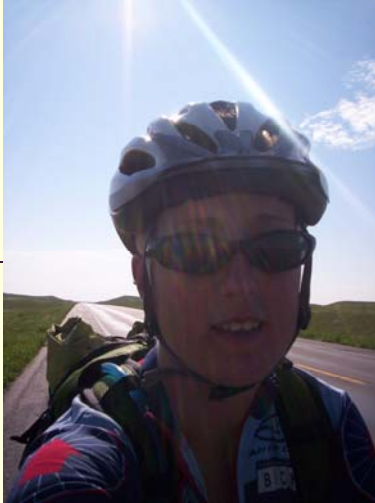


2007

**PROFESSIONAL EXCELLENCE
AWARD**

Alana C. Yerman



M.S. Physical Therapy

I became interested in physical therapy as a career in a BOCES program I attended in high school. Throughout my years in Ithaca College's PT program I learned so much about my favorite thing in the world, the human body. Conveniently, I was given the opportunities to achieve a great deal of things that I never would have imagined being a part of.

I rowed for 3 years, experienced the power of determination and team work and became a temporary machine. My internship on the Navajo Reservation introduced me to the awesome world of the Navajo and southwest. In 2006, I biked across the country and volunteered with Habitat for Humanity. I experienced dreadful pains and incredible highs as I climbed Teton Pass and flew 40 mph into Jackson Hole. I am anxious to complete my degrees and begin the rest of my life as a PT, and hope the future holds as much excitement and adventure as my years at Ithaca have.

Academic Achievements and Personal Highlights

- Dean's List (2002-Spring 2004, Fall 2005-2007)
- Ithaca College Lightweight Crew Team (2002-2005)
- Oracle Society Inductee (Fall 2003)
- Involved Leader (2003-2004)
- IC Physical Therapy Club Student Representative (2004-2007)
- Nutrition Fieldwork at the Finger Lakes Center for Natural Health (2005-2006)
- PT Clinical Affiliation in Chinle, AZ on the Navajo Reservation (Winter 2006)
- Physical Therapy Department Faculty Award (Spring 2006)
- Bike & Build with Habitat for Humanity, Providence RI to Seattle WA (Summer 2006)
- Physical Therapy Student Participation Award (Fall 2006)

The Graduate Professional Excellence Award is given in recognition of graduate student(s) who exhibit excellence in one or more of the following areas: leadership, clinical practice, service, professionalism, academics, or scholarship.

