

## **CURRICULUM VITAE**

Barbara C. Belyea PT, DPT, CSCS  
165 Whitetail Dr.  
Ithaca, NY 14850  
(607)272-1754

Department of Physical Therapy, Ithaca College, Ithaca, NY

### **Education**

University of Montana  
Missoula, Montana  
2008-2010  
Doctor of Physical Therapy

Ithaca College  
Ithaca, New York  
1990 - 1994  
Corporate Communication  
Master of Science

Ithaca College  
Ithaca, New York  
1978 - 1982  
Physical Therapy  
Bachelor of Science; Cum Laude

### **Licensure Information/Registration Numbers**

Licensed as a physical therapist in New York, #007416-1

### **Certifications**

Certified Strength and Conditioning Specialist (CSCS)  
National Strength and Conditioning Association  
June 2002

Physical Work Performance Evaluation certification  
ErgoScience Inc, August 2000

### **Employment and Positions Held**

Clinical Associate Professor  
Ithaca College, Ithaca, NY  
2004- present

Director, Ithaca Planning Unit  
Ithaca College, Ithaca, NY  
1998 – 2002, 2007-2010

Clinical Assistant Professor  
Ithaca College, Ithaca, NY  
1995 – 2004

### **Employment and Positions Held (con't)**

Physical Therapist  
McCune, Ainslie and Associates  
Ithaca, New York, Summer 1998, 1999, 2000

Clinical Instructor  
Ithaca College, Ithaca, NY  
1994 - 1995

Professional Staff/Clinician  
Ithaca College, Ithaca, NY  
1989 - 1994

Staff Physical Therapist/Coordinator of Clinical Education  
The Hospital  
Sidney, New York  
1986 – 1989

Staff Physical Therapist/Clinical Instructor  
Our Lady of Lourdes Memorial Hospital  
Binghamton, New York  
1982-1986

### **Peer Reviewed Publications**

**Belyea B**, Greenberger H. Physical Therapy for Musculoskeletal Conditions. In: Pagliarulo MA, ed. *Introduction to Physical Therapy*. 4<sup>th</sup> ed. St. Louis: Mosby; 2011.

**Belyea B**, Greenberger H. Physical Therapy for Musculoskeletal Conditions. In: Pagliarulo MA, ed. *Introduction to Physical Therapy*. 3<sup>rd</sup> ed. St. Louis: Mosby; 2007.

**Belyea B**, Greenberger H. Physical Therapy for Musculoskeletal Conditions. In: Pagliarulo MA, ed. *Introduction to Physical Therapy*. 2<sup>nd</sup> ed. St. Louis: Mosby; 2001.

**Belyea B**. Orthoses for the Knee: The Patellofemoral Joint. In: Nawoczenski, DA and Epler ME, ed. *Orthotics in Functional Rehabilitation of the Lower Limb*. Philadelphia: Saunders, 1997.

**Belyea B**, Greenberger H. Orthopaedic Physical Therapy. In: Pagliarulo MA, ed. *Introduction to Physical Therapy*. St. Louis: Mosby; 1996.

Greenberger H, Wilkowski T, **Belyea B**. Comparison of Quadriceps Peak Torque Using Three Different Isokinetic Dynamometers. *Isokinetic and Exercise Science*, 1994; 4(2): 70 - 75.

### **Peer Reviewed Scientific and Professional Presentations**

**Belyea, B**, Buck ME, McNamara CA. "SimPT: Developing and Using a Virtual PT Clinic to Enhance PT Student Education." Combined Sections Meeting of APTA, New Orleans, LA, February 2011.

### Peer Reviewed Scientific and Professional Presentations (con't)

Sanford M, **Belyea B**, Dorsey J, Pitti M. "Healthcare and Culture: An International and Interdisciplinary Field Experience". ASAHP Annual Conference, Charlotte, NC, October 2010

**Belyea B**, Sigg JA, King D. "The effects of MBT footwear on balance in an older adult: A case study". American College of Sports Medicine Annual Conference; Baltimore, MD, May 2010

Sigg, J.A., **Belyea, B.C.**, Dick, M., Murphy, M., Teeter, L., Whited, M. Relationship of hip abductor strength and ground reaction forces in adolescent female soccer players. American College of Sports Medicine Annual Conference; Indianapolis, IN, May 2008

Sigg, J., **Belyea, B.**, King, D., Hummel, C., and Buck, M. "Impact mechanics during jumping and cutting tasks under fatigued and non fatigued conditions". Combined Sections Meetings of American Physical Therapy Association; San Diego, CA, February 2006.

**Belyea B**, Hummel C, Buck M, Sigg JA. "Impact Mechanics During Stop and Go Tasks Under Fatigued and Non Fatigued Conditions". International Society of Biomechanics/American Society of Biomechanics; Cleveland, OH, June 2005

Keller BA, Sigg JA, **Belyea B**. "No Foot, No Horse: No Back, No Farrier". National American Farriers Convention; Rochester, NY, February 2004

**Belyea B**, Sigg JA. "The Effects of Deep Heat, Cold, Active Exercise and Stretching on Hamstring Flexibility". American College of Sports Medicine Annual Conference San Francisco, CA, May 2003

Cole A, Kent R, **Belyea B**. "The effects of aquatic exercise on balance in older adults". New York Physical Therapy Association Annual Conference; Saratoga, NY October 2001

Sigg JA, **Belyea B**, Ives J. "Kinetics and Kinematics of Vertical Jump in Elementary School-Aged Children". American College of Sports Medicine Annual Conference Baltimore, MD June 2001

Sigg JA, **Belyea B**. "Functional Changes Resulting from Hyaluronic Acid Injections in Osteoarthritic Knees". Combined Section Meeting of American Physical Therapy Association; New Orleans, LA, February 2000

**Belyea B**, Buck ME. "Electrical Stimulation in Wound Management: An Internet-based Instruction Module". American Physical Therapy Association Annual Conference; Washington, DC, June 1999

Gilbert, M, **Belyea B**, Sigg JA. "A Comparison of Lower Extremity Kinematics and Kinetics During Ambulation with and without Patellofemoral Tape Intervention: A Pilot Study". New York Physical Therapy Association Annual Conference; Rochester, NY, October 1998

### Peer Reviewed Scientific and Professional Presentations (con't)

**Belyea B**, Buck M, Greenberger H, Lahr, S, Pagliarulo MA. "Computers in Physical Therapy Education: Classroom Presentation, Self-Instruction Modules, and the World Wide Web". Invited Speaker for continuing education course at NYPTA Annual Conference, Rochester, NY, October 1998

Cuozzo J, Ryan K, **Belyea B**, "The Effectiveness of BAPS Board Training on Individuals with Chronic Ankle Sprains". Combined Sections Meeting of the APTA; Dallas, TX, February 1997

**Belyea B**. "From Paranoia to PowerPoint: A Computer Novice's Journey into High-Tech Education". Institute for the Study of Post-secondary Pedagogy Annual Conference; New Paltz, NY, November 1996

**Belyea B**. The Relationship Between Communication and Patient Compliance in a Physical Therapy Setting". World Confederation of Physical Therapists; Washington, D.C., June 1995

Ellison K, **Belyea B**. "Musculoskeletal Problems in Vocalists". American Physical Therapy Association New York State Conference; Rochester, New York, May 1993

Wilkowski T, Greenberger H, **Belyea B**. "Comparison of Quadriceps Peak Torque Using Three Different Isokinetic Dynamometers". American Physical Therapy Association Combined Sections Meeting; San Antonio, Texas, February 1993

**Belyea B**, Quarrier N. "Musicians are Athletes, Too". American Physical Therapy Association National Conference; Boston, Massachusetts, June 1991

### Published Abstracts of Peer Reviewed Presentations

**Belyea, B**, Sigg J, King, D. The effects of MBT footwear on balance in an older adult: A case study. *Medicine & Science in Sports & Exercise*. 42(5) Supplement: S350, May 2010.

Sigg, JA, **Belyea, B**, Dick, M, Murphy, M, Teeter, L, Whited, M. Relationship of hip abductor strength and ground reaction forces in adolescent female soccer players. *Medicine & Science in Sports & Exercise*. 40(5) Supplement: S218, May 2008.

King, D., Sigg, J., **Belyea, B**., Buck, M., and Hummel, C. The Effects of Fatigue on the Knee Moment during a Stop and Go Task. Proceedings from the Mid Atlantic Regional American College of Sports Medicine Regional Conference, Hershey, PA, November, 2008.

King, D. Sigg, J, **Belyea, B**, Buck, M Hummel, C. Effects of fatigue on lower extremity joint kinematics during a stop and go landing task.. Presented by D. King; Proceedings from 30th American Society of Biomechanics Annual Meeting, Paper # 135, Blacksburg, VA, September 6-9, 2006.

Sigg J, **Belyea B**, King D, Hummel, Buck M, Impact mechanics during jumping and cutting tasks under fatigued and non-fatigued conditions. *JOSPT* 36(1), 2006.

### Published Abstracts of Peer Reviewed Presentations (con't)

**Belyea, B**, Sigg J, The Effects of Deep Heat, Cold, Active Exercise and Stretching on Hamstring Flexibility. *Med Sci. Sports Exercise*. 35(5): Supplement, 2003.

Sigg J, **Belyea, B**, Ives J, Kinetics and Kinematics of Vertical Jump in Elementary School-Aged Children. *Med Sci. Sports Exercise*. 33(5): Supplement, 2001.

Sigg J, **Belyea, B**, Functional Changes Resulting from Hyaluronic Acid Injections in Osteoarthritic Knees. *JOSPT* 30(1):A-2, 2000.

Cuozzo J, Ryan K, **Belyea, B**, The Effectiveness of BAPS Board Training on Individuals with Chronic Ankle Sprains. *JOSPT* 27(1):1997.

### Non-Peer Reviewed Publications

MBT shoes focus attention on walking. Interview on Novia; Journalspace.com Blogs. September 14, 2010.

Invited Review of “Effect of McConnell Taping on Perceived Pain and Knee Extensor Torques during Isokinetic Exercise Performed by Patients with Patellofemoral Pain Syndrome”, *Phys Ther*, 2000;80(10):1050-1051.

Invited Review of “Effects of Corrective Taping of the Patella on Patients with Patellofemoral Pain”. *Phys Ther*. 1998;78(6):650.

“Changes Spur Reliance on Compliance” Invited interview in *Advance for Physical Therapists*, 1995;6(44):8,23.

Invited Review of “Laboratory Manual to Accompany Therapeutic Modalities in Sports Medicine”, Ed. 3. *Phys Ther*. 1995;75(11):1040.

Invited Review of “How to Be Happy on Crutches” videotape. *Phys Ther*. 1994; 74(10):994.

“Sound of Music Could Mean Cry for PT Help” Invited interview in *Advance for Physical Therapists*, 1991; 2(39):16-17

### Non-Peer Reviewed Presentations

**Belyea, B**. “An Evidence-based Approach to Core Stabilization”. Gentiva Health Services; Binghamton, NY; April 2008

**Belyea, B**. “An Evidence-based Approach to Core Stabilization”. Gentiva Health Services; Horseheads, NY ; March 2008

**Belyea, B**, Sigg JA. “Posture and the Musician: Core Strength”, keynote speakers. Music and Lifelong Learning Symposium; Ithaca College, September 2007

**Belyea, B**, Hoppenrath, T. “Clinical Applications and Decision making using Evidence Based Practice in Physical Agents”, invited speakers. Clinical Education Conference for Clinical Educators; Ithaca College, May 2006

### Non-Peer Reviewed Presentations (con't)

**Belyea B**, Sigg JA. "Staying Healthy Over Time: A workshop for improving physical performance and preventing injury", Invited speakers. Ithaca College Gerontology Institute – Workshop Series, April 2006

**Belyea B**, Sigg JA. "Tennis SHOT: A workshop on improving performance & preventing injury". Miles Grant Tennis Association; Stuart, FL, March 3-5, 2006

Bostrom J, Gorman E, **Belyea B**, Sigg JA. "Effects of Plyometric Training Program on the Kinetics and Kinematics of Jumping in Adolescent Female Soccer Players". Southern Tier District meeting of New York Physical Therapy Association; Ithaca, NY, April 2005

Drossos P, Krakauer S, McCormick K, **Belyea B**, Buck, M. "Effects of Medium in which a Home Exercise Program is Presented on Adherence and Technique". Southern Tier District meeting of New York Physical Therapy Association; Ithaca, NY, April 2005

Benvenuti A, **Belyea B**, Sigg JA. "Health Benefits and Practices of Physically Active Older Adults". Southern Tier District meeting of New York Physical Therapy Association, Ithaca, NY, April 2005

**Belyea B**, Sigg JA. "Tennis SHOT: A workshop on improving performance & preventing injury". Miles Grant Tennis Association; Stuart, FL, March 4-6, 2005

**Belyea B**, Nawoczinski D. "Challenges of the Aging Foot". Invited speakers Ithaca College Gerontology Institute – Workshop Series October 2003

**Belyea B**. "Injury Prevention in Firefighters", Invited speaker at Ithaca Fire Department Ithaca, NY, June 2003

Boshe E, **Belyea B**. "The Effects of Core Strengthening on the Female Cross Country Runner". Southern Tier District meeting of New York Physical Therapy Association Ithaca, NY, March 2003

**Belyea B**, Sigg JA. "Core Stabilization" Invited speaker at FF Thompson Health Rehabilitation Department; Canadaville, NY, February 2003

**Belyea B**, Sigg JA. "Core Stabilization", Invited speaker at Southern Tier District meeting of New York Physical Therapy Association; Ithaca College, October 2002

**Belyea B**, Buck M. "Concepts and Clinical Applications in Electrotherapy", Invited speakers; Clinical Education Conference for Clinical Educators; Ithaca College, May 2002

Cole A, Kent R, **Belyea B**. "The effects of aquatic exercise on balance in older adults". Southern Tier District meeting of New York Physical Therapy Association; Ithaca, NY March 2001

### Non-Peer Reviewed Presentations (con't)

**Belyea B.** "McConnell Approach to Treating Patellofemoral and Shoulder Dysfunction"  
Invited Speaker, Interdisciplinary Shop Talk  
Ithaca College, October 1999

"A Comparison of Lower Extremity Kinematics and Kinetics during a Functional Step-down with and without Patellaofemoral Tape Intervention", presented by physical therapy graduate student research team at Finger Lakes District meeting, Rochester, NY, May 1999

**Belyea B.** "Taping Techniques for Shoulder Dysfunction", Invited Speaker, Southern Tier District Meeting; Elmira, NY April 1998

Buchheit A, Gahre J, **Belyea B.** "Communication in Health Care: The Importance of Communicative Education in Physical Therapy". Southern Tier District meeting of New York Physical Therapy Association; Ithaca, NY March 1997

**Belyea B.** "Manual Muscle Testing: A Computer-Assisted Tutorial"  
Center for Educational Technology and Faculty Development Committee Workshop  
Ithaca College, November 1996

**Belyea B.** "The Relationship Between Physical Therapists' Communication and Patient Compliance", Invited Speaker, New York State Conference of Speech Communication Monticello, NY, October 1996

**Belyea B,** Quarrier, N. "Musicians are Athletes, Too"  
Invited Speakers, APTA, Finger Lakes District Meeting  
Rochester, New York, October 1991

**Belyea B.** "Role of Physical Therapy in Rheumatoid Arthritis."  
Arthritis Foundation Forum  
Northeastern New York Chapter  
September 1988

### Funded/In Review Grant Activity

Hoppenrath T, **Belyea, B,** McNamara C. New York New Jersey Physical Therapy Clinical Education Consortium 2010. Awarded research grant of \$500.00 for research project titled "Participation in experiential learning electives prior to first clinical education: influence on student competence and confidence"

**Belyea B,** Keller B, Sigg J, New Initiative Fund, Ithaca College, 2003-2004  
Awarded \$6,850.00 for development of Northeast Training Center for Senior Athletes;

**Belyea B,** Instructional Development Fund, Ithaca College, 2002.  
Awarded \$293.00 for attendance at "An Introduction to Pilates" workshop.

**Belyea B,** Gerontology Institute Small Grant, Ithaca College, 2000.  
Awarded \$750.00 for attendance at "Aging with Grace: Pathway to Quality Living" conference.

### **Funded/In Review Grant Activity (con't)**

**Belyea B**, Instructional Development Fund, Ithaca College, 1999.  
Awarded \$800 for attendance at “Wound Management for Physical Therapy Educators”.

**Belyea B**, Center for Educational Technology Grant, Ithaca College, 1998.  
Awarded \$679.00 for the purchase of Director 6.0 software to allow for development of interactive instructional modules on the Internet.

**Belyea B**, Begley E, Bonaguro E, Gerontology Institute, Ithaca College, 1996.  
Awarded \$3,500 for conducting “Interdisciplinary Health Care Team Communication for Geriatric Rehabilitation: An Analysis of Communication Outcomes

**Belyea B**, Center for Educational Technology Grant, Ithaca College, 1996.  
Awarded \$3,500 for development of computer instruction module: Manual Muscle Testing.

**Belyea B**, Special grant from Capital Contingency Fund, Ithaca College, 1994.  
Awarded \$3,030 to purchase video equipment in order to develop instructional video stations for Physical Agents for Physical Therapists (#670-31500).

**Belyea B**, Instructional Development Fund, Ithaca College, 1994.  
Awarded \$603 for attendance at “McConnell Treatment of the Problem Shoulder”.

**Belyea B**, Instructional Development Fund, Ithaca College, 1992  
Awarded \$745 for attendance at “Patellofemoral Pain Syndrome” course

**Belyea B**, Instructional Development Fund, Ithaca College, 1990  
Awarded \$400 for attendance at “Basic Spinal Mobilization” course

**Belyea B**, Instructional Development Fund, Ithaca College, 1989  
Awarded \$510 for attendance at “Foundations of Clinical Orthopedics” course

### **Other Scholarly Products**

Virtual Clinic: an interactive computer-based learning module for clinical decision-making. Co-developed with Michael Buck and Christine McNamara; 2009 - 2010

Core Strengthening Program – patient education booklet for use in Ithaca College Occupational and Physical Therapy Clinic. 2003

Manual Muscle Testing: A Computer-Assisted Learning Module. 1996

Goniometry: A Computer –Assisted Learning Module. 1995

Instructional series of 5 videos developed for use in Physical Agents for Physical Therapists (#670-31500). 1994

“Musicians are Athletes, Too,” a 5 minute instructional video developed in 1991 as part of a multi-media presentation at an American Physical Therapy Association national conference. The video is also used as a patient education tool when treating musicians in the Ithaca College Occupational Therapy and Physical Therapy Clinic and in the annual Ithaca College Performing Arts Symposium

### **Other Scholarly Products (con't)**

“Physical Therapy at Ithaca College,” a 7 minute informational video and slide-tape presentation developed in 1990. The program highlights the curriculum and student life of physical therapy students at Ithaca College used at presentations at various Ithaca College programs.

### **Research Activity**

Sigg JA, **Belyea B**, Avery S, Perialas A. "Influence of Physical Warm-up on Vocal Quality". data analysis in progress

Hoppenrath T, **Belyea B**, McNamara C. “Participation in experiential learning electives prior to first clinical education: Influence on student competence and confidence” with Terri Hoppenrath, PT, DPT and Christine McNamara, PT, DPT. data analysis in progress

“Use of MBT shoes to improve strength, balance, and gait in an older adult with lumbar spinal stenosis: A case report" with John Sigg. Manuscript submitted/revisions.

### **Continuing Education Workshops Organized**

“Ultrasound Imaging: From the laboratory to the clinic – common clinical applications”. Presented by Chris Neville; Distinguished Speaker Series  
Ithaca College Departments of Physical Therapy and Exercise and Sport Sciences  
April 2011

“Globalization of Sports Health Care and the Future of Injury Prevention”; Presented by Michael Ferrara; Distinguished Speaker Series  
Ithaca College Departments of Physical Therapy and Exercise and Sport Sciences  
October 2009

“Rotator Cuff Rehabilitation: A Clinical Perspective”  
Presented by Brian Leggin; Distinguished Speaker Series  
Ithaca College Departments of Physical Therapy and Exercise and Sport Sciences  
March 2009

“Evidence-based rehabilitation following ACL reconstruction: A 20 year perspective”; presented by Mark DeCarlo; Ithaca College Departments of Physical Therapy and Exercise and Sport Sciences; October 2007

### **Membership in Scientific/Professional Organizations**

American Physical Therapy Association  
1989 – Present

Orthopaedic Section of American Physical Therapy Association  
1989 - Present

New York State Chapter  
American Physical Therapy Association  
Teller Committee member: 2004-2006  
Chair: 2008-2009

**Membership in Scientific/Professional Organizations** (con't)

Southern Tier District, New York Chapter

American Physical Therapy Association

1989 – present

Chair: 2010 - present

Chief Delegate to Delegate Assembly: 2011

Vice-Chair: 1996-1997

Tier Newsletter Editor: 1994-1998

Representative to Delegate Assembly: 1997, 1998, 1999, 2001, 2003

American College of Sports Medicine

2000 – 2001, 2003 – 2005, 2008- 2010

National Strength and Conditioning Association

2002 – Present

Appointed Manuscript Abstracter/Reviewer for Physical Therapy

1992 – Present

**Consultative and Advisory Positions Held**

Physical Therapy consultant, Colbert Wellness Clinic

Ithaca College

2000- present

**Community Service**

Health Career Development for Youth - elected chairperson

Sidney, New York

1988 - 1989

Northeast School PTA

Ithaca, New York

Member 1989 - 1991

Chairperson of Ways and Means Committee 1990-1991

South Hill School PTA

Ithaca, New York

Member 1991 – 1995, 1998 – 2004, Secretary 1991 – 1992,

Special Olympics Medical Volunteer

Ithaca, New York

May 1992

Soccer Coach, Ithaca Youth Bureau

Ithaca, New York

1998-2000

South Hill School

Science and Math Enrichment Committee 1999-2001

South Hill School Fun Fair, student volunteer coordinator

1999-2005

### **Community Service (con't)**

Ithaca High School Sports Booster Club  
Member 1999-present ; Representative to Executive Committee 2001-2002

Empire State Games Volunteer  
Binghamton, New York  
July 2000

Community Service Coordinator  
Ithaca Youth Hockey Association  
2002-2006

Director, Ithaca Youth Hockey Association Winter Tournament  
January 2003, January 2004, January 2005

Judge for Scrabble for Literacy, Literacy Volunteers of Tompkins County  
April 2003, 2004

New York State Special Olympics volunteer  
Binghamton, New York  
Fall 2005

Bike Fit Fair  
Ithaca, New York  
Fall 2006

Ithaca Babe Ruth League Board Member  
2006 – 2009

Marketing and Fund Raising – Chair  
Ithaca High School Varsity Hockey  
2008-present

Ithaca High School Varsity Baseball - Treasurer  
2010-present

### **Services to the University/College/School on Committees/Councils/ Commissions**

#### **College**

All-School Centennial Committee, 1990 - 1992  
Partnership in Teaching Program, 1993- 2001  
Wheelchair Sports Camp Committee, 1994 – 1999  
Gerontology Institute Faculty Affiliate, 1999 - present  
voICes chorus member, 2001-present  
Relay for Life Committee, 2002 -2004; Team Co-captain, 2003, 2004  
Search Committee for Director of Center for Student Leadership and  
Involvement, 2002-2003  
Faculty Council, 2004-2006; 2010  
Planning and Priorities Committee, 2004-2008  
Enrollment Planning Task Force, co-chair, 2006-2007  
Abstract reviewer for National Conferences on Undergraduate Research; 2010  
IC 2020 Task Force on Civic Engagement, 2010-2011

## **Services to the University/College/School on Committees/Councils/ Commissions (con't)**

### **School**

Health Awareness Committee, 1989 - 1991  
Executive Committee, 1992-93  
Facilities Planning Committee, 1996 - 1999  
Personnel Committee, 1997 – 2001,  
Chair, CNTE subcommittee, 2000-2001  
Steering Committee, 2001-2003  
Strategic Planning Coordinating Committee 2001- 2003  
Marketing and Recruitment Committee, 2004-2005

### **Department**

Coordinator of Parents' Weekend presentations, 1989-1993  
Peer Evaluation Form Committee, 1992, 2000  
Transfer Applicant Review Committee, 1999  
Representative at Discovery Days and Ithaca Today, 1990 - present  
Curriculum Committee, 1992 – 2002; 2004-2010; 2011-2014  
Chair 2007-2008; 2011 - present  
Student Physical Therapy Club Advisor, 1992 - 2007  
Department of Physical Therapy Search Committee, Chair , 1992-1993  
50th Anniversary of Ithaca College Physical Therapy program, 1994-96  
Assistant to the Chair, 1994-1995  
Phon-a-thon representative, 1997  
Professional Behavior Committee, 1997 - 1998  
Computer Technology Committee, 1997 - 1999  
Learning Lab Coordinator, 1997  
Alumni Committee, 1997 – 2000; 2010-present  
Chair 1998-2000, 2011-present  
Musculoskeletal Task Force, 1998 – 2000  
Cardiopulmonary/Integument Task Force, 1998 – 2000  
Ad hoc CNTE Reappointment Committee, 1998  
Management Team, 1998 – 2002; 2007-2010  
HealthChat lecture series coordinator, 2000-2002  
Department WebMaster, 2000 - 2003  
Ithaca in Motion Coordinator, 2000 – 2011  
tDPT Task Force, 2002-2003  
Marketing and Recruitment, Chair, 2004-2008  
DPARC, Chair, 2005-2006  
Clinical faculty search committee, 2006  
Director, Ithaca Planning Unit, 1998 – 2002, 2007-2010

### **Honors and Awards**

Excaliber Foundation Scholarship, 1981  
Phi Kappa Phi Honorary Society, 1981  
Oracle Society, Ithaca College, 1981  
Who's Who Among American College Students, 1982  
Academic Achievement Award, Roy H. Park School of Communication, 1994  
Nominated for Excellence in Teaching Award, Ithaca College, 1996, 2004  
Outstanding Service to District Award, New York Chapter, American Physical Therapy Association, 1997

### **Honors and Awards (con't)**

Who's Who Among American Teachers, 2004

Oracle Society Faculty Inductee, Ithaca College, 2004

Faculty of the Month; National Residence Hall Honorary; September 2010

Alpha Eta Honor Society Faculty Inductee, Ithaca College, 2011

### **Continuing Education (since 2002)**

Combined Sections Meeting, American Physical Therapy Association  
Boston, MA, February 2002

Functional Movement Screen  
Ithaca College, March 2002

Introduction to Pilates  
Syracuse, NY, October 2002

Grant Symposium: Where the Money Is and How to Get It.  
Ithaca College, May 2002

American College of Sports Medicine Annual Conference  
San Francisco, CA, May 2003

Evidence-Based Physical Therapy Practice: What PTs Need to Know  
Conshohocken, PA, April 2004  
Functional Training and Rehabilitation: Designing and Implementing an Individualized  
Program.  
Boston, MA, May 2004

The Senior Athlete: Portrait of the Possible  
Long Island, NY; October 2004

The Scapulothoracic Joint: Dyskinesia & Dysfunction  
Ithaca, NY, October, 2005

Evidence Based Medicine for the Professional Athletic Trainer  
Ithaca, NY, November, 2005

Combined Sections Meeting of American Physical Therapy Association  
San Diego, CA, February, 2006

ACL Injury: Treatment and Prevention  
NYPTA Annual Conference, Long Island, NY, October 2006

Combined Sections Meeting of American Physical Therapy Association  
Boston, MA, February, 2007

Sex, drugs, and rock & roll: Factors that affect patient variability and  
pharmacotherapeutic outcomes.  
Southern Tier District meeting  
Ithaca, NY, March 2007

### **Continuing Education (con't)**

American College of Sports Medicine Annual Conference  
Indianapolis, IN, May 2008

Combined Sections Meeting of American Physical Therapy Association  
San Diego, CA, February, 2010

American College of Sports Medicine Annual Conference  
Baltimore, MD, May 2010

Functional Training for ACL Injury Prevention  
Cayuga Medical Center of Ithaca  
June 2010

Where the rubber meets the road: A discussion of running mechanics  
Cayuga Medical Center of Ithaca  
September 2010

Stress fractures 2010: Current understanding of etiology and management  
Cayuga Medical Center of Ithaca  
November 2010

Cartilage repair and regeneration  
Cayuga Medical Center of Ithaca  
December 2010

Shoulder Injuries in the Athlete  
Cayuga Medical Center of Ithaca  
January 2011

Combined Sections Meeting of American Physical Therapy Association  
New Orleans, LA, February, 2011

Engaging the Learner  
NY, NY, April 2011

Practical Management of Tendinopathy  
Cayuga Medical Center of Ithaca  
May 2011

### **Teaching Responsibilities in the Physical Therapy Program**

#### **Fall**

PTBS-52102	Musculoskeletal Examination and Evaluation
PTBS-59900; PDPT 69900	Selected Topics: Clinical Grand Rounds
ICSM-1xxxx	First Year Seminar: Medical Mindfulness

**Teaching Responsibilities in the Physical Therapy Program**

**Spring**

PTBS -52405	Therapeutic Exercise
PTBS-53101	Electrotherapeutic Modalities and Physical Agents
PTBS-59900; PDPT 69900	Selected Topics: Clinical Grand Rounds
PDPT-69900	Selected Topics: Case Reports in Physical Therapy
PTBS-39900	Mindful Practitioner

Revised: 6/11