

**PROFESSIONAL EXCELLENCE
AWARD**

Laura M. Teeter



**B.S. Clinical Science /
Physical Therapy**

From Newfield, NY, Laura Teeter chose a career in physical therapy in order to further her love of helping others. She believes there is no better reward than teaching and motivating others so that they may achieve the highest quality of life possible.

During her tenure at Ithaca College, Laura has been highly involved in community service. She has been the Founder and Chairperson of both the College Relay for Life and Colleges Against Cancer and has served on the executive board of the Peer Volunteer Corps. Laura also had the opportunity to provide fitness screenings to athletes at the New York State Special Olympics Fall Games in 2005.

One of the highlights of Laura's college career was participating in an interdisciplinary research study with three classmates under the guidance of two professors. This study examined risk factors for ACL injuries in adolescent female soccer players.

This summer, Laura will travel to Beijing and Chengdu, China as part of a short-term study abroad, "Exploring Rehabilitation and Health Promotion in China." Laura begins her Masters/Doctoral program at Ithaca's Rochester campus this fall and plans to specialize in oncology and women's health physical therapy.

Academic Achievements and Personal Highlights

- Oracle Honor Society
- Phi Kappa Phi Academic Honor Society
- Peggy R. Williams Award for Academic and Community Leadership
- Who's Who Among Students in American Universities and Colleges
- William A. Scoones Community Service Award
- College Relay for Life, Chairperson
- Colleges Against Cancer, Chairperson
- Nutrition Science Minor
- Interdisciplinary Research Study
- APTA Combined Sections Meeting, Boston, MA
- Study Abroad, "Exploring Rehabilitation and Health Promotion in China"

The Professional Excellence Award is given in recognition of undergraduate student(s) who exhibit excellence in one or more of the following areas: leadership, clinical practice, service, professionalism, academics, or scholarship.

