

Julia L. Lapp Ph.D., R.D., C.D.N.

Department of Health Promotion and Physical Education
29 Hill Center
Ithaca College
Ithaca, NY 14850
(607) 274-3943
jlapp@ithaca.edu

Education

2006 Ph.D. Applied Medical Anthropology, University of Connecticut
1992 MS. Public Health Nutrition, University of Connecticut
1987 BA. Anthropology, Elmira College

Credentials

2005 – current New York State Certified Dietitian Nutritionist (C.D.N.)
New York State Department of Education (NYSDE)

1993 – current Registered Dietitian (R.D.)
American Dietetic Association – Commission on Dietetic Registration
(ADA/CDR)

Employment History

Academic

2005 - current Assistant Professor, Department of Health Promotion and Physical
Education, Ithaca College, Ithaca, NY.

1997-2000 Adjunct Faculty, Health Education Department and Culinary Arts
Program, University of Alaska, Fairbanks, AK.

1991-1992 Adjunct Faculty, Department of Anthropology, Elmira College, Elmira,
NY.

Other Employment

2004-2005 Clinical Dietitian, Cortland Memorial Hospital, Cortland, NY.

2003-2004 Nutrition Consultant
New Seasons Market, Portland, OR.

2001-2004 Clinical Dietitian/Nutrition Educator
Tuality Community Hospital, Hillsboro, OR.

1996-2000 Public Health Dietitian/Nutrition Educator,
Resource Center for Parents and Children, Fairbanks, AK.

1994-1996 Public Health Dietitian/Nutrition Educator
Chief Andrew Isaac Health Center, Fairbanks, AK.

1992-1994 Public Health Dietitian/Nutrition Educator, Passamaquoddy Tribal
Health Center, Pleasant Point, ME.

Publications

Refereed Journal Articles, Book Chapters, and Abstract

- 2011 (in press) **Lapp JL**, Caldwell K. Using Food Ethnographies to Promote Systems Thinking and Intergenerational Engagement Among College Undergraduates. *Journal of Food, Culture and Society*. Anticipated publication: Winter, 2011.
- 2011 Harmon A, **Lapp JL**, Blair D, Hauk-Lawson A. Teaching Food System Sustainability in Dietetic Programs: Need, Conceptualization, and Practical Approaches. *Journal of Hunger and Environmental Nutrition*, 2011;6(1):114-124.
- 2011 **Lapp JL**. Organic Food. In: Robbins P. Wehr K. Golson GJ, (eds) *SAGE Green Culture Series. Volume 11*. Thousand Oaks, CA: Sage Publications. 2011.
- 2010 Co-Chair/Co-Author, Dietary Guidelines Subcommittee of the Advisory Committee on Public Policy (ACPP) of the Society for Nutrition Education (SNE). Position Statement to the United States Department of Agriculture (USDA) and Department of Health and Human Services (DHHS) 2010 Dietary Guidelines Advisory Committee on revision recommendations for the *2010 Dietary Guidelines for Americans*. Available at <http://www.health.gov/dietaryguidelines/dga2005/comments/>. Accessed June 13, 2011.
- 2010 Wilkins JL, **Lapp JL**, Tagtow A, Roberts S. Beyond Eating Right: The Emergence of Civic Dietetics to Foster Health and Sustainability Through Food System Change. *Journal of Hunger and Environmental Nutrition*. 2010;5(1): 2-12.
- 2010 **Lapp JL**. Beyond “Nutritionism”: Exploring the Civic Implications of Food and Eating in an Undergraduate Food and Society Class. *Journal of Nutrition Education and Behavior*. 2010; 42(4)supp. July-Aug:S76. (Abstract)
- 2010 Krout JA, Bergman E, Bianconi P, Caldwell K, Durnford S, Erickson MA, **Lapp JL**, Monroe JE, Pogorzala C, Taves JV. Intergenerational Service-Learning with Elders: Multidisciplinary Activities and Outcomes. *Journal of Gerontology and Geriatric Education*. 2010;1545-3847, 31(1): 55-74.
- 2009 (accepted)
(in press) **Lapp JL**. More Than “Just Something to Eat”: Exploring Human Bio-Social Evolution, Food Systems and Sustainability Through an Introductory Food and Society Course. In: Harmon AH, Oderman J, Wharton C, Sarjahani A, French G, Roach R, Rouder C, Webber CB, Tagtow A (eds) *Teaching Food Systems and Sustainability in Nutrition and Dietetic Training: Lessons for Educators*. Chicago, IL: American Dietetic Association, Hunger and Environmental Nutrition Dietetic Practice Group Publication. Anticipated publication: Summer, 2011.

- 2009 Habicht JP, Pelto GH, **Lapp JL**. Methodologies to Evaluate the Impact of Large-Scale Nutrition Programs, *World Bank Working Paper Report Number 47420*, June, 2009.
- 2008 **Lapp JL**. Vitamin D: Bone Health and Beyond. *American Journal of Lifestyle Medicine*. 2008;3(5): 386-393.

Non-Refereed Reviews and Articles

- 2010 Book review - **Lapp JL**. Food and Nutrition at Risk in America: Food Insecurity, Biotechnology, Food Safety, and Bioterrorism. *Journal of Nutrition Education and Behavior*. 42(5):357.
- 2009 Book review - **Lapp JL**. Curtis White, *The Barbaric Heart: Faith, Money, and the Crisis of Nature*. *Journal of Agriculture and Environmental Ethics*. DOI 10.1007/s10806-009-9219-9.
- 2006 **Lapp JL**, Hansen KB. Who Benefits From the Mystery Fat Substitute Z-Trim? *Anthropology News*. 48 (5):6-7.
- 2005 **Lapp JL**. Basics of a Healthy Diet. *Walk About: Walking and Hiking for Fitness*, 8 (Jan/Feb). Available at <http://www.walkaboutmag.com/8healthydiet.html>. Accessed November 24, 2010.

Conferences and Presentations

Refereed Conference Presentations

- 2011 **Lapp JL**, *Connecting Farm, Kitchen and Classroom: The Groundswell Center's innovative Summer Practicum is Fostering the Next Generation of Food Citizens*. Paper presentation at the Agriculture, Food, and Human Values/Association for the Study of Food and Society joint conference, Missoula, MT.
- 2010 **Lapp JL**, *Beyond "Nutritionism": Exploring the Civic Implications of Food and Eating in an Undergraduate Food and Society Class*. Poster presentation at the Society for Nutrition Education Annual Meeting. Reno, NV.
- 2010 **Lapp JL**, Ressler W, Frith A. *Promoting Healthier Vending Machines on a College Campus*. Poster presentation at the American Society of Nutrition (ASN), Experimental Biology (EB) Annual Conference, Anaheim, CA.
- 2009 Hansen KB, **Lapp JL**. *Revitalizing Native Foodways Among The Haudenosaunee: Nutritional Benefits And Political Economic Barriers*. Paper presentation at the American Anthropological Association Annual Meeting. Philadelphia, PA.
- 2009 **Lapp JL**, Harmon A, Blair D, Lawson AH. *Eating for Tomorrow: Nutrition Pedagogy*. Paper presentation and Roundtable Chair at the Agriculture, Food and Human Values Society Annual Meeting, Penn State University, State College, PA.

- 2008 Caldwell KA, **Lapp JL**. *Teaching Systems Thinking and Sustainability Through an Interdisciplinary Learning Exchange*. Poster presentation at the Association for the Advancement of Sustainability Education in Higher Education (AASHE), Raleigh, NC.
- 2008 **Lapp JL**. *Nutrition Pedagogy: An Integrative Approach*. Roundtable Chair and presentation at the Association for the Study of Food and Society Annual Meeting, New Orleans, LA.
- 2008 **Lapp JL**, Eldershaw L. *The New Food Consciousness Movement and the Re-Sacralization of Food*. Paper presentation at the Association for the Study of Food and Society Annual Meeting, New Orleans, LA.
- 2007 **Lapp JL**. *Healthy People, Healthy Planet: Returning to a Holistic Understanding of Food and Nutrition*. Paper presentation at the New York State Alternative Education Association Conference (NYSAEA). Ithaca, NY.
- 2007 Morgan S, **Lapp JL**. *Innovative Service Learning at Comprehensives: Comprehensive, Supported and Multi-generational*. Paper presentation at the Association of New American Colleges (ANAC) Summer Institute, Elon University, Elon, NC.
- 2007 Joseph H, Blair D, **Lapp JL**. *Can Dietary Guidelines Reshape the Value and Importance of Food and Diet in Our Lives?* Paper presentation at Agriculture, Food and Human Values Society Annual Meeting Victoria, B.C., Canada.

Invited Professional Presentations

- 2010 **Lapp JL**. *The Real Dirt on Healthy Soil, Food and People*. New York Rural Health Network: Growing Health Conference. Binghamton, NY.
- 2009 **Lapp JL**, Caldwell K. *Linked Courses with a Common Project*. Ithaca College Center for Faculty Excellence, Interdisciplinary Teaching Workshop, *Interdisciplinary Courses: More Than the Sum of Their Parts*. Ithaca College.
- 2004 **Lapp JL**. *Nutrition Education for Diabetes in Cross-cultural Settings*, Diabetes Educator Team Workshop, Providence Hospital, Portland, OR.

Public Presentations (Campus and Community)

- 2011 **Lapp JL**. *Nutrition for Triathlon Training*. Ithaca College Triathlon Club. Ithaca, NY.
- 2010 **Lapp JL**. *Break for Breakfast Presentation – What is the Latest Thinking About Cholesterol Levels, Heart Disease and Lifestyle?* Ithaca College Human Resources Work/Life Program. Ithaca, NY.
- 2010 **Lapp JL**. *Wellness Wednesday Presentation - Plant-Based Eating: What is it? What are the Benefits?* Ithaca College Center for Health Promotion. Ithaca, NY.

- 2009 **Lapp JL.** Finger Lakes Environmental Film Festival (FLEFF) showing of *Food, Inc.*, Panel Member, Ithaca, NY.
- 2009 **Lapp JL.** *Food Allergies.* Ithaca Health Alliance Annual Forum, First Presbyterian Church, Ithaca, NY.
- 2009 **Lapp JL.** *Food, Health, and Longevity.* Ithaca College Administrative Assistants, Annual Education Workshop. Ithaca, NY.
- 2008 **Lapp JL.** *Diet and Disease Prevention.* Lifelong Community Center for Older Adults, Ithaca NY.
- 2008 **Lapp JL.** *Nutrition: Eat Well, Be Well.* Ithaca College Administrative Assistants, Annual Education Workshop. Ithaca, NY.
- 2005 **Lapp JL.** *A Non-Dieting Approach to Weight Management.* Trumansburg Public Library Community Speaker Series, Trumansburg, NY.
- 2004 **Lapp JL.** *Update: Nutritional Management of Type-2 Diabetes.* Milwaukie Diabetes Support Coalition, Milwaukie, OR.
- 2002 **Lapp JL, Seibert K.** *Evidence of the Role of Diet and Nutrition in Cancer Prevention.* Pulse of Portland: Portland Cable Access Television, Portland, OR.

Journal and Book Manuscript Reviewing

- 2011 Manuscript Reviewer, Scrinis G. *Nutritionism.* For Columbia University Press.
- 2010 Crowley L. *Introduction to Human Disease: Pathology, Pathophysiology and Correlations. 9th Edition.* New York, New York: Jones and Bartlett.
- 2007-current *Journal of Nutrition Education and Behavior*
- 2009-current *Journal of Qualitative Health Research*

Honors, Awards and Grants

- 2010-2012 Ithaca College IC2 Integrative Curriculum Initiative for Food and Society Interdisciplinary Course Project.
- 2011 Groundswell Center for Local Food and Farming Volunteer Spotlight Recognition.
- 2008 *The Ecology of Regional Cuisines and Flavor Principles: Taste, Culture and Meaning.* Ithaca College Provost's Office, Academic Project Grant in Support of Classroom Project.

Service

Ithaca College

2011	Elected Member, Ithaca College Faculty Council.
2011	Poster Session Moderator, National Collegiate Undergraduate Research (NCUR) Conference, Ithaca College.
2011	Member, Ithaca College Premedical Sciences Advisory Committee.
2011	Member, Ithaca College Faculty Development Committee.
2009-2011	Member, Personnel Committee, Department of Health Promotion and Physical Education, Ithaca College.
2009-2011	Nutrition Faculty Student Advisor, Ithaca College Wellness Center Nutrition Education Student Interns.
2009-2010	Member, Curriculum Committee, Department of Health Promotion and Physical Education, Ithaca College.
2006-2010	Faculty Advisor, Ithaca College Nutrition Club.
2007-2009	Member, College Health Promotion Committee, Ithaca College
2008/2009	Member, Faculty Search Committee, Department of Health Promotion and Physical Education, Ithaca College.
2008	Member, College First Year Reading Initiative Selection Committee, Ithaca College

Nutrition Profession (National)

2011	Chair Elect, Sustainable Food Systems Division, Society for Nutrition Education (SNE).
2010	Reviewer, Conference Session Proposals for SNE Annual Conference. July, 2011.
2009-current	Member, Advisory Committee on Policy and Procedure (ACPP), Society for Nutrition Education (SNE).
2009	<ul style="list-style-type: none">▪ Chair, Food and Activity Environment Sub-Committee
2009	<ul style="list-style-type: none">▪ Co-Chair, Dietary Guidelines Sub-Committee
2005-2008	<ul style="list-style-type: none">▪ Member, Food and Activity Environment Sub-Committee

Ithaca Community

2011	Member, Northside Food Project Working Group, Tompkins County Cornell Cooperative Extension Ithaca, NY.
------	---

- 2009 –current Member, Advisory Committee, Groundswell Center for Local Food and Farming, Ithaca, NY.
- 2010-2011 • Co-Developer/Educator, Groundswell Summer Practicum in Sustainable Food and Agriculture (2010-2011)
- 2007 - current Member, Health Education Committee, Ithaca Health Alliance, Ithaca, NY.
- 2006 – 2008, Current Member, Nutrition Program Planning Committee, Tompkins County Cornell Cooperative Extension Service, Ithaca, NY.

Current Professional Memberships

- Society for Nutrition Education (SNE)
- American Dietetics Association (ADA)
- Association for the Study of Food and Society (ASFS)
- Agriculture, Food and Human Values Society (AFHV)