

ITHACA COLLEGE
DEPARTMENT OF EXERCISE AND SPORT SCIENCES
B.S. in Athletic Training

<u>FALL</u>	<u>FRESHMAN</u>		<u>SPRING</u>	<u>FRESHMAN</u>			
+ EXSS 12000	Anatomy & Physiology I	4.0	_____	+ EXSS 12100	Anatomy & Physiology II	4.0	_____
+ EXSS 12400	Emer. Care for Health Pro.	1.0	_____	+ EXSS 22000	Kinesiology	4.0	_____
EXSS 16200	Intro to Fitness and ES	2.0	_____	**EXSS 24600	P&C Athletic Injuries	3.0	_____
COMP	Computer Science Elective*	3.0	_____		Stats Elective*	3/4	_____
+ PSYC	Psychology Elective*	3.0	_____	WRIT 10600	Academic Writing I OR		
PALS	Activity Electives*	.5	_____	WRIT 11100	Academic Writing II	3.0	_____
		13.5				17.0/18.0	

<u>FALL</u>	<u>SOPHOMORE</u>		<u>SPRING</u>	<u>SOPHOMORE</u>			
+ EXSS 22100	Biomechanics	3.0	_____	**EXSS 20000	Clinical Experience in AT I	1.0	_____
**EXSS 24700	Advanced P&C	3.0	_____	+ EXSS 20200	Sport & Exercise Psychology	3.0	_____
**EXSS 25000	AT Techniques I	1.0	_____	**EXSS 25100	AT Techniques II	1.0	_____
+ HLTH 20200	Human Nutrition	3.0	_____	**EXSS 25600	Athletic Injury Assessment	3.0	_____
WRIT	Writing Elective*	3.0	_____	SPCM 11000	Public Communication OR		
BIOL 11900	Fund. of Biology OR			SPCM 11500	Bus. & Prof. Communication	3.0	_____
BIOL 12100	Principles of Biology	4.0	_____		Free Elective	3.0	_____
		17.0				14.0	

<u>FALL</u>	<u>JUNIOR</u>		<u>SPRING</u>	<u>JUNIOR</u>			
**EXSS 30000	Clinical Experience in AT II	1.0	_____	**EXSS 30100	Clinical Experience in AT III	1.0	_____
+ EXSS 32000	Neuromuscular Control	3.0	_____	**EXSS 34200	Therapeutic Exercise in AT	3.0	_____
**EXSS 34000	Therapeutic Modalities in AT	3.0	_____	**EXSS 35100	AT Techniques IV	1.0	_____
**EXSS 35000	AT Techniques III	1.0	_____	**EXSS 36100	Medical Science II	2.0	_____
**EXSS 36000	Medical Science I	3.0	_____	**EXSS 36500	Internship in AT I [#]	1-3	_____
**EXSS 36500	Internship in AT I [#]	1-3	_____	+ EXSS 37500	Research in ESS	3.0	_____
PHIL	Intro. to Ethics or Bioethics	3.0	_____		Humanities Elective*	3.0	_____
		15.0-17.0				14.0-16.0	

<u>FALL</u>	<u>SENIOR</u>		<u>SPRING</u>	<u>SENIOR</u>			
+ EXSS 32100	Exercise Physiology	4.0	_____	**EXSS 40100	Clinical Experience in AT V	1.0	_____
**EXSS 40000	Clinical Experience in AT IV	1.0	_____	**EXSS 45500	Internship in AT II [#]	1-3	_____
**EXSS 43000	Seminar in Athletic Training	3.0	_____		Free Elective	3.0	_____
**EXSS 45500	Internship in AT II [#]	1-3	_____	PALS	Aquatics Elective*	.5/1	_____
	Humanities Elective*	3.0	_____	PALS	Activity Elective*	.5	_____
PALS	Activity Elective*	.5	_____		Social Science Elective*	3.0	_____
		12.5-14.5			Free Elective	3/4	_____
						12.0-15.0	

Internship in AT I & II need a total of 4 credits/year
* From approved courses--see reverse side.
** Minimum C- grade required; B average required of all ** courses.
+ Minimum C- grade required
Note: EXSS 43200 (Ortho Perspectives) & 39900 (Spine) offered spring
Rev. 4/09