

# Janice Elich Monroe, Ph.D., CTRS

## Curriculum Vita

Ithaca College  
Department of Recreation and Leisure Studies  
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### EDUCATION

- 1976 B.S. University of Southern Colorado - Pueblo  
Major: Recreation  
Specialization: Outdoor Biology and Public Relations
- 1981 M.S. University of Illinois – Champaign-Urbana  
Major: Leisure Studies/Therapeutic Recreation  
Minor: Education Psychology
- 1991 Ph.D. Old Dominion University – Norfolk, Virginia  
Major: Urban Services/Education Administration  
Minor: Human Resource Development
- Dissertation: Characteristics of Families and Home Environments that Facilitate the Successful Transition of Children into a Formal School Environment

### PROFESSIONAL EXPERIENCE

- May 2010 – Present **Faculty Development Coordinator  
Ithaca College**
- February 1999 - Present **Associate Professor/Coordinator of the Therapeutic Recreation Major.** Department of Recreation and Leisure Studies, Ithaca College. Coordinate Therapeutic Recreation Major, instruct therapeutic recreation and recreation core courses, advise therapeutic recreation majors, internship coordination and supervision, clinical supervisor for the Center for Life Skills at Longview, Rho Phi Lambda Faculty Sponsor, college, school and departmental committee work.

- August 1992 – February 1999      **Assistant Professor/Coordinator of the Therapeutic Recreation Major.** Responsibilities as listed above.
- August 1985 - August 1992      **Assistant Professor.** Department of H.P.E.R. Recreation and Leisure Studies Program, Old Dominion University, Norfolk, Virginia. Instructed therapeutic recreation and recreation core courses. Advised therapeutic recreation majors and supervised student internships. Developed Therapeutic Recreation Major, department, school and university committee work.
- September 1981 - August 1985      **Unit Coordinator: Child and Young Adolescent Services.** Portsmouth Psychiatric Center, Portsmouth, Virginia. Supervised Therapeutic Recreation Specialists; planned, implemented and evaluated therapeutic recreation programs; completed administrative duties such as personnel evaluation, budgeting, quality assurance; administered client assessment and developed treatment plans.
- January 1983 - April 1983      **Part Time Instructor: Recreation and Leisure Studies.** Old Dominion University - Department of H.P.E.R. Recreation and Leisure Studies Program, Norfolk, Virginia. Instructed Introduction to Therapeutic Recreation Course, RLS 261.
- August 1979 - August 1981      **Graduate Teaching Assistant.** University of Illinois, Leisure Studies Program, Champaign-Urbana, Illinois. Supervised leisure studies fieldwork students, developed national job market, and published statewide job opportunities bulletin
- April, 1976 - July, 1979      **Recreation Therapist.** Colorado State Hospital, Children's Treatment Center, Pueblo, Colorado. Performed all duties associated with being a Recreational Therapist in a children's hospital including programming planning and evaluation, client assessment, treatment plan development and quality assurance.

## HONORS AND AWARDS

- May 2010      *Dean's Merit Award for Excellence in Service, School of Health Sciences and Human Performance, Ithaca College*
- May 2008      *Dean's Merit Award Excellence and Innovation in Teaching, School of Health Sciences and Human Performance, Ithaca College*

Fall 2002 – date	<i>Gerontology Institute Fellow, Ithaca College Gerontology Institute</i>
May 2004	<i>Excellence in Service Award, Ithaca College</i>
March 2002	<i>Dean’s Merit Award for Excellence in the Area of Service, School of Health Sciences and Human Performance, Ithaca College</i>
May 2001	<i>Dean’s Merit Award for Interdisciplinary Initiatives, School of Health Sciences and Human Performance, Ithaca College, for contributions on the Interdisciplinary Clinical Coordinator’s Committee</i>
April 2000	<i>Distinguished Service Award, New York State Therapeutic Recreation Association for scholarly and service contributions to the Therapeutic Recreation Profession</i>
May 1999	<i>Dean’s Merit Award for Interdisciplinary Initiatives, School of Health Sciences and Human Performance, Ithaca College</i>
Fiscal Year 1999	<i>Certificate of Achievement, Quentin N. Burdock Rural Health Interdisciplinary Program for persistence in grant proposal writing</i>
Spring 1998	<i>Most Positive Impact on a Student Recognition, Ithaca Opportunity Program, Ithaca College. Nominated by Therapeutic Recreation Major Kameil Grant.</i>
Spring 1992	<i>Outstanding Dissertation Award, Virginia Tech School of Education, Radford, Virginia for dissertation entitled, “Characteristics of Families and Home Environments that Facilitate the Successful Adaptation of Children into a Formal School Environment”</i>
February 1991	<i>Virginia Recreation Educator of the Year Award, Southern District of the American Alliance of Health, Physical Education, Recreation, and Dance</i>

### **PROFESSIONAL CERTIFICATIONS**

1978 - date	<i>Certified Therapeutic Recreation Specialist</i> National Council on Therapeutic Recreation
September 2003	<i>Dementia Practice Guideline for Recreational Therapists Competency Training Program</i> American Therapeutic Recreation Association

## PROFESSIONAL MEMBERSHIPS

1976 – date	National Recreation and Parks Association
1983 – date	American Therapeutic Recreation Association National Therapeutic Recreation Society
1992 – date	New York State Parks and Recreation Society
1993 – date	New York State Therapeutic Recreation Association

## SCHOLARSHIP

### Refereed Publications

- Krout, J. A., Bergman, E. Bianconi, P. Caldwell, K. Dorsey, J. Durnford, S. Erickson, M. A., Lapp, J., Elich Monroe, J., Pogorzala, C. & Taves, J. V. (2010). Intergenerational learning with elders: Multidisciplinary activities and outcomes. *Gerontology & Geriatrics Education*, 31: 55-74, Routledge: Taylor and Francis.
- Elich Monroe, J., Durnford, S., Cozzolino, M., Buckley, E. & Gooch, C. (2008). The Center for Life Skills: An interdisciplinary learning laboratory for allied health students. *American Journal of Recreational Therapy*, 7,(2), 17-18.
- Meneses, C., & Elich Monroe, J. (2007). Health inequities in long-term care: Through the eyes of the consumer. *American Journal of Recreational Therapy*, 6(3), 20-26.
- Elich Monroe, J., Buckley, E. L., Durnford, S., Gooch, C., Cozzolino, M. (2006). Interdisciplinary pre-service program outcomes using the "Stroke Impact Scale." *Abstracts from the 2006 American Therapeutic Recreation Association Research Institute*, 73-77.
- Elich Monroe, J., & Connolly, P. (1997-98). Responsive curriculum development in therapeutic recreation: One approach to comprehensive curriculum design. *Annual in Therapeutic Recreation*, 7, 64-73.
- Elich Monroe, J. (1995). Developing cultural awareness through play. *Journal of Physical Education, Recreation and Dance, Leisure Today Supplement*, 66(8), 24-27.
- Elich Monroe, J., & Tonelson, S.W. (1993). Family characteristics congruent with school success in young urban children. *Journal of Research in Education*, 3(1), 16-21.
- Elich Monroe, J. (1993). The magical qualities of play as a therapeutic intervention. *Abstracts from the 1993 American Therapeutic Recreation Association Annual Conference*, 29.
- Colston, L.G., & Elich Monroe, J. (1992). Urban Recreation and the "Fourth Grade" syndrome: An examination of the relationship between patterns of play behavior and cognitive learning development in African-American boys grades 3-5. *Abstracts from the Leisure Research Symposium*, National Recreation and Parks Society.

Elich Monroe, J. (1991). Exploring the relationship between social capital and family leisure involvement. *Abstracts from the Leisure Research Symposium Abstracts*, National Recreation and Parks Society.

Elich Monroe, J. (1989). Family Leisure: A Cooperative effort between parents, special educators, and community therapeutic recreation specialists. *Family Recreation Manual, Visions in Leisure and Business (International)*.

Elich Monroe, J. (1987). Family leisure programming. *Therapeutic Recreation Journal*, XXI, 44-51.

Elich Monroe, J. (1982). Self-concept: It's effects on mental health and the role of therapeutic recreation in developing it. *Expanding Horizons*, X, 171-182.

## **Grant Involvement**

### Federal Grants

February 2002 Curriculum Coordinator/Project Advisory Committee Member/Therapeutic Recreation Coordinator. The Department of Health and Human Services, Health Resources Administration Grant, Center for Life Skills, Three-year grant funded, \$259,238.00.

February 1999 Curriculum Coordinator. Department of Health and Human Services, Allied Health Geriatric Interdisciplinary Team Training, three year grant, funded \$293,873.

February 1998 Project Co-Director. United States Health Resources and Policies Administration, Allied Health Project Grant, ITHACA: Interdisciplinary Training for Health and Aging Through Clinical Assessment, three year proposal submitted, approved, not funded, \$606,373.

Fall 1997 Program Consultant/Evaluator. United States Department of Education, Projects for Initiating Recreational Programs for Individuals with Disabilities Greenworks Horticulture Therapy Project with the Ithaca Youth Bureau, not funded.

December 1995 Project Director. U.S. Department of Health and Human Services, Interdisciplinary Training for Health Care for Rural Areas Grant, ITHACA - Interdisciplinary Training for Health and Aging through Clinical Assessment, not funded, \$473,288.

December 1995 U.S. Department of Health and Human Services Training Grant Interdisciplinary Training for Health Care in Rural New York, approved, not funded, \$392,654.

## External Grants

- Spring 1998 Project Implementer. Task Force for Tobacco Free Women and Girls and the Seven Lakes Girls Scout Council Troop 1107.
- May-September 1991 Co-investigator, Tonelson Teaching and Learning Center, A Pilot Study on the Relationship Between Patterns of Play Behavior and Cognitive Learning Development in Urban Boys Grades 3-5.
- 1995 Consultant , Federal Assistance Program, "Adolescent Family Life Demonstration Project", Title XX in conjunction with Mary Pelham of The Planning Council of Norfolk,. Not funded.

## Internal Grants

- July 2009 Instructional Development Fund Intersidciplinar Grant, Explornig Alternatives to International Study, \$2,280, July 2009.
- Summer 2009 Gerontology Service Learning Grant, Gerontology Institute, Ithaca College, \$1000.
- Summer 2007 Service Learning Grant, Gerontology Institute, Ithaca College, \$1000.
- August 2006 Instructional Development Fund Grant, "International Summer School at HAMK University", \$1,900.
- Febuary 2006 Ithaca College Gerontology Institute Small Grant, "Course Development for Center for Life Skills and Sharing AHGITT Workshop, \$600.00.
- May 2005 Instructional Development Fund Grant, Therapeutic Recreation Educator's Conference -TREC 2005, \$1,269.
- October 2003 Provost's Grant, Therapeutic Recreation Student Presentations, American Therapeutic Recreation Association Annual Conference, Atlanta, Georgia.
- Fall 2002 Center for Faculty Research and Development, "Release Time: Clinical Supervisor for Therapeutic Recreation at the Center for Life Skills".
- February 2000 Faculty Research and Development Grant, "A study to determine the similarities and difference between internship requirements, expectations, and evaluation of practice competencies of therapeutic recreation practitioners and educators, \$250.
- Fall 1995 Release time to research and develop the Therapeutic Recreation Major.
- Summer 1995 Geriatric Assessment Grant, Ithaca College Gerontology Institute, Interdisciplinary Interventions for Rural Geriatrics.

September 1993      Lodestar Grant for Interdisciplinary Funding, Preparing Future Health Science Professionals for Multidisciplinary Interaction

**Scholarly Activities**

- 2008-2009      Development and dissemination of the American Therapeutic Recreation Association's Leadership Training Orientation and accompanying CD.
- 2006 - date      Editorial Board: Journal of Gerontology & Geriatrics Education
- 2007 – date      Manuscript Reviewer: Journal of Recreational Therapy
- 2002 - 2008      Associate Editor: Therapeutic Recreation Journal
- 2007-2008      Associate Editor: Annual in Therapeutic Recreation
- Spring 2007      Sabbatical Leave: Scholarship in the area of interdisciplinary collaboration, diversity, and character development
- 2006-2007      Chair, TReEducation 2012 Competency Work Group: National effort to align therapeutic recreation curriculum across the United States. The committee met for approximately one year to develop curricular standards.
- 2006      Textbook review of Chapters 4, 5 & 9 of Stumbo, N. & Peterson, C. Therapeutic Recreation Program Design: Principles and Procedures. San Francisco: Benjamin Cummings.
- 2001-2003      State Recognition Project, Steering Committee: Joint task force between the American Therapeutic Recreation Association, National Therapeutic Recreation Society, and the National Council For Therapeutic Recreation Certification. Developed consensus paper delineating common language to achieve state recognition for therapeutic recreation.
- 2003      Dissemination of Center for Life Skills Training Grant Materials: The Center for Life Skills: A resource manual for interdisciplinary allied health professional education.
- 2001      Dissemination of Allied Health Geriatric Interdisciplinary Team Training Grant Materials: Rural Health Interdisciplinary Team Training Workshops
- Interdisciplinary Collaboration
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| Fingerlakes Health: Geneva, New York                     | 12/11/01 |
| Northwoods of Cortland: Cortland, New York               | 9/12/01  |
| The Four Agreements: Managing Interdisciplinary Conflict |          |
| St. Joseph's Hospital: Elmira, New York                  | 10/22/01 |
| Rural Gerontology  |          |
| Northwoods of Cortland: Cortland, New York               | 9/19/01  |
| Saratoga Hospital & Nursing Home: Saratoga, New York     | 10/16/01 |
| Northwoods at Troy: Troy, New York                       | 10/16/01 |

2001 - 2002 Associate Editor: Annual in Therapeutic Recreation

Various Manuscript Reviewer: Therapeutic Recreation Journal, Journal of the Academy of Parks and Recreation Administration, Scholix: A journal of Leisure Studies and Recreation Education, Aspen Publishing , Brown & Benchmark.

### **Refereed Professional Presentations**

Elich Monroe, J. *The Role of Recreational Therapy in Developing Social Capital*, New York State Therapeutic Recreation Association 15<sup>th</sup> Annual Conference, March 21, 2010, Saratoga Springs, New York

Monroe, J. & Sedletzeck, H. *ATRA: Team Leader and Network Coordinator Orientation*. American Therapeutic Recreation Association Annual Conference, October 4, 2009, Minneapolis, Minnesota.

Monroe, J. *Utilizing Community Service Projects as a Recreational Therapy Intervention*. American Therapeutic Recreation Association Annual Conference, October 5, 2009, Minneapolis, Minnesota.

Elich Monroe, J. *Utilizing Community Projects as a Recreational Therapy Intervention*. New York State Therapeutic Recreation Association Annual Conference, March 29, 2009. Saratoga Springs, New York.

Elich Monroe, J. *Civic Engagement through Membership in Professional Organizations*. American Therapeutic Recreation Association Annual Conference, October 1, 2008, Reno, Nevada.

Elich Monroe, J. *Civic Engagement through Membership in Professional Organizations*. New York State Therapeutic Recreation Association Annual Conference, April 8, 2008, Saratoga Springs, New York.

Elich Monroe, J., Porgorzala, J., Partello, C. *The Center for Life Skills: An Interdisciplinary Student Learning Lab for Individuals Who Have Experienced Stroke*. New York State Therapeutic Recreation Association Annual Conference, April 6, 2008, Saratoga Springs, New York.

Kimball, K. & Elich Monroe, J. *Mental Illness: Reducing the Stigma and Using recreation for Treatment Purposes*'. New York State Therapeutic Recreation Association Annual Conference, March 27, 2008, Saratoga Springs, New York.

Cozzolino, M., Buckley, E., Monroe, J., Gooch, C., & Durnford, S. *Interdisciplinary Pre-Service Program Use of the Stroke Impact Scale: Program Outcomes*. American Occupational Therapy Association Conference, April 20-23, 2007, St. Louis, Missouri.

- Gooch, C., Elich Monroe, J. Buckley, E. L., Durnford, S., Cozzolino, M. *Interdisciplinary Pre-Service Program Outcomes Using the Stroke Impact Scale*. Association of Schools of Allied Health Professions Annual Conference Poster Presentation, October 18, 2006, Chicago, Illinois.
- Aho, J. & Elich Monroe, J. *International Institute: Globalization of Recreational Therapy*. American Therapeutic Recreation Association Annual Conference, September 17, 2006, Orlando, Florida.
- Monroe, J. Buckley, E. L., Durnford, S., Gooch, C., & Cozzolino, M. *Interdisciplinary Pre-Service Program Outcomes Using the Stroke Impact Scale*. American Therapeutic Recreation Association Research Symposium, September 14 & 15, 2006, Orlando, Florida.
- Monroe, J. *Free-Time Freedom: Therapeutic Recreation Strategies for Developing Independent Leisure Functioning*. New York State Therapeutic Recreation Association Multi-day Conference, March 26, 2006, Saratoga Springs, New York.
- Durnford, S. Buckley, E., Cozzolino, M., Gooch, C., Terdowski, D., and Elich Monroe, J. *Interdisciplinary Pre-Service Program Use of the Stroke Impact Scale*, American Speech and Hearing Association, November 20, 2005, San Diego, California.
- Meneses-Diaz, C. & Elich Monroe, J. *Ending Health Inequities: It's All About You*. Pre-Conference Institute. New York State Therapeutic Recreation Association Annual Conference, April 9, 2005, Kerhonkson, New York.
- Elich Monroe, J., Silver, D. & Humphrey, B., Reed, J. *Mentoring: Bridging the Gap between Education, Clinical Practice, and Professional Development*. New York State Therapeutic Recreation Association Annual Conference, April 11, 2005, Kerhonkson, New York.
- Elich Monroe, J., Silver, D. & Humphrey, B. *Mentoring: Bridging the Gap between Education, Clinical Practice, and Professional Development*. American Therapeutic Recreation Association Annual Conference, October 2, 2004, Kansas City, Missouri.
- Elich Monroe, J., Silver, D. *Professional Development Through Mentoring: An Interdisciplinary Approach*. New York State Therapeutic Recreation Association Annual Conference, April 16, 2004, Albany, New York.
- Elich Monroe, J. & Humphrey, B. *Professional Development Through Mentoring: An Interdisciplinary Perspective*. American Therapeutic Recreation Association Annual Conference, September 13, 2003, Atlanta, Georgia.
- Elich Monroe, J., Fisher, S., & Silver, D. *The Center for Life Skills: An Interdisciplinary Team Experience*. American Therapeutic Recreation Association Annual Conference, September 14, 2003, Atlanta, Georgia.
- Elich Monroe, J. & Humphrey, B. *An Interdisciplinary Web-Based Interactive Learning Module*. New York State Therapeutic Recreation Association Annual Conference, April 6, 2003, Westchester, NY.

- Elich Monroe, J. Humphrey, B. *An Interdisciplinary Web-Based Interactive Learning Module*. New York State Therapeutic Recreation Association Annual Conference, April 6, 2003, Westchester, New York.
- Elich Monroe, J. *Professionalism 2003: Raising the Bar*. New York State Therapeutic Recreation Association Annual Conference, April 8, 2003, Westchester, New York.
- Elich Monroe, J., Cozzolino, M., Durnford, S., Nalette, E. *Allied Health: How Can a Team Approach Help*. Fingerlakes Geriatric Education Center, Ithaca College, February 26, 2003, Ithaca, New York.
- Mayberry, P., Dauebauer, J., Gebell, E., & Elich Monroe, J. *A Web-Based Learning Module to Facilitate an Understanding of Rural Gerontology and Interdisciplinary Team Intervention*. Leveraging Resources to Educate Professionals, Students, and the Community: Experiences from the Finger Lakes Geriatric Education Center, State Society on Aging of New York, October 31, 2002, Albany, New York.
- Elich Monroe, J. & West, R. *Professionalism: Raising the Bar*. American Therapeutic Recreation Association 2002 Annual Conference, September 22, 2002, Keystone, Colorado.
- Elich Monroe, J. & Connolly, P. *Developing a Therapeutic Recreation Internship Program: Clinical Factors Affecting Supervision*, New York State Therapeutic Recreation Association Multi-Day Conference, April 22, 2002, Saratoga Springs, New York.
- Elich Monroe, J. *The Four Agreements: Strategies for Managing Conflicts, Enhancing Collaboration, and Improving Therapist/Client Relationship*. New York State Therapeutic Recreation Association Multi-Day Conference, April 21, 2002, Saratoga Springs, New York.
- Monroe, J., & Brown, R., Cozzolino, M., Durnford, S., & Gooch, C. *An Interdisciplinary Center for Chronic Stroke Clients and Student Training*. Resource Exchange, Association for Gerontology in Higher Education, March 1, 2002, Pittsburgh, Pennsylvania.
- Monroe, J. & Decker, C. *Developing a Culture of Interdisciplinary Collaboration*. Resource Exchange, Association for Gerontology in Higher Education, March 1, 2002, Pittsburgh, Pennsylvania.
- Elich Monroe, J. *Developing a Therapeutic Recreation Internship Program: Clinical Factors Affecting Supervision*. National Therapeutic Recreation Society Institute, National Parks and Recreation Association Annual Congress, October 5, 2001, Denver, Colorado.
- Elich Monroe, J. & Connolly, P. *Developing a Therapeutic Recreation Internship Program: Clinical Factors Affecting Supervision*. American Therapeutic Recreation Association Annual Conference, New Orleans, Louisiana, September 2, 2001.
- Elich Monroe, J. & Navar, N. *The Neglected Art of Clinical Supervision for the Experienced Therapeutic Recreation Specialist*. American Therapeutic Recreation Association, Pre-conference Institute at the Annual Conference, September 8, 2000, Cincinnati, Ohio.

- Elich Monroe, J. *Marketing Therapeutic Recreation Through Interdisciplinary Collaboration*. American Therapeutic Recreation Association Annual Conference, September 10, 2000, Cincinnati, Ohio.
- Elich Monroe, J. *Linkages: Understanding the "Culture" of Recreation Therapy*. New York State Therapeutic Recreation Society Annual Conference, April 25, 2000, Suffern, New York.
- Elich Monroe, J. & Murray, S. *Supervising Interns: Fostering Mutual Growth*. New York State Recreation and Park Society Annual Conference, March 8, 1999, Rochester, New York.
- Elich Monroe, J. *Linkages: Understanding the "Culture" of Recreation Therapy*. New York State Recreation and Park Society Therapeutic Recreation Forum, November 15, 1998, Syracuse, New York.
- Elich Monroe, J. *Linkages: Understanding the "Culture" of Recreation Therapy*. American Therapeutic Recreation Association Annual Conference, September 11, 1998, Boston, Massachusetts.
- Elich Monroe, J. *The Magical Qualities of Play as a Therapeutic Intervention*. New York State Therapeutic Recreation Association Multi-Day Conference, April 5, 1998, White Plains, New York.
- Elich Monroe, J. *The Magical Qualities of Play as a Therapeutic Recreation Intervention*. Central New York Recreation and Parks Society Annual Conference, February 13, 1998 Syracuse, New York. (Invited).
- Bonaguro, J. A., Bonaguro, E. W., & Elich Monroe, J. *A logic Model for Interdisciplinary Education: Application for Health Professions*. Association for Schools of Allied Health Professionals, February 18, 1998, Daytona Beach, Florida.
- Elich Monroe, J. *Exploring the Relationship Between the Creative Process & Therapeutic Recreation Outcomes*. American Therapeutic Recreation Association Fall Conference, , September 24, 1997, Nashville, Tennessee.
- Elich Monroe, J. *A Conceptual Model for Facilitating Interdisciplinary Collaboration and Patient Outcomes*. American Therapeutic Recreation Association, Fall Conference, September 19, 1996, San Francisco, California. (Invited).
- Elich Monroe, J. *A Conceptual Model for Facilitating Interdisciplinary Collaboration and Patient Outcomes*. American Therapeutic Recreation Association Professional Issues Mid-Year Forum, March 18, 1996, Little Rock, Arkansas.
- Elich Monroe, J., Brasile, F., Skalko, T., & Wilson, P. *Aligning TR Curriculum With 21st Century Health Care*. American Therapeutic Recreation Association, September 3, 1994, Orlando, Florida.
- Elich Monroe, J. *Preparing Students for Interdisciplinary Treatment Interventions*. American Therapeutic Recreation Association, September 4, 1994, Orlando, Florida.

- Elich Monroe, J. *Experiencing Cultural Awareness through Play*. New York State Recreation and Park Society, April 1994, Ellenville, NY, (Invited).
- Elich Monroe, J. *The Magical Qualities of Play as a Therapeutic Intervention*. American Therapeutic Recreation Association Annual Conference, September, 1993, Towson, Maryland.
- Colston, L. G. and Elich Monroe, J. *Urban Recreation and the "Fourth" Grade" Syndrome: An Examination of the Relationship between Patterns of Play Behavior and Cognitive Learning Development in African-American Boys Grades 3-5*. Leisure Research Symposium, National Recreation and Parks Society, 1992.
- Elich Monroe, J. *Empowering Families through Leisure Experiences: The Role of TR*. American Therapeutic Recreation Association Annual Conference, September 11, 1992, Breckenridge, Colorado.
- Elich Monroe, J. *Exploring the Relationship between Social Capital and Family Leisure Involvement*. Leisure Research Symposium, National Recreation and Parks Society, October 18, 1991.
- Elich Monroe, J. *Exploring the Relationship between Family Leisure Activities and Adaptation to School*. 16th Annual Mid-Eastern Symposium on Therapeutic Recreation, May 17, 1992, Virginia Beach, Virginia.
- Elich Monroe, J. *Assessment of Recreational Skills Needed in the Recreation Department Setting*. 1989-90 American Alliance for Health, Physical Education, Recreation and Dance Annual Conference, March 30, 1990, New Orleans, Louisiana. (Invited panelist and discussant).
- Elich Monroe, J. *Family Leisure: A Cooperative Effort between Parents, Special Educators, and Community Therapeutic Recreation Specialists*. American Association of HPERD National Convention 1989 Family Recreation Programs, Leadership and Direction in a Changing Society Conference sponsored by the American Association for Leisure and Recreation, April 19, 1989.
- Elich Monroe, J. *Families: A Forgotten Resource*. Virginia Association of Health, Physical Education, Recreation, and Dance Annual Conference, December 1987.
- Elich Monroe, J. *The Application of Research Methodologies to Therapeutic Recreation Programs: A Practical Approach*. Trends III Conference, sponsored by the Therapeutic Recreation Section of the Virginia Recreation and Parks Society, February, 1987.
- Elich Monroe, J. *Family Leisure Programming*. 10th Annual Mid-Eastern Symposium on Therapeutic Recreation, Virginia Recreation and Parks Society, May 7-9, 1986.

## **International Presentations**

- Elich Monroe, J. *The Role of Recreational Therapy in Developing Social Capital*. HAMK University International Summer School Workshop, May 10-14, 2010, 8:30-12:00, Hameenlinna, Finland.
- Elich Monroe, J. *Interdisciplinary Collaboration: Strategies for Effective Teamwork*. HAMK University International Summer School Workshop, May 19-23, 2008, 8:30-12:00, Hameenlinna, Finland.
- Elich Monroe, J. *The Center for Life Skills: An Interdisciplinary Service Learning Project*. HAMK University International Summer School Weekend Conference, May 17, 2008, Hameenlinna, Finland.
- Elich Monroe, J. *Client Assessment Planning and Implementation*. Summer School 2007/Wellbeing, HAMK University of Applied Sciences, Hameenlinna, Finland, May 19-20, 2007.
- Elich Monroe, J. *Client Assessment Planning and Implementation*. Wellness Conference, HAMK University, May 19, 2007, Hameenlinna, Finland.
- Elich Monroe, J. *Therapeutic Recreation in the United States*". Culture, Creativity and Wellness Conference, HAMK University, Hameenlinna, Finland, August 12, 2006.
- Elich Monroe, J. *Therapeutic Recreation in the United States*. HAMK University International Summer School, Hameenlinna, Finland, August 14-18, 2006 (One week of 1/2 day classes).
- Elich Monroe, J. *Utilizing Recreation Activities in Treatment*. PLAY Project, San Cristobel, Ecuador, August 9, 1994. Travel funded by the Office of the Provost.
- Elich Monroe, J. *Incorporating the Use of Cultural Arts into the Treatment Process*., Guayaquil, Ecuador, August 2-5, 1994. Travel funded by the Office of the Provost.

## **Non Refereed Publications**

- Elich Monroe, J. *Civic Engagement through Membership in Professional Organizations*, ATRA Webinar, December 6, 2009.
- Elich Monroe, J. (2008). Recreational therapy – Healing body and spirit. *Stroke Connection Magazine, American Stroke Association, 22-23*.
- Elich Monroe, J. (2008). Practitioner educator collaboration, *American Therapeutic Recreation Association Newsletter, 24(2)10*.
- Elich Monroe, J., Gooch, C., Durnford, S., Cozzolino, M., & Buckley, E. (2006, Summer-Fall). Aging briefs: The Center for Life Skills: An interdisciplinary approach. *Ithaca College Gerontology Institute Newsletter, 12, 3*.

- Elich Monroe, J. (2003, Fall). Ve sloji je moc! *NCTRC Newsletter*, 4.
- Elich Monroe, J. (2002, Fall). Raising the bar: Understanding certification titles vs. job titles. *NCTRC Newsletter*, 3.
- Elich Monroe, J. (2002, Fall). NCTRC announces new Executive Director. *NCTRC Newsletter*, 1.
- Elich Monroe, J. (2002). Published Review of the textbook, *Therapeutic Recreation Program Design: Principles and Procedures, Third Edition 2000*. Allyn & Bacon, American Therapeutic Recreation Association Webpage, [www.atra-tr.org/bookreview/index.htm](http://www.atra-tr.org/bookreview/index.htm).
- Elich Monroe, J. (2001, Fall). Raising the bar on the quality of internships. *NCTRC Newsletter*, 1-2.
- Elich Monroe, J. (2001). Continuing education opportunities for internship supervisors. *National Council for Therapeutic Recreation Certification Educator Update*, February, 1-2.
- Elich Monroe, J. (2001, Spring). NCTRC transitions. *NCTRC Newsletter*, 2.
- Elich Monroe, J. (1999, Fall). Standards issues: Study of field placement requirements. *NCTRC Educator's Link*, 1 & 3.
- Elich Monroe, J. (1998, Winter). Ve sloji je moc: In unity there is strength. *Inside New York State Recreation and Park Society*, 35.
- Elich Monroe, J. (1998, Spring). Responding to the needs of student interns. *National Council Therapeutic Recreation Certification Educator's Link*, 2.
- Elich Monroe, J. (1998, Spring). Alternate degree titles. *National Council on Therapeutic Recreation Newsletter*, 4.
- Elich Monroe, J. (1997, June). Culture, play and health care: Understanding diversity. *New York State Therapeutic Recreation Society News*, 4-5.
- Elich Monroe, J. (1997, Fall). A new board members perspective: Educational issues. *National Council on Therapeutic Recreation Newsletter*, 4-5.
- Elich Monroe, J. (1992). Exploring the relationship between social capital and family leisure involvement. *Computerized Tourisothequel*, Centre Des Hautes Estrides Touristiques, France.
- Elich Monroe, J. (1991, March). Update on professions: Therapeutic Recreation. *Age In Action*, 6(1), 4.

## **Non Refereed Professional Presentations**

- September 11, 2007 *Strategic Planning for TR Education 2012 and Beyond*. Competency Work Group, American Therapeutic Recreation Association Annual Conference, Milwaukee, Wisconsin.
- May 12, 2003 *Grant Symposium: Where the money is and how to get it!*. Ithaca College's Academic Funding and Sponsored Programs, Ithaca, New York. (Invited panelist).
- February 7, 2003 *Panel on Internship* with E. Udd, R. Weeks. and V. Wilkens. Central New York Recreation & Parks Society, East Syracuse, New York.
- June 7, 2002. *Clinical Education Models* with R. Brown. Interdisciplinary Workshop, Ithaca College, Ithaca, New York.
- April 5, 2001 *Free Time Freedom: Enhancing Leisure for the Frail Elderly*. Finger Lakes Geriatric Education Center, Lakeside Nursing Facility, Ithaca, New York.
- January 25, 2000 *Fun games for the Whole Family*. Caroline School, Partnership in Teaching Program, Center for Teacher Education, Ithaca College, Ithaca, New York.
- April 11, 1999 *Interdisciplinary Initiatives: Models of Collaboration*. New York State Therapeutic Recreation Association Multi-Day Conference, Suffern, New York.
- December 5, 1999 *Finding Meaning, Purpose and Direction: TR in the Millennium*. New York State Parks and Recreation Society 14th Annual Therapeutic Recreation Forum, Syracuse, New York.
- November 5, 1999 *Aging, Illness and the Quality of Life: A Workshop for Professionals in Aging* with R. Ritter. VA Medical Center, Bath, New York.
- November 15, 1998 *Linkages: Understanding the Culture of Recreation Therapy*. New York State Recreation & Park Society 13th Annual Therapeutic Recreation Forum, Syracuse, New York.
- June 12, 1998 *Creating Supervisory Relationships that Foster Mutual Growth*. Panel Moderator, Ithaca College School of Health Science and Human Performance Professional Courtesies Committee. Southern Tier Wellness Conference for Seniors, Ithaca, New York.
- May 11, 1998 *New Wine in Old Skins Composing the Academic Career: Roles, Risks, and Resources*. Sponsored by the Faculty Development Committee, Provost's Office and the Office of Academic Funding, Ithaca College, Ithaca, New York, (Invited).

- September 18, 1995 *Cultural Implications for Programming* with J. Kennison. New York State Recreation & Park Society Annual Therapeutic Recreation Forum.
- November 7, 1994 *Enhancing Quality of Life through Intergenerational Activities*. Ithaca College Gerontology Institute, Ithaca, New York.
- February 24, 1992 *Controlling Stressors in Your Life*. Office of Personnel Services, Training and Development Program, Old Dominion University, Norfolk, Virginia.
- February 18, 1992 *Careers in Health, Physical Education, Recreation, and Exercise Science*. Rosemont Middle School Career Month Speaker.
- December 7, 1991 *Stress Management for College Students*. Virginia Health, Physical Education, Recreation and Dance, December 7, 1989, Richmond, Virginia.
- August 29, 1991 *The Role of Family leisure in the Treatment of Emotional Disturbances*. Colorado Mental Health Institute, Therapeutic Recreation Department, Pueblo, Colorado.
- January 18, 1990 *Stress Management and Self Concept*. Ladies Philatochos Society of St. Nicholas Green Orthodox Church, Virginia Beach, Virginia.
- October 10, 1990 *Stress Management*. Churchland Challenge, Parkview Christian Church, Portsmouth, Virginia.
- October 4, 1990 *Leisure Life and Living*. Virginia Association of Allied Health Professions Fall Conference, Virginia Beach, Virginia.
- June 5, 1990 *Leisure and Aging*. First Annual Summer Institute on Aging, Virginia Beach, Virginia.
- May 17, 1990 *Stress Management and Self-Concept*. Beth Sholom Sands, Virginia Beach, Virginia
- June 15, 1989 *Stress Management and Motivation*. Newport News Parks and Recreation Department Summer Orientation Program, Newport News, Virginia.
- April 5, 1989 *Relaxation Strategies*. Old Dominion University Disabled Yet orts Club Old Dominion University. Norfolk, Virginia.
- May 9, 1989 "Summer Survival Techniques and Leisure Planning". Prime Time Family Forum, Virginia Beach, Virginia.
- May 10, 1989 *Reducing Summer Stress through Recreation*. Parent Resource Center. Norfolk, Virginia.

- May 11, 1989 *Reducing Summer Stress through Family Leisure Programming.* Norfolk Juvenile Court, Norfolk, Virginia.
- March 13, 1989 *Relaxation and Stress Managemen.* Association for Retarded Citizens: MOMS Program, Tidewater, Virginia.
- February 10, 1989 *The Family That Plays Together Stays Together.* Sixth Annual Norfolk Interagency Conference on Services to Youth, Healing the Wounded Child. Norfolk, Virginia.
- January 25, 1989 *Handling Parental Stress for Parents of Special Children.* Parent Resource Center: Lakewood Education Center, Norfolk, Virginia.
- September 17, 1988 *Relaxation.* Office of Admissions, Tidewater Challenge Workshop, Tidewater, Virginia.
- October 6, 1987 *Developing Therapeutic Recreation Treatment Plans in Compliance with Joint Commission Standards.* Portsmouth Psychiatric Center, Activities Therapy Department, Portsmouth, Virginia.
- June 17, 1987 *Anger: How to Deal with Participants as Well as Your Own.* City of Norfolk, Department of Parks and Recreation, Summer Institute, Norfolk, Virginia.
- December 11, 1987 *Family Leisure Workshop.* Sponsored by Old Dominion University, Community Outreach, Norfolk, Virginia.
- August 5, 1987 *Interventions and Strategies for Working with Children and Adolescents.* Portsmouth Shelter for Battered Women, Portsmouth, Virginia.
- June 15, 1987 *Games Workshop.* City of Chesapeake Parks and Recreation Department, Deep Creek Community Center, Chesapeake, Virginia.

### **Personal Professional Development and Training**

- June 13, 2008 Seven Principles for Supervision: Enhancing Organizational and Individual Effectiveness, , School of Health Sciences and Human Performance, Ithaca College, Ithaca, NY.
- May 19-23, 2008 Finish Health Care, Faculty HAMK University International Summer School Workshop, 1:30-4:30 p.m., Hameenlinna, Finland.
- May 12-16, 2008 Multi-sensory Space Experiences and Body Expressions. Presented by Marja Sirkola and Paivi Veikkola, HAMK University International Summer School Workshop, 8:30-12:00, Hameenlinna, Finland.

- February 20, 2004 Cornell Interactive Theatre Ensemble: Diversity Workshop with Students, 3-5 pm.
- May 19-21, 2003 Summer Faculty Institute on Multicultural Training and Curriculum Transformation
- December 11, 2003 Preceptor Teaching Skills Leadership Training Workshop, Area Health Education Center (AHEC), Cortland, New York.
- June 19, 2003 Digital Photography and Image Editing, Ithaca College Day of Learning, 1:30-4:00

## **SERVICE**

### **Professional**

#### American Therapeutic Recreation Association

- September 2007 - September 2009 Board of Directors, Member at Large  
 Fall 2005 - Fall 2007 Therapeutic Recreation Educator's Joint Task Force,  
 1999 - 2000 Coordinator for the Website Book Reviews  
 1995 - 1997 Marketing Committee: Brochure Development  
 1995 - 1996 Curriculum Committee  
 1992 - 1996 Professional Development Committee

#### National Council on Therapeutic Recreation Certification

- April 1997 - April 2003 Two consecutive elected three year terms  
 April 2001 - April 2003 Chair, Executive Committee  
 November 2001 - April 2002 Chair, Executive Director Search Committee  
 2001- 2003 Steering Committee Representative, State Recognition Project  
 November 2000 - April 2001 Chair Elect, Executive Committee  
 2000 (April- November) Vice Chair, Executive Committee  
 1999 - 2000 Treasurer, Executive Committee  
 1998 - 1999 Secretary, Executive Committee  
 1998 - 2000 Educational Issues Committee  
 1997 - 1998 Standards Issues Committee

#### National Therapeutic Recreation Society

- 1998 - 2002 Therapeutic Recreation Journal Advisory Board  
 1998 - 2000 Marketing Committee

#### New York State Therapeutic Recreation Association

- Fall 2007 – date State Licensure Committee, Faculty Representative

#### Virginia Recreation and Parks Society: Therapeutic Recreation Section

- 1985 to 1992 Board Member: Liaison to the Virginia Association of Allied Health Professions  
 1991 - 1992 Continuing Education Committee Chair Mid-Eastern Symposium  
 1987 - 1988 Trends III Conference Committee

1987 - 1988 Chairperson, Evaluation Committee  
1987 Task Force on Therapeutic Recreation Licensure

Virginia Association of Health, Physical Education, Recreation and Dance

1990 - 1992 Liaison to the American Association of Health, Physical Education,  
Recreation & Dance  
1988 - 1990 Recreation Section: Secretary  
1987 - 1988 Chairperson  
1986 - 1987 Chairperson, Elect

Virginia Association of Allied Health Professions

1988 - 1992 Board of Directors  
1990 and 1992 Chairperson: Fall conference  
1985 - 1992 Delegate  
1988 - 1991 Newsletter Co-editor  
1988 - 1989 Nominations Committee

**College**

2009-2010 Chair, Academic Policies Committee  
2008 - 2011 *DIIS Representative*, Academic Policies Committee, Policy  
Subcommittee  
1997 - date Instructional Development Fund Committee  
July 2003 - date Division of Interdisciplinary and International Studies Affiliated  
Faculty  
1999 - date Gerontology Institute Affiliate  
1994 - date Partnership in Teaching Program  
February 2005 – 2008 Antigua Steering Committee  
Fall 2003 - Spring 2004 Longview Special Care Unit Planning Committee  
2003 - Spring 2005 Core Experience Task Force  
Summer 2003 - Spring 2005 Mentoring Program  
Fall 2006  
2002 - 2006 Chair, Instructional Development Committee  
  
2001, 1998 Graduation Marshal  
1992 - 2005 Diversity Awareness Committee

**School**

2007-Date HAMK and Derby College Exchange Program  
1999-date Center for Life Skills Planning Committee  
1997 – 2006 Ithaca College Interdisciplinary Coordinator's Committee  
2002-2003, Chair  
2007 -2008 Interdisciplinary Internship Coordinator's Committee,  
Interdisciplinary Conference, Seven Principles for Supervision:  
Enhancing Organizational and Individual Effectiveness, Planning  
Committee, 2007-2008  
2005 – 2006 Interdisciplinary Internship Coordinator's Committee, Bi-annual  
Conference, "Building Bridges: A Dynamic and Interactive  
Conference for Supervisors, in June of 2006.

2005-2006	Faculty Liaison, Health Sciences and Human Performance Faculty Governance
2004 - 2006 2003-2004	Health Sciences & Human Performance Personnel Committee Interdisciplinary Internship Coordinator's Committee, Chair, Interdisciplinary Conference, Teamwork is an Individual Skill with Christopher Avery
Fall 2003	Promotion and Tenure Review Committee, Associate Professor, Department of Occupational Therapy
2002 - 2003 2002-2003	Health Sciences & Human Performance Personnel Committee Programming Task Force: Strategic Planning Committee
2000 - 2001 2000-2001	Health Sciences & Human Performance Personnel Committee Promotion and Tenure Review Committee, Associate Professor, Department of Health Promotion and Human Movement
2000	Pre-Tenure Review Committee, Department of Occupational Therapy
2001 2001	Coordinator, First Swing Golf Clinic, September 21 Coordinator, Gerontology Speaker Program, Linda Buettner, October 30
2001	Ad Hoc Committee: Dean's Merit Recommendations
1996 - 2001 1995 -1997 1993-1994	Curriculum Committee, Chair 1997 to 2001 Steering Committee Co-chair Executive Committee: Chair 1995, Co-chair, 1994-1995
1996-1997	Health Science and Human Performance Governance Document Draft

### **Department of Recreation and Leisure Studies**

2007-Spring 2009	Chair, RLS Personnel Committee
1997 - date	Coordinator Therapeutic Recreation Major
1993 - date	Rho Phi Lambda, Faculty Sponsor
2005 - 2006	Search Committee, two positions
2005 - 2006, 1995 -1996	Accreditation Review Committee
Spring 2005	Chair Personnel Committee Third Year Review
Fall 2004	Chair, Personnel Committee Promotion and Tenure
Fall 2003	Chair Personnel Committee Third Year Review,
2000-2002	Recreation Club Advisor
2001-02, 2002-2003	Chair, Search Committee
2000-2001, 1999	Search Committee Member
1994-1996	Student Advisory Board Advisor

### **Community**

1994 - date 2000 – 2003 August 2002 to 2003 October 27, 2002	Recreation Mainstreaming Advisory Board, American Cancer Society Daffodil Day Sales, Campus Coordinator Parent Advisory Committee, Ithaca Youth Bureau Outings Program Stage Crew, Ithaca City School District's Fine Arts Booster Group, Festival of Talents,
June 2001	Department For Youth Funder's Monitoring Review

2000-2001  
1992 – 2006  
2000

Romulus Central School, School to Work Activity  
Seven Lakes Girls Scout Council  
Ithaca High School, Career Day