	Irregularly	
PSYC 21010	Educational Psychology	3	Fall/Spring	
PSYC 21700	Mental Health in Historical & Social Contexts (Cross listed as SOCI 21700)	3	Fall	
PSYC 24100	Family Dynamics & Therapy	3	Fall	1
PSYC 26100	Psychology of Women	3	Fall/Spring	1
PSYC 31001-06	Advanced Psychology Laboratory	1-3	Irregularly	
PSYC 31200	Behavioral Neuroscience Lab	1	Fall/Spring	
PSYC 33400	Industrial & Organizational Psychology	3	Spring odd years	
PSYC 34100	Forms of Therapy	3	Spring	
PSYC 35100	Independent Supervised Study	1-3	By petition	
PSYC 35200	Independent Supervised Research	1-3	By petition	
PSYC 35400	Psychology Laboratory Techniques	1	Lab Asst. only	
PSYC 36500	Development in Adolescence	3	Spring odd years	
PSYC 36600	Psychology of Aging	3	Fall	
PSYC 45000	Internship in Psychology	1-12	Fall/Spring/Summer	
PSYC 45100	Advanced Independent Supervised Study	1-3	By petition	
PSYC 45200	Advanced Independent Supervised Research	1-3	By petition	
PSYC 47000	History of Scientific Psychology	3	Spring even years	1 H

Bachelor of Science in Applied Psychology

(Ann Lynn, Program Coordinator)

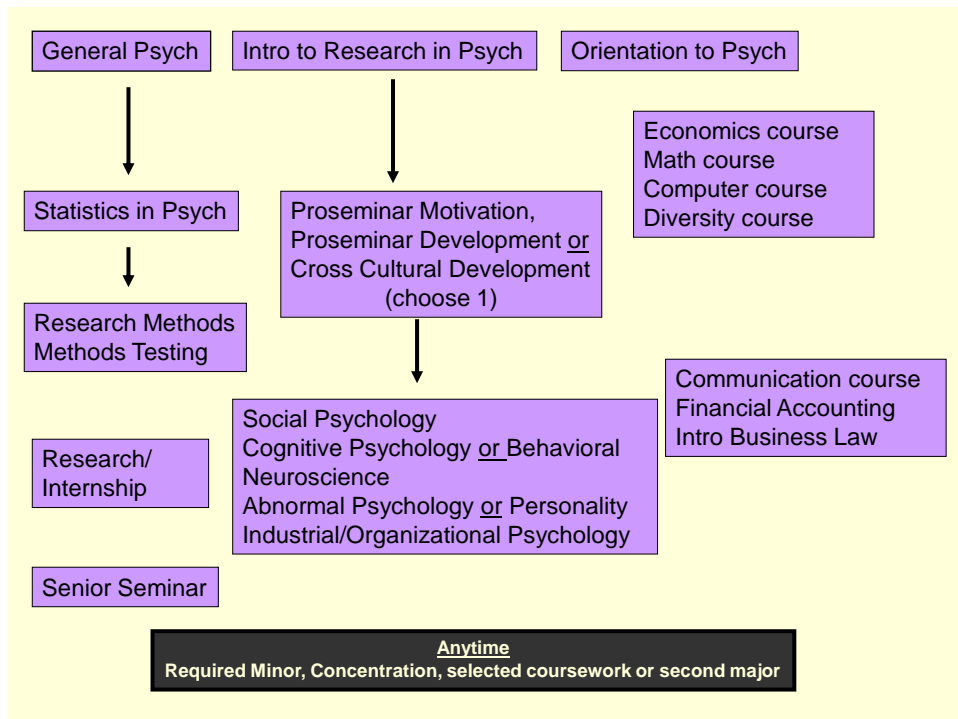
The Applied Psychology major combines a traditional liberal arts education in psychology with a study of some key management and financial practices useful in virtually all careers. In addition to a core set of courses, students also select additional coursework in the area to which they want to apply psychology. Students connect classroom studies with hands-on, real world experience through a major-related internship and/or research experience. Graduates are prepared to use their major-related knowledge, skills and values in occupational pursuits in a variety of settings, or in pursuing graduate study in psychology or related fields.

Student Learning Outcomes: BS in Applied Psychology

Upon completion of major requirements, Applied Psychology majors should be able to:

1. Define, describe and identify core psychological theories, concepts, findings and methods.
2. Define, describe and identify basic management and financial practices.
3. Apply and evaluate basic research, assessment and statistical methods. Know and apply APA ethical standards when conducting research.
4. Demonstrate effective written and oral communication skills including the correct use of APA style.
5. Apply course content to real world situations.
6. Formulate and pursue realistic career goals and develop the relevant professional and personal skills needed upon graduation
7. Make use of technology to acquire and use relevant information.

Applied Psychology Course Planning Flowchart



Requirements for BS in Applied Psychology

Course Number	Title	Credits	Term offered	Gen Ed.
PSYC 10300	General Psychology	3	Fall/Spring/Su	1
PSYC 11300	Intro to Research in Psych	2	Fall/Spring	
PSYC 10200	Orientation to Psychology	1	Fall/Spring/Su	
PSYC 20100 or PSYC 20200 or PSYC 20500	Proseminar in Development or Proseminar in Motivation or Life-Span Development: A Cross-Cultural Perspective	3	Fall/Spring Fall/Spring Spring	1 1,g
PSYC 20700	Statistics in Psychology	4		2b
PSYC 30800	Research Methods in Psychology	3	Fall/Spring	
PSYC 30900	Methods of Testing and Assessment	3	Fall/Spring	
PSYC 31100 or PSYC 33000	Behavioral Neuroscience or Cognition	3	Fall/Spring	2a
PSYC 31600	Social Psychology	3	Fall/Spring	1
PSYC 32100 or PSYC 32000	Abnormal Psychology or Personality	3	Fall/Spring Fall	
PSYC 33400	Industrial and Organizational Psychology	3	Spring, Odd	
PSYC 49200 or IISP 49200	Seminar in Psychology or Seminar in Neuroscience	3	Fall/Spring Spring	
ECON 12100 or ECON 12200	Principals of Macroeconomics or Principals of Microeconomics	3	Fall/Spring	1
COMP 11000	Computers and Information Technologies	3	Fall/Spring	
GBUS 20300	Legal Environment of Business	3	Fall/Spring/Su	
ACCT22500	Financial Accounting	3	Fall/Spring	
	Cultural Diversity Elective (see list)	3	Fall/Spring/Su	
	Select 1 math course from the following	3-4	Fall/Spring/Su	2b
MATH 10500	Math for Decision Making			
MATH 10700	Fundamentals of Applied Calculus			
MATH 10800	Calculus for Decision Making			
MATH 11100	Calculus I			
	Select 1 communication course from the following:	3		
SPCM 11500	Business and Professional Communication		Fall/Spring/Su	
WRTG 21100	Writing for the Workplace		Fall/Spring	
STCM 10800	Human Communication in Organizations		Fall/Spring	
	Experiential Learning <i>(Must total 6 credit hours in some combination of the following)</i>			
PSYC 30100–PSYC 30400	Research Team	2-6	Fall/Spring/Su	
PSYC 31001-PSYC 31006	Advanced Psych Lab Special Techniques	1	Irr	
PSYC 45000	Supervised Internship	varies	Fall/Spring/Su	
PSYC 35200	Independent Supervised Research	varies	Fall/Spring	
EDUC 21910	Early Field Experience: Theory & Practice	3	Fall/Spring	
	Required Outside Field <i>All Applied Psychology majors must complete one of the following: (1) a 15-24-credit minor in any Ithaca College department; (2) an individually designed outside field (minimum of 15 credits) with at least 12 credits above level 2 approved by the program coordinator; or (3) a second major.</i>			

TOTAL REQUIRED CREDITS:	61-62
TOTAL OUTSIDE FIELD	15-24
OPEN ELECTIVES	34-44
TOTAL B.S. IN APPLIED PSYCHOLOGY	120

Cultural Diversity Elective List

Course Number	Course Title	Gen Ed
POLT 12900	Introduction to Global Studies	1 g
POLT 14100	Power: Race, Sex and Class	1,g
PSYC 20500	Cross Cultural Developmental Psychology	1,g
PSYC 26100	Psychology of Women	1
PSYC 36600	Psychology of Aging	1
SOCI 11600	Introduction to Multicultural Studies	1
SOCI 20200	Contemporary Social Issues: Women in Britain	1
SOCI 20700	Race and Ethnicity	1, h
SOCI 21000	Women's Lives	1
RLS 12500	Understanding disability: Characteristics, causes & services	3
CSCR 10400	Introduction to African Diaspora Studies	3
CSCR 10700	Introduction to Latino/a Studies	3
JWST 32300	Gender and Sexuality in Judaism	
RLST 10500	Introduction to World Religions: Indigenous and Eastern	1,h,g
RLST 10600	Introduction to World Religions: Western and Modern	1,h,g

Psychology Elective Courses Open to BS in Applied Psychology Majors

Course Number	Title	Credits	Term offered	Gen Ed.
PSYC 15300 PSYC 25300 PSYC 35300	Selected Topics: Psychology	1-3	Irregularly	
PSYC 21010	Educational Psychology	3	Fall/Spring	
PSYC 21700	Mental Health in Historical & Social Contexts (Cross listed as SOCI 21700)	3	Fall	
PSYC 24100	Family Dynamics & Therapy	3	Fall	1
PSYC 26100	Psychology of Women	3	Fall/Spring	1
PSYC 31001-06	Advanced Psychology Laboratory	1-3	Irregularly	
PSYC 31200	Behavioral Neuroscience Lab	1	Fall/Spring	
PSYC 34100	Forms of Therapy	3	Spring	
PSYC 35100	Independent Supervised Study	1-3	By petition	
PSYC 35200	Independent Supervised Research	1-3	By petition	
PSYC 35400	Psychology Laboratory Techniques	1	Lab Asst. only	
PSYC 36500	Development in Adolescence	3	Spring odd years	
PSYC 36600	Psychology of Aging	3	Fall	
PSYC 45000	Internship in Psychology	1-12	Fall/Spring/Summer	
PSYC 45100	Advanced Independent Supervised Study	1-3	By petition	
PSYC 45200	Advanced Independent Supervised Research	1-3	By petition	
PSYC 47000	History of Scientific Psychology	3	Spring even years	1 H

General Education Requirements

To graduate with a degree from the Department of Psychology students must complete the School of Humanities & Sciences general education requirements in addition to the requirements for their major. The general education program of the School of Humanities and Sciences divides its general education requirement into five areas. Courses that may be used to fulfill the requirements of the general education program carry a designation indicating the curricular area in which the course is placed. *Designated courses that meet major and/or other degree requirements may also be counted toward satisfying the requirements of the general education program.* Because many courses offered by the psychology department carry general education designations, students in our department typically can complete the H&S general education requirements with **12-27 credits** in addition to those required for their major.

Up to two courses (6 credits) of AP credit may be used toward the general education requirement. This rule applies only when students receive course-specific AP credit for courses that have been designated as general education courses. Some course credits earned through College Board Advanced Placement examinations may not meet the general education requirements of the School of Humanities and Sciences.

Writing effectiveness (3 credits)

Students satisfy the writing effectiveness requirement first by completing a level-1 writing course, WRTG 10600 to WRTG 16500. At the end of each of these courses, the instructor applies the criteria established for effective writing to determine whether the student meets the writing requirement. Students may verify that the requirement has been met by checking their degree evaluation on HomerConnect. Students failing to satisfy the requirement after earning credit for WRTG 10600 may then meet the requirement either by enrolling in WRTG 11100 (if credit has not already been earned for this course) or by completing a writing portfolio under the direction of a writing department faculty member.

Students failing to meet the writing effectiveness requirement after completing the portfolio process must satisfy it by meeting guidelines established by the psychology department. Ask your advisor about this process.

Mathematics (0 credits)

Students must either achieve a score on the math placement exam placing them in group 3, 2, or 1 or, if placed in group 4, earn a grade of C- or better in MATH 10000 or MATH 18000.

Additional General Education areas (33 credits)

- Twelve credits in self and society (area 1)
- Six credits in science (area 2a)
- Three credits in mathematics and formal reasoning (area 2b)
- Six credits in language (area 3a)
- Six credits in visual and performing arts (area 3b)
- Six credits with a global (G) designation and 6 credits with a historical (H) designation

Courses satisfying the global and historical perspectives requirements may come from those courses used to satisfy the area/category requirement. A course with a dual global and historical designation may be used to meet the requirement in one or the other perspective but not both. Credits earned in an approved study abroad program will fulfill the global perspective requirement.

Important details about General Education Requirements

- A petition is available for students who wish to receive general education designations for courses they have taken at *other institutions*.
- Students can determine what courses carry each general education designation in three ways:
 - Excel spreadsheet with all designated courses offered at Ithaca College
 - Do an “Attribute Type” search in the Class Schedule Search screen in HomerConnect
 - Designations are part of the catalog course descriptions
- In general, courses can do “two-fers” or “double-dip” – they can fulfill two degree requirements. For example, a course required for a major or minor can also fulfill a general education requirement.

Minors

A minor is a structured plan of study that is in an area outside of the major. Students in the Psychology BA program *may* choose a minor (**it is not required**) while students in the Applied Psychology BS program are required to have either a minor, concentration, or a second major. Students may choose any minor Ithaca College offers, except for the minor in Psychology. A full listing of the available minors can be found in the *Undergraduate Catalog*. To register for a minor you must complete paperwork with the department that offers the minor. The latest students can register for a minor is the end of the semester preceding the semester of graduation. In order to complete the requirements of a minor the department recommends that students register for a minor during the Junior year.

The Psychology department helps to support two interdisciplinary minors designed for majors in our department: Neuroscience and Counseling.

Minor in Neuroscience

Coordinator: Jean Hardwick, Dept. of Biology (hardwick@ithaca.edu)

Course Number	Course Title	Credits	Term offered
Required courses			
BIOL 11900 & BIOL 12000 or BIOL 12100 & BIOL 12200	Fundamentals of Biology I & II Principles of Biology I & II	8	I (Fall) II (Spring)
PSYC 31100	Behavioral Neuroscience	3	Fall/Spring
PSYC 31200	Behavioral Neuroscience Lab	1	Fall
BIOL 31500	Neurobiology	3	Spring
IISP 49200	Seminar in Neuroscience	3	Spring
Restricted electives <i>Select 3 to 4 credits from the following:</i>			
BIOL 21400	Animal Physiology	4	Fall
BIOL 22700	Genetics ¹	4	Spring
BIOL 27800	Environmental Health and Medicine	3	Fall odd
BIOL 30800	Animal Behavior ²	4	Fall even
BIOL 34500	Developmental Biology ³	4	Spring
BIOL 35400	Cell Biology ⁴	4	Fall
BIOC 35300	Biochemistry I	3	Fall
EXSS 32000	Neuromuscular Control	3	
Practicum <i>Select 3 to 6 credits from the following:</i>			
BIOL 30200	Research in Biology	3	
BIOL 40000	Research in Biology	1-3	
PSYC 30200-30299	First Semester Research Team	2	Fall/Spring
PSYC 30300-30399	Second Semester Research Team	2	Fall/Spring
PSYC 30400-30499	Third Semester Research Team	2	Fall/Spring
PSYC 35200 or PSYC 45200	Independent Supervised Research	1-4	
EXSS 45000-45100	Independent Study in ESS	1-6	
EXSS 47500	Research Team: ESS	1-3	

TOTAL CREDITS FOR MINOR

25-29

¹ Requires CHEM 12100

² Requires a 200 level Biology course

³ Requires BIOL 227

⁴ Requires BIOL 227 & CHEM 221

Counseling Minor

Coordinator: Hugh Stephenson

Course Number	Course Title	Credits	Term offered
<i>Core Courses</i>			
SOCI 10100	Introduction to Sociology	3	Fall/Spring
PSYC 10300	General Psychology	3	Fall/Spring
PSYC 21700 or SOCI 21700	Mental Health in Historical and Social Contexts	3	Fall
SOCI 21400	Definitions of Normality	3	
PSYC 32100	Abnormal Psychology	3	Fall/Spring
SOCI 30800 or PSYC 34100	Counseling Theory & Dynamics or Forms of Therapy	3	Fall Spring
Required Internship SOCI 49800–49801 or PSYC 42000 & PSYC 45000	Internship in Sociology Professional Seminar in Human Services and Internship in Psychology	3	Fall/Spring
Select ONE of the following		3	
PSYC 21001	Educational Psychology		Fall/Spring
PSYC 24100	Family Dynamics and Therapy		Fall
PSYC 26100	Psychology of Women		Fall/Spring
PSYC 32000	Personality		Fall
PSYC 36600	Psychology of Aging		Fall
SOCI 30900	Group Counseling		Spring
SOCI 34000	Essential Issues in Mental Health Treatment		
SOCI 40400	Crisis Intervention		
SOCI 40800	Counseling Methods		
GERO 37000	Counseling the Older Adult		Spring

TOTAL CREDITS FOR MINOR 24

Other Minors of Interest to Students in Psychology/Applied Psychology

While students can select any minor offered at Ithaca College, the table below contains suggestions for minors that compliment different areas of psychology.

Area of Interest	Related IC Minors
Therapy	Counseling Religious or Jewish Studies (Pastoral counseling) Art or Dance (art or dance therapy) Health (substance abuse counseling) Business (if planning private practice)
Forensic psychology/Law	Legal Studies Sociology History Politics
School/Educational psychology	Sociology Counseling
Teaching	Dual Major (e.g., Social Studies with Teaching Option & Psych)
Health psychology	Health Integrative Health Studies Biology
Sport psychology	Coaching Exercise Science Recreation Outdoor Recreation Sport & Exercise Psychology
Allied Health (nutrition, PT/OT, PA, Nursing)	Nutrition Science Nutrition Promotion Exercise Science Biology Neuroscience Communication Disorders
Neuropsychology/experimental psychology	Neuroscience Biology Math
Industrial/Organizational psychology Management	Pre-MBA Business Occupational Science International Business Studies Health Policy & Management Communication, Management & Design
Human Factors	Environmental Studies
Environmental psychology	Environmental Studies Art Art History
Cognitive psychology	Biology Math
Testing/Measurement	Math
Social psychology	Sociology Anthropology Women's Studies Latino/a Studies Muslim Cultures Native American Studies
Consumer behavior, Advertising, Marketing, Sales	Marketing Integrated Marketing Communication Business
Human Development	Aging Studies

Other Minors that may make you more marketable:

- Spanish
- Web Programming
- Writing
- Deaf Studies
- Computing Technologies

Pre-Professional Preparation

Pre-Medicine

All students interested in a career in a health-related field (allopathic medicine, osteopathic medicine, veterinary medicine, podiatric medicine, chiropractic medicine, dentistry, optometry, etc.) should examine the detailed information available at the Pre-Medical Sciences website:

<http://www.ithaca.edu/hs/programs/premed>

Below is a list of required courses for most health science professions. Students should be aware that some schools have specific course requirements beyond this list and they should check the specific requirements for the programs they are interested in.

Most of the courses on this list are sequential (e.g., you have to take Biology I before Biology II) and are NOT offered both Fall and Spring. So, it takes **three years** to complete this curriculum at Ithaca College.

Course Number	Course Title	Credits
BIOL 11900 & BIOL 12000 or BIOL 12100 & BIOL 12200	Fundamentals of Biology I & II Principles of Biology I & II	8
CHEM-121	Principles of Chemistry	4
CHEM-221	Organic Chemistry I	3
CHEM-124	Experimental Chemistry I	2
CHEM-222	Organic Chemistry II	3
CHEM-232	Quantitative Chemistry	3
CHEM-225	Experimental Chemistry II	2
PHYS 10100 & PHYS 10200 or PHYS 11700 & PHYS 11800	Introduction to Physics I & II or Principles of Physics I & II	8
ENGL-XXX	English	3
WRTG-XXX	Writing	3

Courses recommended, but not required include: Calculus, advanced Biology, Chemistry, or Physics

Students in the psychology department should see the Appendix for recommended schedules to use to combine pre-med with the BA and BS programs. *Pre-med can serve as the outside area for Applied Psychology majors.*

Pre-Education

Majors in the psychology department who plan to enter a master's program in early childhood education, childhood education, special education or school psychology are encouraged to contact the Education Department at IC and consider taking the courses described below:

Course Number	Course Title	Credits
PSYC 21010	Educational Psychology	3
<i>Select ONE of the following</i>		
EDUC 20000	Education and Society	3
EDUC 34000	Social and Cultural Foundations of Education*	3
<i>Select ONE of the following</i>		
PSYC 10400	Introduction to Developmental Psychology	3
PSYC 20100	Proseminar in Development	3
PSYC 20500	Lifespan development: A cross-cultural perspective	3
<i>Select ONE of the following</i>		
RLS 12500	Understanding disability: Characteristics, causes & services	3
SOCI 11600	Introduction to Multicultural Studies	3
CSCR 10400	Introduction to African Diaspora Studies	3
CSCR 10700	Introduction to Latino/a Studies	3
SOCI 20700	Race and Ethnicity	3
<i>Select TWO of the following</i>		
MATH 22000	Mathematics for Childhood Education*	3
PSYC 24100	Family Dynamics & Therapy	3
PSYC 36500	Psychology of Adolescence	3
PSYC 34100	Forms of Therapy	3
EDUC 21910	Early Field Experience: Theory & Practice*	3
PSYC 45000	Internship in Psychology	3

TOTAL CREDITS 18

Notes:

1. Courses marked with a * are prerequisite courses required by the Ithaca College Master of Science in Childhood Education program.
2. Students interested in pursuing a master degree in education should also take two semesters of a foreign language or sign language.

ADVISING AND REGISTRATION

Your Academic Advisor

Every student in the psychology department is assigned a department faculty member to serve as his/her academic advisor. B.S. in Applied Psychology students are all advised by the program coordinator, Professor Lynn, unless they request a different advisor. B.A. in Psychology students are distributed among the other continuing faculty. In general, you do not have to stay with your assigned advisor if you want to switch to someone else in the department.

At a minimum, you must see your advisor prior to class registration in the fall and in the spring. During these meetings you will review your progress toward graduation, career and academic interests, plan for the upcoming semester and get your registration access code so that you can register for classes. In addition to these two required meetings, you should feel free to see your advisor at any time that you need help. More information about all things advising can be found at <http://www.ithaca.edu/hs/advising/>.

Tracking Your Progress

It is your responsibility to be aware of the requirements for your degree and what you need to do to graduate on time. The official requirements for graduation are contained in the Ithaca College Undergraduate Catalog for the academic year that you declared your major. So, if you entered IC in the Fall of 2011 as a Psychology BA major, you will need to complete the requirements for the degree that were published in the 2011-2012 catalog. However, if you entered IC in the Fall of 2011, but did not officially become a major until Fall of 2012, you need to complete the requirements for the degree that were published in the 2012-2011 catalog.

Your advisor will help you understand what requirements you have completed, and what you need to complete. However, the most accurate source of information is Ithaca College's degree audit software (CAPP) that is available through your Homer Connect account (<http://homerconnect.ithaca.edu>) under the link titled "Degree Evaluation". You can use this application to track your progress in your major, your minor AND figure out what you would need to complete if you wanted to switch or add a major or a minor.

Paperwork

You need to	Form
Add or change majors, change advisor	http://www.ithaca.edu/registrar/docs/studentforms/major/
Add or Cancel minor/concentration	http://www.ithaca.edu/registrar/docs/studentforms/Cancellation_of/
Override into a class	http://www.ithaca.edu/hs/advising/docs/StudentForms/permenroll/
Withdraw from a class	http://www.ithaca.edu/registrar/docs/studentforms/withdraw/
Take a class S/D/F	http://www.ithaca.edu/registrar/docs/studentforms/sdf/
Revoke S/D/F	http://www.ithaca.edu/registrar/docs/studentforms/revokesdf/
Take a class at a different institution	"Petition for Transfer Credit" form in Registrar's Office (Peggy Williams Hall)
Get credit for an internship	http://www.ithaca.edu/hs/advising/docs/indepinternforms/
Do an independent study/research	http://www.ithaca.edu/hs/advising/docs/indepinternforms/
Petition for gen ed designation	http://www.ithaca.edu/hs/advising/AdvGenEd/
Change expected graduation date	http://www.ithaca.edu/registrar/docs/studentforms/egdchange/
Apply to graduate	http://www.ithaca.edu/registrar/degree/

EXPERIENTIAL LEARNING

Experiential learning is when students make meaning out of direct experience. It is basically learning by doing. Internships are one example of experiential learning, but there are several other opportunities for experiential learning in the Psychology Department at Ithaca College.

Internships

An internship is a learning experience which allows a student to synthesize his/her academic learning in psychology with the real-world uses of psychology. Internships are important to students planning to search for a job after graduation from IC as well as those planning to attend graduate school. For those planning to work, research (need cite) shows that students who do internships earn more money in their first job than students who do not do internships⁵. Graduate school application committees (particularly those in clinical and counseling) also value real world experience in some type of human service setting.

For students in the Psychology BA program, an internship is a highly recommended elective. For students in the Applied Psychology BS program 6 credits in internship is an option for completing the experiential learning requirements. All students in the Counseling minor are required to complete 3 credits of internship—these credits can also count toward the Applied Psychology experiential learning requirement.

Types of Internships

There are two types of internships – those you do for college credit and those you do for no credit. Both types look equally good on a resume.

Internships for credit. Juniors and seniors can earn college credit hours (up to 12 hours a semester) for an appropriate internship. Internships for credit can be taken either during Fall or Spring semesters, or during the summer. In general, students are required to devote 60 hours to the internship for each credit earned. For a 3 credit internship this translates to 180 hours over the semester or about 12 hours a week. This time includes time spent working at the internship site and time spent doing other tasks (reading, writing, etc.) related to the internship. Students doing a summer internship for credit have to register and pay for the credit hours at Ithaca College. Students may earn credit hours and be paid for an internship.

Internships for no credit. Students can sometimes do internships without registering for college credit hours. These might be paid internships, or volunteer. The advantage to these internships is that they may be open to Freshman and Sophomores, and summer internships do not require students to pay additional tuition. However, many internships with for-profit organizations require student interns to register for credit hours. Before applying for an internship you should find out if the organization requires you to register for internship credit hours.

Minimum Prerequisites for an Internship for Credit

- Must have completed 75% (90 credits) of their program. For most students this is in the Junior year.
- Not on warning for credits or grades. This means that you must be making progress toward graduation and have a GPA of 2.0 or higher.

See <http://www.ithaca.edu/hs/advising/indepstudintern/internshipshs/> for more information. Many internships have additional requirements in terms of coursework and/or grades.

⁵ Godofsky, J., Zukin, C. & Van Horn, C. (2011). Unfulfilled expectations: Recent college graduates struggle in a troubled economy. WorkTrends report from the John J. Heldrich Center for Workforce Development, Rutgers University.

Getting an Internship

No one at Ithaca College will “find” an internship for you. You need to search and apply for internships the same way you search and apply for jobs. The most successful applicants are those who have completed some coursework related to the internship with good grades and have a professional appearing resume and cover letter. Below are some resources that can help you in your search:

Internships in Human Services. Students interested in internships related to clinical or counseling psychology should see Dr. Stephenson. He has suggestions for local placements working with people. Students in the Counseling minor are required to do a human service internship for credit.

Internships in Education/School Psychology. Students considering school psychology or a career in education should see Dr. Pena Shaff for suggestions for local placements. Students committed to earning a master’s in education – those who want to teach at the K-12 level – should contact the Education Department to try to take EDUC 21910 (Early field experience).

Internships in other Settings. The majority of psychology majors have careers that may seem unrelated to psychology. They work in management, business, law, marketing, advertising, etc. Students interested in internships in these areas should see Dr. Lynn.

Sources for Internship Placements

Internship Field	Website	Notes
Human Resource Management, Law, Business, Marketing	http://www.ithaca.edu/business/internships/intern_db/	Business school search engine
Advertising, Instructional Design, Event Mgmt.	https://www.ithaca.edu/rhp/internships/intern_db/	Park School search engine
Almost anything	http://www.ithaca.edu/gps/washington/	IC Semester in Washington, DC program includes a 6 credit internship.
Almost anything	http://www.ithaca.edu/sacl/careers/ourservices/search/	IC Career Services

Research Team

<http://www.ithaca.edu/hs/depts/psychology/researchteams/>

Research teams make the psychology curriculum at Ithaca College unique, offering students the opportunity to work with a faculty member and a small group of students to create original research. The experience spans three semesters with the same team and provides exposure to opportunities to learn both about the research process and about a field of interest to the student. During those three semesters students will design studies, collect and analyze data, and present the findings at conferences and/or help write a publication. Three semesters of research team are required for students in the Psychology BA program and are an option for students in the Applied Psychology BS program.

The minimum prerequisite for research team is enrollment in or the successful completion of PSYC 308 (Research Methods). The prerequisite for PSYC 308 is PSYC 207 (Statistics in Psychology). We recommend that students take PSYC 308 in Spring of Sophomore year or Fall of Junior year so that you can begin Research Team Fall or Spring Junior year.

In addition to the course prerequisite for Research Team, you also have to have the permission of the professor leading the team to enroll. There are approximately 9 different research teams so most students can

find a team that fits their interests. To increase the chances that you can get onto the team that most interests you, you should begin learning about the options for team during sophomore year. You can find information about each team on the department website. **Prior to registering for Team you MUST meet with the faculty leading the team to get permission to enroll.** The department tries to place students into their first choice team, but there is no guarantee you will get that team so you should talk to at least three professors.

Lab Assistant

Each year the psychology department hires approximately 10 Junior and Senior level majors to serve as Lab Assistants (LAs) for the freshman level Introduction to Research in Psychology course (PSYC 113). LAs each run one lab section of the course. For their section, LAs teach and supervise the laboratory exercise and mark the assignments so that the professor in charge of the course can grade them. LAs also hold weekly office hours and meet weekly with the professor in charge of the course. Students are paid to be LAs.

Being an LA is a highly coveted and valuable experience that can be helpful for students planning to go on to graduate study and those planning to work right after graduation. To become an LA you must be nominated by a faculty member in the department. Selected students are typically those who have a high GPA and have (or seem to have the potential to develop) good leadership, teaching and organizational skills. If you are interested in becoming an LA you should speak to your advisor or another faculty member in the department and let him/her know of your interest. LAs are typically selected in the spring for positions that begin the following academic year. So, spring of your sophomore year is a good time to think about this opportunity.

Teaching Assistant

Most faculty in the department hire at least one Teaching Assistant (TA) a year. TAs are usually Juniors and Seniors, but sometimes Sophomores are selected. The job responsibilities of a TA varies from professor to professor, but might include marking assignments, helping with paperwork, tutoring students, etc. Faculty use different criteria for choosing a TA depending upon the course. If you are interested in TAing for a particular course please talk to the professor for that course. If you are interested in becoming a TA and don't have a particular course in mind, please speak to Judy Smith in the main office.

In addition to regular course TAs, the department also hires 2 students a year to serve as statistics TAs and staff the statistics classroom in Williams 203. These TAs are joint hires of the psychology department and Information Technology Services (ITS). They receive training from ITS on computer lab maintenance and trouble shooting and are responsible for helping to maintain Wm 203 as well as assist students in PSYC 207 (Statistics in Psychology). To be eligible for this position you must have completed PSYC 207 with an "A" and have (or have the potential to develop) good teaching skills. If you are interested in this position see Dr. Lynn.

OTHER PROGRAMS & OPPORTUNITIES

Honors in Psychology

To graduate with departmental honors in psychology students must successfully complete and defend an Honors Thesis during their Senior year. An Honors Thesis is a presentation of lab or field research or may be based on library research.

To be eligible to do an Honors Thesis, a student must:

- Be a Psychology or Applied Psychology major or a Psychology minor
- Have a 3.00 average in psychology and an overall GPA of 3.00 (In exceptional cases, a student with a GPA as low as 2.70 may be considered if performance in psychology courses is outstanding.)
- Have no grade in psychology courses lower than C.

Eligible students must find a faculty sponsor from the psychology department. Other advisers (outside of psychology) may be required depending on the nature of the project. The project must fall clearly within the field of psychology.

Once the student and sponsor have identified a topic, the student presents a formal research proposal to the department faculty (in Fall of the Senior year), both orally and in writing following APA format. After approval, work on the project may begin. While the project is under way, the student will work closely with the faculty sponsor. Must students register for PSYC 452 (Advanced Independent Supervised Research) for 3 credits both Fall and Spring semesters to cover the time they spend working on the Thesis. The student must present the finished Honors Thesis both orally and in writing in Spring of the Senior year to the department faculty and the faculty must vote to approve it for honors.

Psi Chi

<http://www.psichi.org/>

Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. To be eligible for Psi Chi students must:

- Be a Psychology or Applied Psychology major
- Have 60 or more total credits
- Have 15 credits of graded psychology coursework with 6 credits at the 300 level or higher.
- Have a cumulative GPA of 3.3 and 3.5 in psychology courses

Eligible students will be notified by the department in Spring of the Junior or Senior year and induction occurs at the end of Spring semester.

Sigma Xi

http://www.ithaca.edu/hs/awards_and_honors/honor/sigmaxinat/

Sigma Xi, The Scientific Research Society, is a national honor society of approximately 60,000 scientists and engineers who are elected to the society because of their achievements or potential in research. Founded in 1886, Sigma Xi has more than 500 chapters at universities and colleges (including Ithaca College), government laboratories and industry research centers.

In addition to publishing *American Scientist* magazine, Sigma Xi awards grants annually to promising young researchers, holds forums on critical issues at the intersection of science and society, and sponsors a variety of programs supporting honor in science and engineering, science education, science policy and the public understanding of science.

Typically, students are nominated for membership in Sigma Xi during the Senior year. The criteria for being nominated at Ithaca College are:

- Either authorship/co-authorship of a publication in a recognized scientific journal, OR
- Presentation of a paper at a recognized scientific conference (e.g., ECSC, regional discipline meetings, NCUR, Sigma Xi conference)
- Clear intention of going further in a research environment, e.g. graduate school.
- At least a 3.0 cumulative grade point average. (In the event of nomination of a non-senior, ordinarily an overall GPA of 3.3 and a science GPA of 3.5 are required). Faculty nominators should submit the student's GPA along with the nomination form.

Student Psychology Association

(spa@ithaca.edu)

The Student Psychology Association (SPA) is a club open to all majors in the department. SPA sponsors various events including guest speakers, sessions on graduate school admissions and various social events.

APPENDIX

Psychology BA Pre-Med Sample Schedule

Freshman Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 103	General Psychology	3	PSYC 2xx	Proseminar in Psychology	3
PSYC 113	Intro to Research in Psych	2	ENGL	English/Writing course (3a)	3
PSYC 102	Orientation to Psychology	1	BIOL 122	Principles of Biology	4
WRTG 106	Academic Writing I	3	MATH 111	Calculus I	4
BIOL 121	Principles of Biology	4	Gen Ed.	3b/Global/Historical	3
Gen Ed.	3b/Global/Historical	3			
		Total Credits			16
					Total Credits
					17

Sophomore Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 2xx	Proseminar in Psychology	3	PSYC 308	Research Methods	3
PSYC 207	Statistics for Psychology	4	CHEM 124	Experimental Chemistry I	2
CHEM 121	Principles of Chemistry	3	CHEM 221	Organic Chemistry I	3
Gen Ed.	3b/Global/Historical	3	PSYC 3xx	Neuro/Cognition/Social/Abnor.	3
	Elective	3	Gen Ed.	3b/Global/Historical	3
		Total Credits			16
					Total Credits
					14

Junior Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 309	Methods of Testing	3	PSYC 3xx	Neuro/Cognition/Social/Abnor.	3
PSYC 3xx	Neuro/Cognition/Social/Abnor.	3	PSYC 303	2 nd Semester Research Team	2
PSYC 302	1 st Semester Research Team	2	CHEM 232	Quantitative Chemistry	3
CHEM 222	Organic Chemistry II	3	PHYS 102	Intro to Physics II	4
CHEM 225	Experimental Chemistry II	2	Gen Ed.	3b/Global/Historical	3
PHYS 101	Intro to Physics I	4			
		Total Credits			17
					Total Credits
					15

Senior Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 3xx	Neuro/Cognition/Social/Abnor.	3	PSYC 492	Senior Seminar	3
PSYC 304	3 rd Semester Research Team	2		Elective	3
	Elective	3		Elective	3
	Elective	3		Elective	3
	Elective	3		Elective	3
		Total Credits			14
					Total Credits
					15

Applied Psychology BS Premed Sample Schedule

Freshman Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 103	General Psychology	3	ECON 12x	Micro or Macro Economics	3
PSYC 113	Intro to Research in Psych	2	PSYC 2xx	Proseminar in Psychology	3
PSYC 102	Orientation to Psychology	1	BIOL 122	Principles of Biology	4
WRTG 106	Academic Writing I	3	MATH 111	Calculus I	4
BIOL 121	Principles of Biology	4	Gen Ed.	3a/3b/Global/Historical	3
Gen Ed.	3b/Global/Historical	3			
		Total Credits			16
					Total Credits
					17

Sophomore Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 207	Statistics for Psychology	4	PSYC 308	Research Methods	3
COMP 110	Comp & Info Tech	3	PSYC 3xx	Neuro/Cognition/Social/Abnor.	3
CHEM 121	Principles of Chemistry	3	CHEM 124	Experimental Chemistry I	2
Gen Ed.	3a/3b/Global/Historical	3	CHEM 221	Organic Chemistry I	3
WRTG 211	Writing for the Workplace	3	GBUS 203	Legal Environment Business	3
			Gen Ed.	3a/3b/Global/Historical	3
		Total Credits			16
					Total Credits
					17

Junior Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 309	Methods of Testing	3	PSYC 334	Industrial & Organizational	3
PSYC 3xx	Neuro/Cognition/Social/Abnor.	3	PSYC 303	2 nd Semester Research Team	2
PSYC 302	1 st Semester Research Team	2	CHEM 232	Quantitative Chemistry	3
CHEM 222	Organic Chemistry II	3	PHYS 102	Intro to Physics II	4
CHEM 225	Experimental Chemistry II	2	Gen Ed.	3b/Global/Historical	3
PHYS 101	Intro to Physics I	4			
		Total Credits			17
					Total Credits
					15

Senior Year

Fall Semester			Spring Semester		
Course		Credits	Course		Credits
PSYC 304	3 rd Semester Research Team	2	PSYC 492	Senior Seminar	3
PSYC 3xx	Neuro/Cognition/Social/Abnor.	3	ACCT 225	Financial Accounting	3
Gen Ed.	3b/Global/Historical	3	Gen Ed.	3b/Global/Historical	3
	Cultural Diversity Elective	3		Elective	3
	Elective	3		Elective	3
		Total Credits			14
					Total Credits
					15

Notes:

1. Applied Psychology majors can choose either six credits of Research Team or Internship. However, we recommend that Premed students choose Research Team.
2. The Premed sciences courses will count for the required outside area in Applied Psychology

Psychology B.A. Advising Worksheet: H&S General Education Requirements

Area of Inquiry	Category	Credits	Course	Semester Taken
1. <u>Self and Society:</u> how human communities form and how their members govern themselves		12	<u>Prosem. in Motivation (PSYC-202)/Cross Cultural (PSYC-205)</u>	_____
			<u>Social Psychology (PSYC-316)</u>	_____
			<u>General Psychology (PSYC-103)</u>	_____
			_____	_____
2. <u>Science, Mathematics, and Formal Reasoning:</u> how humans and their communities explore and reason	a. Science	6	<u>Behavioral Neuroscience (PSYC-311)</u>	_____
			<u>Cognition (PSYC-330)</u>	_____
	b. Math and formal reasoning	3	<u>Statistics in Psychology (PSYC-207)</u>	_____
3. <u>Human Expression:</u> how humans and their communities express themselves visually and verbally	a. Language	6	_____	_____
			_____	_____
	b. Visual and Performing Arts	6	_____	_____
<u>Global Perspective:</u> (may be an Area 1,2, or 3 course)	courses which concentrate on developing an understanding of communities outside the US	6	_____	_____
<u>Historical Perspective:</u> (may be an Area 1,2, or 3 course)	courses which concentrate on developing a historical understanding of how communities develop and function	6	_____	_____
<u>Writing Effectiveness:</u>			Completed WRTG 106 to WRTG-165 AND Notified that writing deemed effective	_____
<u>Mathematics Requirement:</u>			Placement score of 3,2 or 1: or earned C- or better in 13-100 or 13-180	_____

Applied Psychology (B.S.) Advising Worksheet: H&S General Education Requirements

Area of Inquiry	Category	Credits	Course	Semester Taken
1. <u>Self and Society:</u> how human communities form and how their members govern themselves		12	<u>Prosem. in Motivation (PSYC-202)/Cross Cultural (PSYC-205)</u>	_____
			<u>Principles in Macro Economics (ECON-121)/ Micro Economics (ECON-122)</u>	_____
			<u>Social Psychology (PSYC-316)</u>	_____
			<u>General Psychology (PSYC-103)</u>	_____
2. <u>Science, Mathematics, and Formal Reasoning:</u> how humans and their communities explore and reason	a. Science	6	<u>Behavioral Neuroscience (PSYC-311)/ Cognition (PSYC-330)</u>	_____
	b. Math and formal reasoning		3	<u>Statistics in Psychology (PSYC-207)</u>
3. <u>Human Expression:</u> how humans and their communities express themselves visually and verbally	a. Language	6	_____	_____
	b. Visual and Performing Arts		6	_____
<u>Global Perspective:</u> (may be an Area 1,2, or 3 course)	courses which concentrate on developing an understanding of communities outside the US	6	_____	_____
<u>Historical Perspective:</u> (may be an Area 1,2, or 3 course)	courses which concentrate on developing a historical understanding of how communities develop and function	6	_____	_____
<u>Writing Effectiveness:</u>			<u>Completed WRTG 106 to WRTG-165 AND Notified that writing deemed effective</u>	_____
<u>Mathematics Requirement:</u>			<u>Placement score of 3,2 or 1; or earned C- or better in 13-100 or 13-180</u>	_____

Applied Psychology (B.S.) Advising Worksheet: Sample Program of Study

This is an example of an order in which to take the courses required by the major. Students may take the courses in a different order if they have the prerequisites. However, I recommend finishing 100 level courses before the Junior year.

Freshman & Sophomore Years

Requirement	Credits	Completed/Notes
General Psychology (PSYC 10300)	3	
Intro to Research in Psych (PSYC 11300)	2	
Orientation to Psychology (PSYC-10200)	1	
Statistics in Psychology (PSYC-20700)	4	
Proseminar in Psychology (PSYC-20100, PSYC-20200, or PSYC-20500)	3	
Economics course (ECON-12100, or ECON-12200)	3	
Computers & Information Technologies (COMP-11000)	3	
Math Course (MATH-10500, MATH-10700, MATH-10800, MATH-11100)	3-4	
Communication Requirement (SPCM-11500, WRTG-21100, STCM-10800)	3	
Legal Environment of Business (GBUS-20300)	3	
Financial Accounting (ACCT-22500)	3	
Cultural Diversity Elective (may also count as Gen Ed)	3	
General Education Writing Course	3	
General Education Courses (1, 2b, 3a, 3b, G/H)/electives	22-23	

TOTAL 60 credits

Junior & Senior Years

Requirement	Credits	Completed/Notes
Research Methods in Psychology (PSYC-30800)	3	
Methods of Testing & Assessment (PSYC-30900)	3	
Behavioral Neuroscience or Cognition (PSYC-31100 or PSYC-33000)	3	
Social Psychology (PSYC-31600)	3	
Abnormal Psychology or Personality (PSYC-32100 or PSYC-32000)	3	
Industrial & Organizational Psychology (PSYC-33400)	3	
Experiential Requirement	6	
Required Outside Field (Minor, concentration, custom, or second major)	15-24	
Senior seminar in Psychology (PSYC-48200)	3	
General Education Courses (1, 2b, 3a, 3b, G/H)/electives	9-18	

TOTAL 60 credits

Outside Field: _____

Experiential Requirement

Course Planning Worksheet

Name: _____ **Major:** _____ **Minor/Conc:** _____ **Date** _____

Fall 20 _____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Spring 20 _____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Fall 20 _____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Spring 20 _____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Fall 20 ____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Spring 20 ____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Fall 20 ____

Course #	Course Title	Gen ed category	# credits

Total Credits _____

Spring 20 ____

Course #	Course Title	Gen ed category	# credits

Total Credits _____