

Vita

Michael L. Matheny, MS, ATC

Home: 99 Autumn Ridge Circle
Ithaca, NY 14850
(607) 256-7247

Office: Hill Center
Ithaca College
Ithaca, NY 14850
(607) 274-1268
matheny@ithaca.edu

Present Position: Clinical Associate Professor/Head Athletic Trainer, Ithaca College

Professional University of Arizona 1982-83
Preparation: MS in physical education with emphasis in athletic training

West Virginia University 1977-82
BS in physical education with minors in athletic training and english

Professional Head Athletic Trainer/Clinical Assistant Professor, Ithaca College, Ithaca, NY
Experience: 1994-2001

Head Athletic Trainer/Professional Staff, Ithaca College, Ithaca, NY, 1989-94

Athletic Trainer/Professional Staff, Ithaca College, Ithaca, NY, 1987-89

Assistant Athletic Trainer /Lecturer, West Virginia University, Morgantown, WV
1986-87

Head Athletic Trainer/Teacher, Brophy College Preparatory, Phoenix, AZ
1984-86

Athletic Trainer, Physician's Physical Therapy Service/Brophy College Preparatory,
Phoenix, AZ 1983-84

Head Athletic Trainer, Cholla High School, Tucson, AZ
1982-83

College Teaching Clinical Experience in Athletic Training I, spring, 2001, 2004-09
Experience:

Seminar in Athletic Training, spring, 2000

Seminar in Athletic Training, spring, 1996 and 1997 (team taught)

Advanced Prevention and Care of Athletic Injuries, 1987-present

Athletic Training Techniques I, Fall, 1992-93

Human Anatomy, fall, 1991 and 1996 (team taught)

Human Anatomy Lab, fall, 1991 (team taught)

Gross Anatomy, spring, 1987 (team taught)

Sports Injury Control and Management, 1986-1987

Orthopedic Assessment, summer, 1987

Therapeutic Modalities, fall, 1986 (team taught)

Orthopedic Assessment, fall, 1986 (team taught)

Publications:

Matheny, M. and Getzin, A. (2008). Retroperitoneal Hematoma Secondary to Iliac Crest Contusion in a Football Player. Athletic Therapy Today. 13 (2): 8-10.

Matheny, M. (2001). Radial and ulnar fracture in a college football player. Current Topics in Musculoskeletal Medicine - A Case Study Approach, Slack Incorporated, Thorofare, NJ. 137-140.

Matheny, M., Greene, B., & Costello, L. (2001). Acute, traumatic rupture of the PCL, ACL and MCL with patellar dislocation. Athletic Therapy Today. 6 (3): 52-54.

Matheny, M. (2000). Planning ahead. Training & Conditioning. X (5): 4.

Matheny, M. (1999). Everything to everyone? (letter to the editor) Journal of Athletic Training. 34 (1): 2.

Fisher, C., Scriber, K., Matheny, M., Alderman, M., & Bitting, L. (1993). Enhancing athletic injury rehabilitation adherence. Journal of Athletic Training. 28 (4): 312-318.

Matheny, M., Scriber, K., & Sereno, M. (1991). Watching your waste. College Athletic Management. 3 (2): 27-29. Also reprinted at publisher's request in Training & Conditioning. 2 (3): 11-13.

Scriber, K., & Matheny, M. (1990). Knee injuries in college football: an 18-year report. Athletic Training, Journal of the NATA. 25 (3): 233-236.

Refereed
Presentations:

Staurowsky, E., Scriber, K., Alderman, M., Bitting, L., Matheny, M., & Trowbridge, C. An analysis of athletic trainers' worklives: a preliminary investigation. (poster presentation) Eastern Athletic Trainers Association Annual Convention, Boston, MA, January, 1997.

Scriber, K., & Matheny, M. College football knee injuries: a twenty-two year report. (poster presentation) Eastern Athletic Trainers Association Annual Convention, Philadelphia, PA, January, 1995.

Scriber, K., & Matheny, M. Knee injuries in college football: an 18 year report. (poster presentation) National Athletic Trainers Association Annual Symposium, Indianapolis, IN, June, 1990.

Professional
Presentations:

"Perspectives on the Impact of Education Reform in Athletic Training" Round Table Discussion, New York State Athletic Trainers' Association Conference, Rochester, NY, June, 2005

"Athletic Coverage in the Age of Education Reform," National Athletic Trainers Association Annual Clinical Symposium, Baltimore, MD, June, 2004

"Health and Fitness" and "Bicycle Injuries and First Aid," Basic Law Enforcement Bicycle Patrol Course, Ithaca College, June, 1996

"Splinting and Taping," co-presenter, Highland Family Practice Residents program, Highland Hospital, Rochester, NY, November 2 & 9, 1995

"Issues in New York State," panelist, New York State Athletic Trainers Association/Empire State Games Medical Symposium, Syracuse, NY, August 2, 1994

"Nutrition and Fitness," Finger Lakes Police Mountain Bike Association Workshop, Ithaca College, June 15, 1994

"Common Injuries and Their Prevention," Ithaca College/American College of Sports Medicine Health/Fitness Instructor Workshop, August 5, 1992

"Rehabilitation of Traumatic Acromioclavicular Injuries," Empire State Games Medical Symposium, August 1, 1989

Textbook Review:

Roy, S., & Irvin, R. Sports Medicine: Prevention, Evaluation, Management, and Rehabilitation. New Jersey: Prentice-Hall.

Manuscript
Review:

Liver Laceration in a Collegiate Football Player, Athletic Therapy Today, November, 2008

Professional
Service:

Member, New York State Athletic Trainers Association Thomas J. Sheehan Sr.
Committee, 2000-present

Past - President, New York State Athletic Trainer's Association, 1996-1998

President, New York State Athletic Trainer's Association, 1994-1996

Member, National Athletic Trainers Association District II Executive Council, 1994-1996

President - elect, New York State Athletic Trainers Association, 1992-94

Volunteer Athletic Trainer - Empire State Games, 1992-95

New York State Athletic Trainers Association Fund Raising Committee, 1993-98

New York State Athletic Trainers Association Scholarships Committee, 1991-93

Chair, New York State Athletic Trainers Association Scholarships Committee, 1989-91

College Service:

Ithaca College Planning and Priorities Committee, 2008 - present

Ithaca College Leadership Scholarship Review Committee, 2008 - present

Chair, ESS Budget and Resource Committee, 2006-present

Chair, Clinical Faculty/Athletic Trainer Search Committees (2), spring, 2006

ESS Budget and Resource Committee, 2005

Chair, ATEP Program Director/Assistant Professor Search Committee, spring, 2005

Chair, Clinical Faculty/Athletic Trainer Search Committee, spring, 2004

Chair, Department of Exercise and Sport Sciences Personnel Committee, fall, 2002

Department of Exercise and Sport Sciences Personnel Committee, 2001- 2005

Chair, Clinical Faculty/Athletic Trainer Search Committee, spring, 2001

Head Women's Basketball Coach Search Committee, spring, 1999

School of Health Science and Human Performance Personnel Committee, 1996-2000

Clinical Instructor/Athletic Trainer Search Committee, spring, 1996

School of Health Science and Human Performance Ad Hoc Governance Committee, 1995-96

Biomechanist Search Committee, spring, 1994

Co-Chair, Department of Exercise and Sport Sciences Personnel Committee, 1993-94

Professional Staff/Clinical Exercise Specialist Search Committee, spring, 1993

Athletic Trainer Search Committees, spring, 1992; fall, 1991; spring, 1990; Spring 1989

Team Physician Search Committee, spring 1991

Community
Service:

Ithaca Swim Club Board of Directors, 2008 - present

Ithaca YMCA Tri-for-the-Y Triathlon Committee, 2007

Certifications:

National Athletic Trainers Association Board of Certification - 1983 - present

Eastern Athletic Trainers Association - certified member

New York State Athletic Trainers Association - certified member

New York State Department of Education Athletic Trainer certification – current

American Red Cross certification – CPR for the Professional Rescuer - current

Honors and
Awards:

Athletic Trainer Service Award, National Athletic Trainers' Association, July 1, 2000

Thomas J. Sheehan Sr. Award for outstanding service to the athletic training profession, New York State Athletic Trainers Association, January 11, 1998

Head Athletic Trainer, Arizona Coaches Association North-South All-Star Football Game, July 28 - August 3, 1985

1982 Outstanding Male Graduate Award, West Virginia University School of Physical Education

Magna Cum Laude, West Virginia University, 1982

1981 Sayers J. "Bud" Miller Scholarship Award, National Athletic Trainers' Association

Professional Meetings Attended:

- 2006 University of Vermont Sports Medicine Conference, Burlington, VT
- 2005 NATA Annual Symposium, Indianapolis, IN
- 2004 NATA Annual Symposium, Baltimore, MD
- 2003 NATA Annual Symposium, St. Louis, MO
- 2002 EATA Annual Convention, Boston, MA
- 2001 EATA Annual Convention, Providence, RI
- 2000 NATA Annual Symposium, Nashville, TN
- 2000 EATA Annual Convention, Philadelphia, PA
- 1999 EATA Annual Convention, Philadelphia, PA
- 1998 NATA Annual Symposium, Baltimore, MD
- 1998 EATA Annual Convention, Buffalo, NY
- 1997 EATA Annual Convention, Boston, MA
- 1996 NATA Annual Symposium, Orlando, FL
- 1996 EATA Annual Convention, Boston, MA
- 1995 ESG/NYSATA Sports Medicine Symposium, Ithaca, NY
- 1995 EATA Annual Convention, Philadelphia, PA
- 1994 ESG/NYSATA Sports Medicine Symposium, Syracuse, NY
- 1994 NATA Annual Symposium, Dallas, TX
- 1994 EATA Annual Convention, Philadelphia, PA
- 1993 NATA Annual Symposium, Kansas City, MO
- 1993 EATA Annual Convention, Boston, MA
- 1992 ESG/NYSATA Sports Medicine Symposium, Albany, NY
- 1992 EATA Annual Convention, Boston, MA
- 1991 EATA Annual Convention, Monticello, NY
- 1990 NATA Annual Symposium, Indianapolis, IN
- 1990 EATA Annual Convention, Monticello, NY
- 1989 ESG/NYSATA Sports Medicine Symposium, Ithaca, NY
- 1989 NATA Annual Symposium, Dallas, TX
- 1989 EATA Annual Convention, Monticello, NY
- 1987 NATA Annual Symposium, Columbus, OH
- 1986 NATA Annual Symposium, Las Vegas, NV
- 1985 NATA Annual Symposium, San Antonio, TX
- 1984 NATA Annual Symposium, Nashville, TN
- 1983 NATA Annual Symposium, Denver, CO
- 1982 Cleveland Clinic Sports Medicine Conference, Cleveland, OH
- 1981 NATA Annual Symposium, Fort Worth, TX

Interests: cycling, running, cross-country skiing, hiking, health and wellness, reading