

HLTH 39900
China: Culture, Health, Healing and Sport

Spring: (1 Credit) CRN#: 42853

Summer: (2 Credits; Prerequisite: Spring Course; Limited to 14 students)

Summer Program Application Deadline: December 3rd, 2009!

This course introduces philosophy and practice in health, prevention and rehabilitation, sport and physical education from a historical and cultural perspective. Students who take this course can choose to register a 2-week short-term study abroad course in summer to explore and experience the Chinese culture, rehabilitation and Health Promotion in a practical setting. When in China, the content covered in the class will be fulfilled with corresponding activities. Students will learn hands-on skills such as Chinese Massage and Acupuncture, Martial Arts & Tai Chi, Qi Gong and Chinese Calligraphy etc. Students will also visit elite athletic training and research centers, and Chinese health care systems at national and regional levels.

** Student can choose to take this course for part of Independent Study, Fieldwork/Internship.*

Summer Short-term Study in China Cost:

| | |
|-------------------------|--|
| Airfare: | \$1,700 (estimated: including both international and domestic) |
| Tuition: | \$1,954 (2 summer credit at \$977 per credit) |
| Program Fee: | \$400 (Insurance, Lodging, Food etc.) |
| Total Cost per student: | \$4,054 plus VISA and Passport. |

How to apply:

1. Please complete the following application and return by Dec. 3rd, 2009 to:
Judy Mauk @CHS 302
Tel: 274-1301
2. Use the forms attached to request a Recommendation Letter from major's professor, and obtain a certified copy from Judicial Affairs due December 3rdth, 2009. Send the documents to:
Judy Mauk @CHS 302
Tel: 274-1301
3. Register for the course.
1 credit hour for spring 2010
2 credit hours for summer 2010.
4. Once accepted, all students must fill out the Ithaca College short-term study abroad program application form (available online at http://www.ithaca.edu/oip/abroad_apply.htm) by late February, 2010.

Important Dates

Application Due Date: December 3rd, 2009 (Thursday)
• Application Forms (including Recommendation letter & Judicial Record) submitted to Judy Mauk in CHS 302. Tel: 274-1301.

Announcement of Acceptance: December 14th, 2009 (Monday)
(Primary + Waiting List)

A deposit of \$500 Due to OIP: January 29th, 2010 (Friday)
(Students from the waiting list will take your place if deposit not paid)

Register for spring session
HLTH 39900 (CRN##: 42853) Nov 09, 2009 to Mar 26, 2010
China: Culture, Health, Healing and Sport

VISA + Passport (F Visa)

NOTE: Passport must be valid from February 2010 through December 2010! !!

Ithaca College will help obtain travel VISAs, but the cost is the responsibility of the student (\$160 includes service fee). A check, passport photos (for VISA) and your passport are due to the Office of International Program by February 2nd, 2010.

Student who chooses to apply VISA on his/her own should have their VISA obtained by April 1st, 2010.

SPRING Class: March 22, 2010 ~ May 14, 2010

Summer Study Abroad in China

Leave Ithaca for China May 24, 2010

Return from China June 8, 2010

Tentative Travel Schedule (Attach Separately).

Questions? Contact:

Hongwei Guan hguan@ithaca.edu

Dept. of Health Promotion & Physical Education)

Nick Quarrier nquarrie@ithaca.edu

Dept. of Physical Therapy

Judy Mauk jmauk@ithaca.edu

Wellness Clinic - CHS 302

Tel: 274-1301

**Application for Short-term Study
China: Culture, Health, Healing and Sport**

| | | | |
|-------------------|---|------------------------|--|
| Name | | | |
| Email Address | | | |
| IC Status | School: _____ Major: _____ Class: _____ Current GPA: _____ Advisor: _____ Tel: _____ Faculty Recommendation from: _____ Tel: _____ | | |
| Date of Birth | | Gender | |
| Current Address | | Phone Number | |
| Permanent Address | | Permanent Phone Number | |

1. Please describe what you expect to learn and how it will affect your future career?

2. How you can contribute to the interdisciplinary nature of the short-term study abroad?

3. In class and during travel in China, we will work as a team/group. Select an experience you have had with a group. What made that group work well? What role(s) did you play? What challenges did you face as a group?

4. You are encouraged to share what you have learned and your experience of traveling in China with friends, family and community members. How do you plan to share this experience and with whom might you share it?

Thank you for your interest and application!

Section IV: Academic Recommendation

Due date: Dec. 3, 2009
(To be filled in by applicant.)

Applicant: Please complete the information below and give this form to a faculty member who has taught you in class and knows you well enough to provide an informed assessment.

I, _____, am applying for admission to an Ithaca College Short Term Program for:
 Winter _____ year Spring Break _____ year Summer 2010 in China with Dr. Hongwei Guan instructor

In compliance with the Family Educational Rights and Privacy Act of 1974, as amended:

- This evaluation will remain confidential, and I waive my right to view it.
- This evaluation will not remain confidential, and I do not waive my right to view it.

Signature _____ ID#: _____ Date: _____

Reference: Please complete this form and send it to the address below. Use the back of the sheet or an additional sheet if necessary.

1. How long and in what capacity have you known the applicant?
2. Please briefly describe the applicant in terms of the following:
 - a) Intellectual ability:
 - b) Maturity:
 - c) Adaptability:
 - d) Concern for Others:
 - e) Reliability:
3. Some talented individuals have mediocre scholastic records. In your opinion, is the applicant's scholastic record an accurate index of his/her ability? If not, please explain briefly.
4. How do you evaluate the applicant's chances of academic success abroad, taking into consideration the personal adjustments required by studying and living in a foreign culture?
5. Please list any information that, in your opinion, would be helpful for the admission process.
6. Recommendation: I strongly recommend this student for study abroad.
 I recommend the applicant but with reservations noted above.
 I do not recommend this student for study abroad.

Signature: _____ Date: _____

Name (printed): _____

Title: _____ Telephone: _____

Department: _____ Institution: _____

Office of International Programs - CHS 214-2 - Ithaca College - Ithaca, NY 14850 - Tel: 607- 274- 3306

Section V: Student Conduct Certification

Due date: Dec. 3, 2009
(To be filled in by applicant.)

Applicant: Please complete the information below and give this form to the institutional officer responsible for administering the student conduct code at your college or university. At Ithaca College this is the Office of Judicial Affairs, located in the lobby of the West Tower.

I, _____, am applying for admission to an Ithaca College Short Term Program for:
 Winter _____ year Spring Break _____ year x Summer 2010 in China with Dr. Hongwei Guan instructor

I hereby authorize the appropriate officials at my college/university to release information regarding my conduct as an undergraduate and send it to the Director of International Programs and the above named instructor at Ithaca College.

I further agree to abide by Ithaca College rules and regulations governing student conduct as published in the Ithaca College Student Conduct Code.

Signature: _____ ID#: _____ Date: _____

Judicial Officer: Please complete this form and send it to the address below.

- 1. Is the student in good judicial standing? Yes No
- 2. Has the student ever been censured for misconduct at your institution? Yes No
- 3. If yes, was the sanction more severe than a written warning? Yes No
- 4. If more severe, what was the nature of the infraction and the sanction imposed (in each instance)? Yes No

Signature: _____ Date: _____

Name (printed): _____

Title: _____ Telephone: _____

Department: _____ Institution: _____

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