

Ithaca College Department of Physical Therapy Alumni Newsletter

May, 2004

Department of Physical Therapy Faculty and Staff

Ithaca Campus

Katherine Beissner, Professor
Barbara Belyea, Clinical Assoc. Prof.
Michael Buck, Clinical Asst. Prof.
Charles Ciccone, Professor
Hilary Greenberger, Associate Professor
Terri Hoppenrath, Clinical Asst. Prof.
Steven Lahr, Associate Professor and
Director – Ithaca Planning Unit
Winnie Mauser, Associate Professor
Michael Pagliarulo, Professor
Nick Quarrier, Clinical Assoc. Professor
Andrew Robinson, Professor
Kathy Schlough, Asst. Professor
and ADCE

Gina White, Administrative Assistant

Rochester Center

Ray Boone, Adj. Assoc. Professor
Kathleen Buccieri, Asst. Professor
and DCE
Jeff Houck, Assistant Professor
Ernest Nalette, Assoc. Professor and
Director – Rochester Planning Unit
Chair, Graduate Studies
Deb Nawoczinski, Professor
Karen Nolan, Assistant Professor
Cynthia Zablotny, Assoc. Professor

Debra Burris, Asst. to Director
Cindy Calabrese, Adm. Assistant



News from the Chair

Last year's newsletter updated you on the Department's intentions regarding a DPT program, and I remember telling you that I hoped that this year would bring positive news regarding our progress. I'm pleased to say that it does! The Ithaca College Board of Trustees approved the DPT curriculum at its February meeting, so the proposal is moving forward for New York State Education Department review and approval. We are right where we wanted to be in terms of program approval, and are planning on implementation for Fall 2006.

This good news brings challenges of course, and these go beyond implementing the curriculum changes that the new degree requires. Since many traditional sources of financial aid are not available for graduate programs, one big concern is the cost of the DPT program for students. This has been an issue for students since we began our MS degree program, but with an additional year of graduate study in the DPT the problem is magnified. For now we are looking at legislation that may increase grant funding for allied health professions, and are examining other opportunities to enhance scholarship awards for our students.

One more item that I will note here is the upcoming accreditation review for the program. For the next year we will be under going a rigorous self-study and filing our report with the Commission on Accreditation for Physical Therapy Education in preparation for a site visit in September 2005. Part of the process will involve gathering information from you, our alums. Shortly you will receive a very brief survey gathering basic information about what you are doing now. Please take the time to complete this and send it back, as it provides important information that helps us assess program outcomes.

Thanks for your continued support of Ithaca College and the Department of Physical Therapy. Please let us hear from you! And check out the current happenings on our website: www.ithaca.edu/pt

Katherine Beissner, PT, PhD
Professor and Chair

Visit us on the web at: <http://www.ithaca.edu/pt>

Faculty News

Over the 2003-2004 academic year, the faculty on both the Ithaca and Rochester campuses continued to excel in their primary roles of teaching, scholarship, and service. Our Movement Analysis Lab on the Rochester campus has had a productive year. A new elective course, Quantitative Movement Analysis, will be offered by Jeff Houck again this summer. This course prepares students for advanced clinical affiliation placements in pediatric and gait analysis labs throughout the country. Drs. Houck and Nawoczinski were successful in securing external funding from the Whitaker Foundation (\$142,000), and from National Institutes of Health (\$168,000), respectively. Focus of these efforts will be directed to pathology associated with ACL injury, and shoulder impingement in people with spinal cord injury. The grants provide opportunities for PT students to work as research assistants on these projects.

Our faculty have been involved in several activities to serve off campus communities. Katherine Beissner and Terri Hoppenrath combined their knowledge in geriatrics to produce a CD-ROM, "Practical Strategies to Reduce Falls". This project is part of 4 CD set to be used in rural areas by caregivers to the elderly and is sponsored by the Finger Lakes Geriatric Education Center, IC Gerontology Institute, and the Central New York Area Health Education Center. Ernie Nalette was an invited participant in a workshop titled, Leadership in Ethics Education, sponsored by the Center for Health Policy & Ethics at Creighton University. The workshop included PT's, OT's, and internationally known consultants who discussed ethics education for PT and OT students.

The faculty continued their productive activities in publications in a variety of journals and texts. Their achievements in their primary roles were noted by several recognitions. Cindy Zablonty was re-certified as a Clinical Specialist in Neurology by the American Board of Physical Therapy Specialties (ABPTS). Deborah Nawoczinski was inducted into Phi Kappa Phi Honorary Society. There were many successful personnel actions: tenure and promotion to Associate Professor for Cindy Zablonty; promotions to full professor for Deborah Nawoczinski and Michael A Pagliarulo, and to Clinical Associate Professor for Barbara Belyea; and tenure for Ernie Nalette. Michael A Pagliarulo was elected to the position of Speaker of the Assembly in the New York Physical Therapy Association. Congratulations to all for these noteworthy accomplishments!

Meet the Faculty and Staff



Ithaca campus faculty and staff: **Front row:** Winnie Mauser, Barbara Belyea, Hilary Greenberger, Terri Hoppenrath, Kathy Schlough; **Middle row:** Gina White (staff), Katherine Beissner (Chair), Nick Quarrier, Andrew Robinson; **Back row:** Michael A Pagliarulo, Charles Ciccone, Michael Buck, Stephen Lahr (Director, Ithaca Unit)

Rochester Campus faculty and staff:

Front row: Deborah Nawoczinski, Cindy Zablonty, Karen Nolan; **Back row:** Cindy Calabrese (staff), Jeff Houck, Debra Burris (staff), Kathy Buccieri, Ray Boone, Ernie Nalette (Director, Rochester Center)



Student News

Besides their academic achievements, the undergraduate students have been very busy volunteering in the community, participating in varsity sports, and supporting the APTA. Community activities include participating in the 5K for Ithaca Breast Cancer Alliance, volunteering at the Harvest Moon Dance and a variety of facilities for older adults, and in a program for Asian youth in Ithaca. Several of them held leadership positions in clubs such as the Asian Culture Club, Adventure Recreation Club, and Community Service Network. Others excelled in athletic performances, especially in the areas of women's swimming, gymnastics, track and field, basketball, and rowing with many achieving All-American status. They raised over \$300 as part of the Marquette Challenge to raise funds for the Foundation for PT. Juniors and seniors attended the APTA National Student Conclave and, as part of an elective course, traveled to APTA headquarters to discuss current issues with staff (see below). For these and other activities, several students received honors and awards including Oracle Society, Phi Kappa Phi, Who's Who, Gold Award, and the Emerson Award.



Jrs and Srs Visit APTA Headquarters



Grad Students Walk for Strides Against Breast Cancer

The graduate students continued their generous contributions to community service, as they poured their energies into the Rochester community. They participated in several fund raising activities. Pictured above is a group of over 30 students who braved the rain and chilly temps to raise money for breast cancer research. In another event, they contributed over \$1800 to the Leukemia and Lymphoma Society by walking in the Light the Night Walk. The service commitment of the students was obvious in the variety of their volunteer activities. These included adapted water-skiing and ice skating programs, therapeutic horseback riding for individuals with disabilities, a variety of health fairs, a weekend camp for teenagers and young adults with spina bifida, and a gardening project for an individual with paraplegia. Through the Parent Night Out Program, they provided weekly respite for families with individuals with disabilities. Under the direction of Assistant Professor Karen Nolan, they conducted developmental screenings at a child care center. In addition to all this community activity, they again organized a mayoral proclamation of PT Month.

Alumnus Spotlight

This year, we are pleased to highlight Mark Paterno, ('94) in the Alumnus Spotlight. Mark was the first student in the 10 year history of the MS degree program to select the research honors option. His research focused on the reliability of the hopping test performance in assessment of lower extremity function. Post graduation, he maintained an intensive level of clinical and research activity in this area and subsequently became certified as a Clinical Specialist in Sports (ABPTS) and as an athletic trainer (NATA). Most of his clinical experience was at the Cincinnati Sportsmedicine and Orthopaedic Center and since 2002, he has been the Coordinator of Orthopaedic and Sports Physical Therapy at the Cincinnati Children's Hospital Medical Center. His scholarship in kinematics and kinetics of the knee continues with publications in refereed journals, a text chapter, and a long list of presentations. He has also served as an instructor in courses across the country on knee rehabilitation. Mark also completed an EMBA in Business Administration.

We congratulate him on his continual clinical, research, and teaching activities in sports physical therapy.



Winnie Mauser Retires... to Ride Harleys!

After a career in physical therapy education that began 35 years ago, Winifred (Winnie) Mauser, PT, EdD, decided it was time to retire. At our last PT Department faculty/staff meeting of the year, we decided to shower her with pieces of her dream: Harley-Davidson kerchief, tattoo, and book. While riding her own Harley may remain a dream, we were fortunate to have Winnie's vision as Chair and then faculty member in our Department for the last 10 years. Her wisdom and experience have been instrumental to ensure that our current MS and proposed DPT curricula are contemporary. Her experience in education began as a clinical instructor in the PT program at the University of Kentucky in 1969, then continued at the PTA program at Greenville Technical College. Following that, she was on the faculty in no less than 4 PT programs before coming to IC: Medical College of Georgia, Indiana University, Emory University, and Beaver College. Besides occasionally returning to clinical practice, Winnie was also very active in the APTA: she served as Associate Editor in the Publications Department; on the Advisory Council on Education; Chaired the Physical Therapist Role Delineation, Refinement, and Verification Project; was a PT program accreditation team member and leader; and served as the VP for the Education Section. She also provided expert advice as a consultant to numerous organizations including The Center for Studies in Health Policies, Inc (resource planning and cost analysis of PT education programs) and the American Association of State Colleges and Universities (feasibility of developing PT education programs in selected minority institutions). But we will always remember her common sense advice at meetings when the topic would get heavy.



Winnie enjoys her Harley gifts

Quips such as, "A 500 lb gorilla can sit wherever it likes," would always bring a good laugh and sense of reality to the conversation. We wish her well, and enjoy knowing her wisdom and good sense will not be far away.

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