

**Jeffrey C. Ives, Ph.D.**  
**Department of Exercise and Sport Sciences**  
**Ithaca College, Ithaca, NY 14850 USA**  
**Office: (607) 274-1751**  
**Email: jives@ithaca.edu**

### **Professional Positions and Relevant Employment History**

- 2008-present Professor & Graduate Program Chair, Ithaca College, Ithaca, NY 14850  
*Primary academic duties: Neuromuscular Control • Psychophysiology of Exercise & Sport (grad) • Complementary and Alternative Therapies • Master's Theses. Graduate program chair, 2008-present*
- 2001-2008 Associate Professor, Ithaca College, Ithaca, NY 14850  
*Primary academic duties: Neuromuscular Control • Multidimensional Assessment of Physical Function (grad) • Complementary and Alternative Therapies • Master's Theses. Graduate program co-chair/chair, 2006-2008*
- 1995-01 Assistant Professor, Ithaca College, Ithaca, NY 14850  
*Primary academic duties: Neuromuscular Control • Physiology Labs • Multidimensional Assessment of Physical Function (grad) • Kinesiology • Complementary and Alternative Therapies • Master's Theses*
- 1993-95 Assistant Professor, Campbell University, Buies Creek, NC 27506  
*Primary academic duties: Motor Learning/Control • Biomechanics (grad/undergrad) • Design of Physical Activity Programs • Exercise Physiology (grad/undergrad) • Exercise Testing and Prescription • Lifetime Wellness*
- 1992-93 Instructor, University of Massachusetts, Amherst, MA 01003  
*Primary academic duties: Human Anatomy • Data Analysis and Interpretation (grad) • Biomechanics • Motor Integration Practicum (grad)*
- 1988-92, 1982-83 Graduate Research Assistant, Exercise Science, University of Massachusetts, Amherst.
- 1988-91, 1984-86 Graduate Assistant, Intramurals, University of Massachusetts, Amherst
- 1984-85 Graduate Teaching Assistant, Exercise Science, University of Massachusetts, Amherst.  
*Primary teaching responsibility: Scientific Writing*
- 1982 Stress Test Technician, Sports Conditioning & Rehabilitation Clinic, Orange, CA
- 1981 Adapted Exercise and Movement Instructor, City of Garden Grove, CA

## Education

- 1992 Ph.D. University of Massachusetts, Amherst  
Exercise Science: Motor Control/Occupational Biomechanics  
Dissertation Title: Neural Coordination Mechanisms and Adaptations Following Rapid Movement Practice and Unlearning in Young and Elderly Males (Advisor: Walter Kroll, P.E.D.)
- 1986 M.S. University of Massachusetts, Amherst  
Exercise Science
- 1982 B.S. Chapman University, Orange, CA 92666  
Movement and Exercise Science (Magna cum laude)

## Teaching Effectiveness

Documents available upon request.

## Books and Book Chapters

- Ives, JC and BA Keller. Functional training for health. In: JK Silver & C Morin (Eds.), *Understanding Fitness. How Exercise Fuels Health and Fights Disease*. Westport, CT: Praeger Publishers, 2008.
- Ives, JC. *Climbing the Halyards. The 1948 Voyage of the Schooner Bowdoin*. Ithaca College Printing: Ithaca, NY, 2004.

## Publications: Refereed

- Cheng, J and JC Ives. Dual choice health insurance policy: A proposal and a cost analysis. *Journal of Health Care Finance*, 36(2):60-70, 2009.
- Ives, JC, M Alderman, S Stred. Hypopituitarism following multiple concussions: A case study in an adolescent male. *Journal of Athletic Training*, 42(3): 431-439, 2007.
- Ives, JC and DV Knudson. Professional practice in exercise science: The need for greater disciplinary balance. *Sports Medicine*, 37(2):103-115; 2007.
- Lorenzo, J, JC Ives, and GA Sforzo. Knowledge and imagery of contractile mechanisms do not improve muscle strength. *Perceptual and Motor Skills*, 97: 141-146, 2003.
- Ives, JC, and JK Wigglesworth. Sampling rate effects on surface EMG timing and amplitude measures. *Clinical Biomechanics*, 18:543-552, 2003.
- Ives, JC. Comments to, "The Feldenkrais Method: A dynamic approach to changing motor behavior. *Research Quarterly for Exercise and Sport*, 74(2):116-123, 2003.
- Ives, JC, and GA Shelley. Psychophysics in functional strength and power training: Review and implementation framework. *Journal of Strength and Conditioning Research*, 17:177-186, 2003.
- Ives, JC, WF Straub, and GA Shelley. Enhancing athletic performance using digital video in consulting. *Journal of Applied Sport Psychology*, 4:237-245, 2002.

- Bloomer, RJ and JC Ives. Varying neural and hypertrophic factors in a strength program. *Strength & Conditioning*, 22(2): 30-35, 2000.
- Ives, JC, and S Sosnoff. Beyond the mind-body exercise hype. *Physician & Sportsmedicine*, 28(3): 67-68,70,75-76,81, 2000.
- Ives, JC, L Abraham, W Kroll. Neuromuscular control mechanisms and strategy in arm movements of attempted supranormal speed. *Research Quarterly for Exercise and Sport*, 70(4):335-348, 1999.
- Ives, JC. Exercise science in an ergonomics world. *ACSM's Health & Fitness Journal*, 3(5):20-27, 1999.
- Ives, JC. Alternative medicine in the physical education and exercise science curriculum: what and why. In: RS Feingold, CR Rees, GT Barrett et al., (Eds.), *Education for Life*, International Association for Physical Education in Higher Education. World Sport Science Congress Proceedings, 1998, pp. 410-416.
- Ives, JC and G Shelley. The Feldenkrais method in rehabilitation: A review. *Work*, 11: 75-90, 1998.
- Sigg, JA, JC Ives, BC Gaba, and GA Sforzo. Effect of arm position on parameters of normal gait in older persons. *Clinical Kinesiology*, 51: 33-36, 1997.
- Miles, MP, JC Ives, and KR Vincent. Neuromuscular control following maximal eccentric exercise. *European Journal of Applied Physiology*, 76(4): 368-374, 1997.
- Ives, JC, LL Bultman, and WP Kroll. Rapid movement kinematic and electromyographic control characteristics in males and females. *Research Quarterly for Exercise and Sport*, 64(3): 274-283, 1993.

#### **Abstracts and Presentations: Refereed and Invited**

- Ives, JC, E Shoup, and J Michel. Gender differences in body awareness: Visceral vs. kinesthetic awareness. North American Society of Sport and Physical Activity Conference, Burlington, VT, 2011.
- Johnson, I, JC Ives, and GA Sforzo. Components of reactive agility in football players. North American Society of Sport and Physical Activity Conference, Burlington, VT, 2011.
- Benson, H, and JC Ives. Body image and imagery use in low and high skilled rowers. North American Society of Sport and Physical Activity Conference, Burlington, VT, 2011.
- Tenan, MS, JC Ives, and DL King. Neuromuscular fatigue of the quadriceps complex in a graded exercise test. American College of Sports Medicine National Conference, Denver, CO, 2011.
- Shah, J, G Sforzo, J Ives. Effects of distraction on exercise steady state. Presented, American College of Sports Medicine Annual Meeting. Baltimore, May, 2010 (not published)
- Ives, JC, NC Englert, K Wagoner. Does body awareness play a role in tasks requiring a high kinesthetic demand? Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, Niagara Falls, CA, June, 2008.
- Ives, JC, S Stred. Hypopituitarism following sport-related concussion. A case study and primer for exercise neuroscientists. Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, San Diego, June, 2007.
- Nair, U, JC Ives, N Gentner. Relationships between personality and exercise preferences among women between 18-55 years of age. Society for Behavioral Medicine Annual Conference, Washington, DC, March, 2007.

- McCaig, J, Ives, JC, Sforzo, GA. A comparison of motor coordination between fit and less fit young adult males. *Journal of Sport and Exercise Psychology*, 28(suppl.):S129, 2006. Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, Denver, CO, June, 2006.
- Anderson, S, Ives, JC, and DePalma, M. The effect of mirrors on exercise intensity. *Journal of Sport and Exercise Psychology*, 28(suppl.):S25, 2006. Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, Denver, CO, June, 2006.
- Ives, JC, Anderson, S, and DePalma, M. The relationships among body awareness, posture, and exercise performance. *Journal of Sport and Exercise Psychology*, 28(suppl.):S94, 2006. Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, Denver, CO, June, 2006.
- Ives, JC. Complementary and Alternative Medicine: Implications for Exercise Scientists. Invited symposium presentation, Annual meeting of the Mid-Atlantic Chapter of the American College of Sports Medicine. Hershey, PA, November, 2005.
- Ives, JC and SL Hong. Fast reaction times with intersensory facilitation do not transfer to single stimulus conditions. *Journal of Sport and Exercise Psychology*, 25(suppl.): 678, 2003. Poster Presentation, North American Society for the Psychology of Sport and Physical Activity, Annual Conference, Savannah, GA, June, 2003.
- Gore, SA, BA Keller, and JC Ives. Gender differences in central and peripheral factors of skeletal muscle fatigue. *Medicine & Science in Sports & Exercise*, 35(5, suppl.): S144, 2003. Poster Presentation, ACSM National Conference, San Francisco, CA, May 29-June 1, 2003.
- Hooper, SE, and JC Ives. Exercise environment and its effects on mood state, heart rate, and running time. *Medicine and Science in Sports & Exercise*, 34(5, suppl): S226, 2002. Poster Presentation, ACSM National Conference, St. Louis, MO, May 29-June 1, 2002.
- Sigg, JA, BC Belyea, and JC Ives. Jumping impact force in elementary school-age children. *Medicine & Science in Sports & Exercise*, 33(5, suppl): S238, 2001. Poster presentation, ACSM National Conference, Baltimore, MD, May 29-June 2, 2001.
- Ives, JC and RJ Bloomer. Time-limited strength training for trained athletes: Program design and 1-year results. *Medicine and Science in Sports and Exercise*, 32(5, suppl): S15. Poster presentation, ACSM National Conference, Indianapolis, IN, May 29-June 3, 2000.
- Ives, JC. Exercise and attention-deficit disorder: The role of exercise and psychomotor practice. Symposium presentation, AAHPERD National Convention, Orlando, FL, March 22-25, 2000.
- Ives, JC. Applied motor control and biomechanics in the exercise scientist's scope of practice: Rationale and framework for action. *Medicine and Science in Sports and Exercise*, 30(5, suppl): S92. Poster presentation, ACSM National Conference, Orlando, FL, June 3-6, 1998.
- Ives, JC. Alternative medicine in the physical education and exercise science curriculum: what and why. Oral presentation, International Association for Physical Education in Higher Education (AIESEP) World Sport Science Congress, Adelphi University, July, 1998.
- Bloomer, RJ and JC Ives. Varying neural and hypertrophic factors in a strength program: program design and case study. Oral presentation, Mid-Atlantic ACSM Meeting, The Pennsylvania State University, Nov. 14-15, 1997.

- Ives, JC. Aerobic fitness level and self-prescribed exercise intensity: a comparison of Rockport walk test equations. *Research Quarterly for Exercise and Sport*, 67(1, suppl.): 43. Oral presentation, AAHPERD National Convention, Atlanta, April 17-20, 1996.
- Ives, JC and M Cellucci. Upper and lower limb oscillatory behavior and anthropometrics, and their relationships to gait. *Medicine and Science in Sports and Exercise*, 28(5, suppl): 546. Poster presentation, ACSM Annual Conference, Cincinnati, May 29-June 1, 1996.
- Kroll, W, JC Ives, and T Hilliard. Gender and age effects in rapid movement control. *Medicine and Science in Sports and Exercise*, 28(5, suppl): S204, Poster presentation, ACSM Annual Conference, Cincinnati, May 29-June 1, 1996.
- Ives, JC. Interaction of athleticism and activity level on elderly psychomotor performance. *North Carolina Journal*, 31(1): 40. Poster presentation, North Carolina AHPERP Annual Conference, Greensboro, NC, 1995.
- Ives, JC and W Kroll. Rapid movement kinematic and electromyographic practice effects in young and elderly males. *Research Quarterly for Exercise and Sport*, 64(suppl): A75. Oral presentation, AAHPERD Annual Conference, 1993.
- Patras, L, JC Ives, and W Kroll. Effects of cranial electrical stimulation on motor learning skill. *Research Quarterly for Exercise and Sport*, 64(supple): A79. Poster presentation, AAHPERD Annual Conference, 1993.
- Ives, JC, and W Kroll. Inertial load reduces age-related differences in rapid movement kinematics. *Medicine and Science in Sports and Exercise*, 25(suppl): S69. Poster presentation, ACSM Annual Conference, 1993.
- Miles, MP, JC Ives, and KR Vincent. Neuromuscular control following maximal eccentric exercise. *Medicine and Science in Sports and Exercise*, 25(suppl): S176, Poster presentation, ACSM Annual Conference, 1993.
- Ives, JC, L Bultman, and W Kroll. Rapid movement neuromotor control characteristics in males and females. *Medicine and Science in Sports and Exercise*, 24(5, suppl): S79. Poster presentation, ACSM Annual Conference, 1992.
- Ives, JC, and W Kroll. Neither under- or over-load practice results in enhanced forearm flexion speed of movement or transfer of neural coordination mechanisms. *Research Quarterly for Exercise and Sport*, 63(1, Suppl): A-58. Oral presentation, AAHPERD Annual Conference, 1992.
- Ives JC and WP Kroll. Rapid movement control under interacting conditions of inertial loading and pre-movement resistance. *Medicine and Science in Sports and Exercise*, 23(4, suppl): S38. Poster presentation, ACSM Annual Conference, 1991.
- Abraham, L, JC Ives, W Kroll, and L Bultman. Effects of varying load and resistance on control of rapid elbow flexion. Abstracts of the Annual North American Society for Psychology of Sport and Physical Activity conference, Houston, TX;1990, p. 116. Oral.
- Abraham, L, W Kroll, and JC Ives. Control of rapid movement onset under conditions of varying resistance. *Journal of Biomechanics*, 22(10): 979. Abstracts of the XII Congress, International Society of Biomechanics, 1989. Poster presentation.
- Ives, JC and WP Kroll. Vibration-induced facilitation and reciprocal inhibition effects on human single motor unit control. *Society for Neuroscience Abstracts*, vol. 14, part 2, p. 1302, 18<sup>th</sup> Annual Meeting, Toronto, Ontario, Canada, 1988. Poster presentation.

### **Publications: Non-Refereed**

- Sigg, JA, BC Belyea, & JC Ives (2007). Jumping and landing differences across age and gender in elementary school children [Electronic version]. *Kinesiology On-line*.  
<http://www.iowaahperd.org/journal/jhome.html>
- Ives, JC. Performance Tips. Reacting with authority. *PurePower*, 39(5):36-38, 2003.
- Ives, JC, and GA Shelley. Aroused intentions. Critical to your athletic success is attending to the appropriate intention. *PurePower*, 3(3):10-19, 2003.
- Ives, JC. Reclaiming our scope of practice. *Mid-Atlantic Regional Chapter News*, 18(1):7-9, 2003.
- Ives, JC. Rethinking movement. Part I: Why and how? *The Journal for Elder Planning and Care*, 3(1): 7, 13-15, 1997.
- Ives, JC. Rethinking movement. Part II: Feldenkrais and Alexander. *The Journal for Planning and Care*, 3(4): 14-15, 1997.

### **Presentations: Non-Refereed**

- Tenan, MS, JC Ives, and DL King. Quantifying neuromuscular fatigue of the quadriceps complex in a graded exercise test. Free communication, Mid Atlantic Regional Chapter Conference of the American College of Sports Medicine, Nov 1, 2007, Harrisburg, PA.
- Cheng, J and JC Ives. A Two Stage Health Insurance Policy for Complementary and Alternative Medicine: A Proposal and a Cost Analysis. Paper presented at the 58<sup>th</sup> Annual Meetings of the New York State Economics Association. Geneva, NY, October, 2005.
- Ives, J. What the research tells us about mind-body exercise. Oral presentation, NY State AHPERD Conference, November 20, 1999, Syracuse, NY,
- Brito, Dorian (Sponsor: Jeff Ives). Designing and building a hands-free ambulation aid. Presented at the 1999 CSTEP Conference, Lake George, NY, April 9-11, 1999. [First place winner of the Technology Section award.]
- Ives, JC. Making sense of the mind-body exercise programs. Invited oral presentation, NY State AHPERD Regional Zone Conference, Ithaca College, March 20, 1998.
- Ives, JC. Alternative careers for exercise scientists. Invited oral presentation, Central NY Graduate Research Exchange Symposium, Ithaca, NY, May 1998.
- Ives, JC, L Drab, and E. Andres. Alternative exercise: Future road for physical education and exercise science or a charlatan's playground? Invited presentation, Central NY Exercise Science Graduate Research Exchange Symposium, Cortland, NY, April 12, 1996.
- Ives, JC. The role of strategy in the neuromechanics of movement. Invited presentation, Dept. of Exercise Science Research Series, East Carolina University, March 17, 1995.

### **Grants**

- 2006 Ithaca College Summer Research Grant  
Title: Completion of Research Projects  
\$3350
- 2005 HSHP Special Project Grant, Summer  
Title: Creation of a Neuromuscular Control Laboratory Manual  
\$3000.00

- 2005 Ithaca College Collaborative Research Grant (w/student Uma Nair).  
Title: Personality, Body Shape, and Exercise Preferences. Travel / research expenses for Thesis project  
\$750.00
- 2004 Source: National Textile Center, Re-Submitted Project Proposal  
Title: Compression Garments: Development of an Embedded Pressure Profile Analysis (EPPA) System.  
Principle Investigators: TR Ghosh (NCSU) and S Ashdown (Cornell University)  
Consultant: JC Ives  
Status: not funded
- 2003 Source: Provost's Special Projects Grant Ithaca College  
Title: Slide Scanning, Copyright, and Publication Costs for "Climbing the Halyards. A Documentary and Scrapbook of the 1948 Voyage of the Schooner Bowdoin."  
Amount: \$1500
- 2003 Source: National Textile Center, New Project Proposal No. F04-NS05  
Title: Compression Garments: Development of an Embedded Pressure Profile Analysis (EPPA) System.  
Principle Investigators: TR Ghosh (North Carolina State University) and S Ashdown (Cornell University)  
Consultant: JC Ives  
Status/Amount: Not funded.
- 2003 Source: Australian Catholic University, Melbourne, Australia  
Title: Application for Teaching and Learning Enhancement Scheme (TALES).  
Principle Investigator: N Lythgo  
Co-Investigators: W Maschette, C Wilson, J Ives, School of Exercise Science, Australian Catholic University and the Department of Exercise & Sport Sciences, Ithaca College, New York, USA  
Status/Amount: Not Funded/\$10,000 (Australian).
- 2003 Source: National Science Foundation  
Title: Bridging Mind and Body: An Integrative Laboratory for Psychology and Interdisciplinary Instruction.  
Principle Investigator: Nancy Rader, Ithaca College. Participating Faculty: Leigh Ann Vaughn (Co-PI), Bernard Beins (Co-PI), Andrea White, Hugh Stephenson, Carol McAmis, Eugenia Wacker-Hoeflin, Krista Scott, Charles Ciccone, Nicholas Quarrier, and Jeff Ives  
Amount: \$158,000
- 2002 Source: Academic Project Grant, Ithaca College  
Title: Preserving and Researching Arctic Exploration Documents.  
Amount: \$750
- 2002 Source: School of HSHP Summer Research Grant, Ithaca College.  
Title: Sampling Rate Effect on Surface EMG Temporal and Amplitude Measures.  
Amount: \$3000
- 2000 Source: Development Project Grant (with E Wacker-Hoeflin, B Keller, & C McAmis).  
Title: Speaker proposal: Esther Thelen, Ph.D. Title: "Learning Through Movement: Applications Across Disciplines."  
Amount: \$1200 (with additional funding from other sources)

- 2000 Source: Ithaca College, IDF-Interdisciplinary Project Grant.  
Title: The Alexander Technique, Mind-Body Education, and College Life. (Co-Coordinator with E Hacker-Hoeflin and B Keller)  
Amount: \$2400
- 1999 Source: Ithaca College, Collaborative Research Grant.  
Title: Designing and Building a Hands-Free Ambulation Aid (w/student Dorian Brito).  
Amount: \$750
- 1996 Source: Gerontology Institute Summer Faculty Research Grants.  
Title: Acute and Chronic Stretching Effects on Elderly Reflex Function.  
Amount: \$3350
- 1996 Source: Gerontology Institute Small Grant Program.  
Title: Acute and Chronic Stretching Effects on Elderly Reflex Function.  
Amount: \$750

### **Masters Theses and Graduate Projects Chaired Since 2003**

- Clausen, Alison. (Fall, 2010, Ind Study). Life Skill Development for the Student Athlete.
- Johnson, Irik. (Thesis Defense, December 2010, Thesis advisor). Comparison of Reactive Agility Versus Standard Agility Tests in Collegiate Football Players.
- Benson, Heather Reader. (Thesis Completed, May, 2008). Body Image on Mental Imagery in Collegiate Rowers.
- Nair, Uma. (Thesis completed, Dec, 2007). Relationship Between Personality Type and Exercise Preferences Among Middle-Aged Women.
- Anderson, Sarah. (Thesis completed, Sept. 2006). The Effects of Mirrors on Perceived Exercise Intensity.
- McCaig, Joshua. (Thesis completed, August, 2006) Motor Coordination in Fit and Less Fit Young Adults.
- Wilson, Courtney. (Proposal completed, 2005). Stress Reactivity in Cognitively Trained Sportsmen Compared to Physically Trained Fitness Enthusiasts.
- Hong, Siang Lee. (Thesis completed, 2004). The Specificity of Learning Hypothesis: The Effects of Altering Stimulus Conditions.
- Hooper, Sarah. (Thesis completed, 2003). The Perception of Indoor and Outdoor Exercise Environments and Their Effect on Mood States, Heart Rate, and Running Time.

### **Undergraduate Projects Chaired Since 2001**

- Tenan, Matt (2005-2007). Determining dynamic fatigue levels from static EMG contractions. Undergraduate Dana Internship, Fall, 2005 – Spring, 2007). James J. Whalen Academic Symposium Poster Presentation, April, 2007.
- McCormick, Kirsten (2005). Building and testing a novel glove for people with wrist and hand dysfunction.
- Daly, Eric. (2005). Ergonomic assessment of the strength coach work environment. Independent study research project.
- Kline, Elissa. (2004). Finding balance in swimmers. Independent study research project
- Ross, Kerry (2004). Alternative medicine practices among nurse midwives. Independent study research project.

## Professional Awards and Honors

- 2005 Re-selected, Who's Who Among America's Teachers, 2004-2005
- 2004 Selected, Who's Who Among America's Teachers, 2003-2004
- 2000 Ithaca College Collegiate Science and Technology Entrance Program (CSTEP) Faculty Appreciation Award
- 1999 Ithaca College Collegiate Science and Technology Entrance Program (CSTEP) Mentor of the Year Award, April 27
- 1999 Nominee, Ithaca College Excellence in Scholarship Award, April 26
- 1994 Campbell University Men's Basketball Team Honored Professor

## Faculty Development Projects

- 2006 Faculty Colloquium presenter (with Joseph Cheng), *The Bible and Teaching*. March, 2006.
- 2002 Released time grant recipient, Center for Faculty Research and Development, Ithaca College: *Creation of a Digital Video Library for Class Use*. Released Time Accepted for the 2003-2004 AY
- 2001 Faculty Development speaker co-coordinator (with E Wacker-Hoeflin, B Keller, and C McAmis): Esther Thelen, Ph.D., "Learning Through Movement: Applications Across Disciplines." March 19-20, 2001.
- 2000 Symposium co-coordinator (with E Wacker-Hoeflin and B Keller): The Alexander Technique, Mind-Body Education, and College Life, Fall, 2000
- 1998 Alexander Technique Workshop co-coordinator (with E Wacker-Hoeflin), 1998.

## Organizations

- Member, North American Society for Psychology of Sport & Physical Activity, 2003-present
- Member, American College of Sports Medicine, 1989-present

## Professional Service

### Current

- Manuscript reviewer, *Sports Biomechanics* (2011)
- Manuscript reviewer, *Journal of Athletic Training* (2009, spring-fall 2010)
- Program proposal reviewer, Program in Exercise Science, Rochester Institute of Technology, William Brower, chair of the program (2010)

### Previous

- Manuscript reviewer, *Scandinavian Journal of Medicine and Science in Sports* (2009)
- Manuscript reviewer, *Research Quarterly for Exercise & Sport* (2009)
- External referee, Award for Distinguished Research and Creative Activity – Brock University Office of Research Services, (Spring, 2008)
- Manuscript reviewer, *Journal of Athletic Training* (2007-2008)
- Textbook reviewer, *Essentials of Electromyography*. Human Kinetics Publishers (Spring, 2008)

- Manuscript reviewer, *Advances in Physiotherapy* (Spring, 2007)
- Workshop Presenter, Athletic Training Clinical Update Series. *Proprioception, Kinesthesia, and Motor Control*. Ithaca College, October, 2006.
- Manuscript reviewer, *Perceptual and Motor Skills* (Fall, 2006)
- Manuscript reviewer, *Evidence-Based Complementary and Alternative Medicine* (Fall, 2006)
- Manuscript reviewer, *Muscle & Nerve* (Fall, 2004)
- Manuscript reviewer, *Perceptual and Motor Skills* (Fall, 2004)
- Manuscript reviewer, *Archives of Physical Medicine and Rehabilitation* (Summer, 2004)
- Manuscript reviewer, *Research Quarterly for Exercise & Sport* (Summer, 2004)
- Expert consultant on mind-body exercise research, *Prevention Magazine*, 2004
- Expert consultant on mind-body exercise, *Health Magazine*, 2004
- Reviewer, AAHPERD Research Consortium Grants, Jan, 2001
- Expert consultant on yoga research, *Biomechanics Magazine*, Vol. 8, no. 8, 2001
- Program planner and presider for the Exercise Science and Sportsmedicine Section of the NY State AHPERD meeting, Syracuse, NY, Nov, 17-20, 1999
- Reviewer, *Journal of Human Muscle Performance*, 1992

### **College, School, and Departmental Service**

#### *Current*

- Chair, Graduate Program in Exercise & Sport Sciences, Fall, 2005-present
- Member, HSHP Task Force on Assessment, Summer-Fall, 2009
- Chair, ESS Statistics Search Committee, 2008-09

#### *Previous*

- Participant, Graduate Program Fair, Fall, 2008
- Participant, Ithaca Today, October, 2008
- Participant, Graduate Program Fair, November, 2007
- Participant, Ithaca Today, October, 2007
- Participant, Trumansburg HS visitation to the Exercise & Sports Science Dept, Jan, 2006
- Participant, Ithaca Today, October, 2006
- Participant, Graduate Program Fair, September, 2006
- Member/Principle Author, SLPA Faculty Re-Evaluation Ad Hoc Committee, May, 2006
- Co-Chair, ESS Statistics Search Committee, 2005-06
- Chair, ESS Personnel Committee, Fall, 2006
- Member, ESS Personnel Committee, 2003-spring, 2006
- Member, Integrative Health Studies Steering Committee, 2000-present
- Member, Neuroscience Minor Faculty Committee, 2000-present
- Member, Ithaca College Faculty Council, 2003-2005
- Participant, Ithaca Open House, October, 2005
- Participant, Ithaca Open House, October, 2004
- Orientation Counselor, June 18, 2004
- Chair (Interim) ESS Personnel Committee, Fall, 2004
- Member, ESS Athletic Training Search Committee, 2003-2004
- Member, Occupational Therapy Personnel Committee, 2003-2004
- Orientation Counselor, June 23-25, 2003

- Affiliate, Gerontology Institute, 1995-2003
- Chair, ESS Faculty Search Committee: Biomechanics position, 2001-02
- Member, ESS ad-hoc committee on developing community service projects, 2001-02
- Member, ESS ad-hoc committee to revise department chair selection procedures, Fall 2001
- Participant, Ithaca Today Program, 10/8/01
- Member, Tenure & Promotion Review Committee, Occupational Therapy Dept., 2001-2002
- Member, ESS Faculty Search Committee: Athletic training position, 1999-2000
- Chair, Academic Policies Committee, 1998-2001
- Member, Academic Policies Committee: Curriculum Subcommittee, 1996-2001
- Member, Merit Pay Proposal Committee, 1998-99
- Member, ESS Faculty Search Committee: Kinesiology position, 1996-97
- Member, Occupational Therapy Faculty Search Committee, 1996-97
- Chair, Multidisciplinary Research Task Force, 1996-97
- Chair, Shared Decision-Making Steering Committee Task Force (an extension of the HSHP Summer Retreat), 1996
- HSHP Facility Planning (unpaid consultant work with architects for the kinesiology, biomechanics, and motor control labs), 1996-1998
- Coordinator, Kinesiotherapy Program feasibility study, 1995-1998
- Faculty Senate, Campbell University, 1993-95 (Senate secretary, 1994-95)
- Faculty Advisor, Student Government Food Committee, Campbell University, 1994-95
- Departmental Internship Advisor, Campbell University, 1993-95

### **Current Community Service**

- Coach, Trumansburg Travel Baseball, 2010-11
- Volunteer, Samaritan's Purse: Operation Christmas Child, 2005-2011
- Coach, Ithaca Youth Bureau / Basketball, 2006-2009
- Coach, Ithaca Youth Bureau / Cal Ripken Baseball 2004-2009