

TODD W. LAZENBY, MA, ATC

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PERSONAL	Born August 3, 1966	Columbus, Ohio
EDUCATION	OHIO STATE UNIVERSITY Master of Arts, Physical Education Sports Management Major	Columbus, Ohio June 1991
	OHIO STATE UNIVERSITY Bachelor of Science, Education Health Education Major	Columbus, Ohio March 1989
ACADEMIC EXPERIENCE 2006 - PRESENT	ITHACA COLLEGE <i>Clinical Associate Professor & Assistant Athletic Trainer</i> <i>Clinical Assistant Professor & Assistant Athletic Trainer</i> <ul style="list-style-type: none">Faculty, Athletic Training Education Program– Dept. of Exercise & Sports Sciences<ul style="list-style-type: none">Therapeutic Modalities in Athletic Training (2006 – Present)Athletic Training Techniques I: <i>Principles of Taping & Bracing</i> (2006-08, 2010 – Present)Athletic Training Techniques III: <i>Therapeutic Modality Application</i> (2006 - Present)Clinical Kinesiology: Lab (Spring 2011)Therapeutic Exercise in Athletic Training (Spring 2008)Athletic Training Techniques IV: <i>Therapeutic Exercise Application</i> (Spring 2008)Interdisciplinary Practice in Sports Medicine: <i>Guest Facilitator</i> (Fall 2007)Clinical Instructor in the Athletic Training Education Program – Responsible for the supervision and instruction of athletic training students enrolled in the athletic training education program.Assistant Athletic Trainer – Varsity Football TeamSupervising Staff Athletic Trainer – JV Football TeamHead Athletic Trainer – Baseball Team	Ithaca, NY August 2011 - Present August 2006 – May 2011
RELATED PROFESSIONAL EXPERIENCE		
2003 – 06	SAN FRANCISCO FORTY NINERS <i>Head Athletic Trainer</i> <ul style="list-style-type: none">Provided players, staff, and administration with the best possible medical and rehabilitative care, including the coordination of all areas of medical care; orthopedic, internal, chiropractic and all other services provided by outside health care providers and coordinating the overall care of the athletes and staff members with appropriate departments within the organization.Maintained a safe, clean, professional and organized training room that utilized current technology to ensure the best possible care for the players, coaches and staff. This included the interaction of the athletic training staff with all who received medical care and gained entry into the training room.Responsible for the team's medical supply inventory and the proper delegation of the process of ordering, shipping, and stocking of all expendable supplies.Responsible for organizing billing of Workers Comp charges for injuries sustained by playersEncouraged and mandated that the athletic training staff is exposed to new techniques for the treatment and rehabilitation of injuries. This was to be accomplished through continuing education courses as well as journal reading.Responsible for thorough medical record keeping with the goal of accurately, efficiently and professionally representing the organization for any injury grievance hearing and or requests for medical records by counsel.Preparation of both written and oral injury reports to provide thorough communication of player injury status for both the coaching staff and administration on a timely and appropriate basis.Acquired as thorough as possible medical histories on players the organization was interested in as both free agents and draft eligible players and provided an appropriate medical grade. This entailed communication with other athletic training staffs in the NFL and collegiate level to accomplish the task.Coordinated and scheduled player, coaches and staff physicals as directed by the administration, this included pre-signing, pre-season, player exit and season ending physicals for all potential and active team members. Said results of the physicals were communicated to the club's administration in a timely fashion.	Santa Clara, CA

- Present on the field for all practices and/or provided appropriate substitutes to insure proper, prompt medical care for all acute injuries and coordinate proper medical coverage for said practices (i.e. emergency personnel present for contact practices during training camp).
- Coordinated periodic training and review of emergency injury care procedures for the athletic training staff and additional appropriate personnel.
- Management of the team's controlled and NFL mandated medication logs and team representation during the annual NFL Audit procedure.
- Coordinated all needed assistance to the NFL Substance Abuse and Anabolic Steroids and Related Substances Programs with the local Drug Program Agent as well as the Medical Directors for each program at the league office.
- Prepared and submitted for approval the annual budget for the Athletic Training department and provided monthly reports that account for the variances in the expenses incurred for said month in an efficient, complete and timely fashion.
- When appropriate, recruited and recommended for hire both full time and part time athletic training staff members and provided proper supervision and delegation of duties to said individuals.

1996 – 2003	<i>Assistant Athletic Trainer</i>	
	<ul style="list-style-type: none"> • Responsible for the prevention, care, & rehabilitation of injuries for players, staff & coaches under the direction of the Head Athletic Trainer and Team Physicians • Responsible for supply inventory, organization of training & storage rooms • Designed travel trunks & responsible for their packing on a weekly basis • Responsible for the maintenance and reporting of the Medication Inventory as required by the NFL • Additional Duties as assigned by the Head Athletic Trainer 	
1995 – 1996	THE GOLF ACADEMY OF THE SOUTH <i>Faculty Member</i>	Casselberry, FL
	<ul style="list-style-type: none"> • Health Education Instructor 	
1991 – 1996	HEALTHSOUTH CORPORATION <i>Staff Athletic Trainer</i>	Orlando, FL
	<ul style="list-style-type: none"> • Direct patient care under the direction of a licensed Physical Therapist • Orlando Area Coordinator, <i>HEALTHSOUTH</i> Sports for Golf Program (1993 – 1996) • Head Athletic Trainer, Bishop Moore High School (1991 – 1995) 	
1989 - 1991	OHIO STATE UNIVERSITY <i>Graduate Assistant Athletic Trainer</i>	Columbus, OH
	<ul style="list-style-type: none"> • Supervision of student athletic trainers in the undergraduate program • Inventory Coordinator for the Athletic Training Program 	
1990	SAN FRANCISCO FORTY NINERS <i>Athletic Trainer Intern</i>	Rocklin, CA <i>July – August 1990</i>
	<ul style="list-style-type: none"> • Handled treatment and care of professional football players and other duties as assigned by the Head Athletic Trainer 	
1988	THE DETROIT LIONS <i>Athletic Trainer Intern</i>	Pontiac, MI <i>July – August 1988</i>
	<ul style="list-style-type: none"> • Handled treatment and care of professional football players and other duties as assigned by the Head Athletic Trainer 	
1984 - 1989	OHIO STATE UNIVERSITY <i>Athletic Training Student</i>	Columbus, OH
	<ul style="list-style-type: none"> • Administrative Assistant to the Head Athletic Trainer • 5 seasons with the Football Team • Head Student Athletic Trainer for the 1987 Big Ten Champion Men's Gymnastics Team • Host Athletic Trainer for the Ohio High School Athletic Association Football Championships in 1987 & 1989 • Student Assistant Athletic Trainer for the Ice Hockey and Men's Lacrosse teams 	

PEER REVIEWED PUBLICATIONS

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| 2010 | <p>Hummel, C, Lazenby, T & Gesler, PR, <i>Management of a Stage III Lisfranc Injury in a Collegiate Football Player: A Case Report.</i> <u>Athletic Training & Sports Health Care.</u> Vol. 3(2), pp. 95-99.</p> <p>Geisler PR & Lazenby T, <i>Transient Axillary Neuropraxia in a Collegiate Pitcher: A Case Study.</i> <u>Athletic Training & Sports Health Care.</u> Vol 2(5), pp 235-39.</p> |
| 2009 | <p>Geisler PR & Lazenby T (2009). <i>Clinical reasoning in athletic training education: Modeling expert thinking.</i> <u>Athletic Training Education Journal.</u> Vol. 4(2), pp. 2-14.</p> |

PROFESSIONAL PUBLICATIONS

- 2004 **Lazenby T** (2004). *Avascular Necrosis of the Talus in a Professional Football Player*. Pro Football Athletic Trainer. Vol. 22, (1).
- 2002 **Lazenby T** (2002). *Neuro Mobility and the Treatment of Nerve Root Injuries*. Pro Football Athletic Trainer. Vol. 20 (1).
- 2000 **Lazenby T** (2000). *Shoulder What?, An Explanation of Shoulder Impingement*. CNN SI Website Article.
- 1998 **Lazenby T** (1998). *Medical Advances Lead to New Issue: Increase in Degenerative Osteoarthritis Expected as Athletes Play Longer*. Pro Football Athletic Trainer. Vol. 16 (1).
- Lazenby T** (1998). *Medical Advances Lead to New Issue: Increase in Degenerative OsteoArthritis Expected as Athletes Play Longer*. Sports Medicine Update. Vol. 13(3). **(Invited)**

REFEREED PRESENTATIONS

- 2011 **Lazenby T**, Devins K (2011) *Rotational Based Rehabilitation of a Lumbar Disc Herniation in a Collegiate Football Player: A Case Report*. Poster presented at the NYSATA Annual Conference, June 2011
- 2010 **Lazenby T**, Geisler PR, & Berger E (2010) *Posterior Elbow Dislocation Management in a Division III Collegiate Football Player*. Poster presented at the NYSATA Annual Conference, June 2010
- Hummel C & **Lazenby T** (2010) *Management of a Stage III Lisfranc Injury in a Collegiate Football Player: A Case Report*. Poster presented at the NYSATA Annual Conference, June 2010
- 2008 Ambrose E, Hummel C, **Lazenby T** & Geisler PR. (2008) *Multiple Anterior Cruciate Ligament Failure in a College Football Player & the Corresponding Surgical Techniques of Reconstruction: A Case Report*. Poster presented at the EATA 60th Annual Meeting. Valley Forge, PA. January, 2008.
- Crowell C, Hummel C, **Lazenby T** & Geisler PR (2008). *Right Achilles tendon partial rupture in a collegiate football player: A clinical case report*. Poster presented at the EATA 60th Annual Meeting, Valley Forge, PA. January 2008.

PROFESSIONAL PRESENTATIONS

- 2008 **Lazenby T** (2008) *Treatment & Rehabilitation of Upper Extremity Neurological Injuries*. Connecticut Athletic Trainers Association Annual Symposium: New Brunswick, CT, May 20, 2008 **(Invited)**
- 2005 **Lazenby T**.(2005). *Heat and Hydration*. Gatorade High School Coaching Seminars, Santa Clara, CA. August 2005.
- 2004 **Lazenby T**.(2004). *Heat and Hydration*. Gatorade High School Coaching Seminars, Santa Clara, CA. August 2004.
- 2003 **Lazenby T** (2003). *Upper Extremity Neurological Injury Rehabilitation*, National Athletic Trainers Annual Symposium. St. Louis. MO. June 25, 2003 **(Invited)**
- 2002 **Lazenby T**. (2002) *Avascular Necrosis of the Talus in a Professional Football Player*. National Athletic Trainers Annual Symposium. Dallas, TX June 2002.
- 1999 **Lazenby T** (1999) *Rehabilitation of a Tib-Fib Fracture with Subsequent Compartment Release following ORIF Surgery* . National Athletic Trainers Annual Symposium. Nashville, TN. June 29, 1999.
- 1998 **Lazenby T**. (1998). *Thermal Assisted Capsular Shift Shoulder Rehabilitation*. American College of Sports Medicine, Share the Experience, The Courage of the American Athlete, The Power of Sports Medicine, San Francisco, CA. May 9, 1998. **(Invited)**

UNDERGRADUATE STUDENT RESEARCH SUPERVISION & COLLABORATION

- 2011 Devins K, **Lazenby T** (2011). *Rotational Based Rehabilitation of a Lumbar Disc Herniation in a Collegiate Football Player: A Case Report*. Oral Presentation at National Collegiate Undergraduate Research Conference. March 2011.
- 2010 Berger E, **Lazenby T** & Geisler PR (2010). *Management of a Posterior Elbow Dislocation in a Division III Collegiate Football Player: A Case Report*. Poster presented at the James J.Whalen Academic Symposium. April 2010.

- 2009 Bedard R, **Lazenby T**, Millsbaugh R & Geisler PR (2009). *Lumbar Facet Dysfunction & the Use of Mulligan's SNAG Technique: A Case Report*. Poster presented at the James J. Whalen Academic Symposium. April 2009.
- 2008 Ambrose E, Hummel C, **Lazenby T** & Geisler PR. (2008) *Multiple Anterior Cruciate Ligament Failure in a College Football Player & the Corresponding Surgical Techniques of Reconstruction: A Case Report*. Poster presented at the EATA 60th Annual Meeting. Valley Forge, PA. January, 2008.
- Crowell C, Hummel C, **Lazenby T** & Geisler PR (2008). *Right Achilles tendon partial rupture in a collegiate football player: A clinical case report*. Poster presented at the EATA 60th Annual Meeting, Valley Forge, PA. January 2008.
- 2007 Klass S, Scriber K, **Lazenby T**. (2007). *Non-Union Avulsion Fracture Near the Base of the Fifth Metatarsal: A Clinical Case Report*. Poster presented at the James J. Whalen Academic Symposium. May 2007.

ACADEMIC SERVICE

- 2009 - Present Member, Department Personnel Committee
- 2009 - 2010 Chair, Search Committee - Assistant Professor; Sports Psychology (Tenure Track Position)
- 2009 Member, Search Committee – Assistant Professor; Sports Psychology (1 yr. Appointment Position)
- 2007 - 2009 Member, Faculty Council
- 2006 – Present Athletic Training Coverage for Ithaca College Athletics
 Summer – Fall: JV & Varsity Football
 Winter: Athletic Training Room Coverage
 Winter – Spring: Baseball

PROFESSIONAL SERVICE

- 2011 Participation in New York State Athletic Trainers Association's Albany Lobby Day, May 24, 2011
- 2010 - Present Member, New York State Athletic Trainers Association Abstract Subcommittee
- 2010 – Present Member, Eastern Athletic Trainers Association Abstract Subcommittee
- 2003 - 2006 NFL Drugs of Abuse Committee – PFATS Representative
- 2000 - 2006 PFATS Newsletter Editorial Board

PROFESSIONAL CONTINUING EDUCATION

- 2011 *Explain Pain: A one-day interactive seminar with David Butler*. David Butler, B PHTY, GDAMT, M APP SC, PT. Neuro Orthopaedic Institute, Williamsville, NY. June 17, 2011.
- Ithaca College Clinical Instructor Workshop*. Ithaca College Athletic Training Education Advanced Clinical Update: May 23, 2011.
- 2010 *The Diagnosis & Treatment of the Upper & Lower Quadrants*. Brian Mulligan, F.N.Z.S.P., Dip.M.T. & Kevin Wilk, PT, D.P.T. Northeast Seminars. Chicago, IL. April 17-18, 2010.
- Baseball Symposium*. Cayuga Medical Center Sports Medicine & Athletic Performance Sports Medicine Lecture Series. Ithaca, NY. February 24, 2010.
- Treatment, Rehabilitation & Performance Enhancement of the Baseball Player*. 2nd Annual Pre-Season Seminar. Hospital for Special Surgery. New York, NY. January 29, 2010.
- 2009 *Structural Disorders of the Hip: Focus on Diagnosis & Treatment of Femoral Acetabular Impingement*. Cayuga Medical Center Sports Medicine & Athletic Performance Sports Medicine Lecture Series. Ithaca, NY. October 30, 2009
- A Sports Medicine Update: Pathologies and Treatment of the Hip and Athletic Pubalgia*. Cornell University Sports Medicine. Ithaca, NY. May 30, 2009.

- 2008** *Orbital Trauma*. Peter Schwartz, MD. Ithaca College Athletic Training Education Advanced Clinical Update: Ithaca, NY. November 9, 2008.
- Differential Diagnosis of Upper Extremity Neurological Conditions*. Connecticut Athletic Trainers Association Annual Symposium. New Britain, CT. May 20, 2008.
- 2008 Ithaca College Clinical Instructor Workshop*. Ithaca College Athletic Training Education Advanced Clinical Update: May 7, 2008.
- Shoulder Complex: Evidence Bases Examination & Selected Interventions*. Greg Ford, PT, DPT, PhD., OCS. LeRoy Physical Therapy, LeRoy, NY. April 19, 2008.
- 2007** *Evidence Based Rehabilitation Following ACL Reconstruction: A 20 Year Perspective*. Mark DeCarlo, PT, MHA, SCS, ATC. Ithaca College Athletic Training Education Advanced Clinical Update. Ithaca, NY. November 6, 2007.
- Mulligan Concept: Upper Quadrant; Mobilizations with Movement, "NAGS", "SNAGS" & More*. Julie Paolino, MS, PT, ATC, MCTA Northeast Seminars. Hartford, CT. April 21 – 22, 2007.
- Nancy Clark's Sports Nutrition Guidebook*. Exercise ETC, Inc. Correspondance Continuing Education Course. April 6, 2007.
- Strength Ball Training*. Exercise ETC, Inc. Correspondance Continuing Education Course. April 6, 2007.
- Stability Intervention of the Lumbar Spine*. Susan Geisler, MA, PT, ATC & Linda Warner, DPT, PT. Ithaca College Athletic Training Education Advanced Clinical Update. Ithaca, NY. February 26, 2007.
- 2006** *Proprioception & Kinesthesia: Where we came from, where we seem to be headed*. Jeffrey Ives, PhD. Ithaca College Athletic Training Education Advanced Clinical Update. Ithaca, NY. November 2, 2006.
- From Pain to Performance- Keeping the Adult Athlete in the Game*. Joseph Ruane, D.O. Greater Columbus Athletic Trainers' Society. Columbus, OH. March 20, 2006.
- 2005** *Mulligan Concept: Follow-Up Course – Mobilizations with Movement, "NAGS", "SNAGS" & More*. Brian Mulligan, F.N.Z.S.P., Dip.M.T. Northeast Seminars. Los Angeles, CA. June 17 – 18, 2005.
- 2003** *Mulligan Concept: Introductory Course on Mobilizations with Movement*. Donald Reordan, MS, PT, OCS, M.C.T.A. Northeast Seminars. Fresno, CA. June 21-23, 2003.
- 2002** *The Science of Stability: Clinical Application to Assessment & Treatment of Segmental Spinal Stabilization for Low Back Pain* Paul Hodges, Ph.D., B.Phty. Northeast Seminars, Los Angeles, CA. May 4 – 6, 2002.
- 2001** *Mobilization of the Nervous System*. David Butler, PT, M.App.Sc. Neuro Orthopedic Institute. Vancouver, BC. March 21 – 22, 2001.
- 2000** *An Anatomical Review & Application of Current Treatment Techniques : Foot & Ankle*. Dan Vogelbach, PT, ATC. Sports Specialty & Rehabilitation: Ft. Myers, FL. May 18 -19, 2000.
- 1999** *MT-4B STEP: Scientific Therapeutic Exercise Progressions (Spine)*. Yousef Ghandour, MOMT, PT & Ola Grimsby, MNFF, MNSMT, PT, MOMT. The Ola Grimsby Institute. San Diego, CA. May 21 – 23, 1999.
- 1998** *MT-4A STEP: Scientific Therapeutic Exercise Progressions (Extremities)*. The Ola Grimsby Institute, Orlando, FL. May 1-3, 1998.
- 1997** *Basic Sciences in Manual Therapy for Physical Therapist Assistants*. JoJo Sayson, MOMT, PT. The Ola Grimsby Institute. Chicago, IL. March 22 – 23, 1997.
- 1997 - 2006** Annual Attendance: NFL Physicians Society Annual Sports Science Symposium, Indianapolis, IN. February.
- Annual Attendance: Professional Football Athletic Trainers Society Annual Education Seminar, Various Topics and Speakers. Indianapolis, IN. February & June
- 1996 – 2005, 2008, 2010** Annual Attendance: National Athletic Trainers Association Annual Clinical Symposium. June.
- 1996** *Clinical Excellence Series: Shoulder, Level II*. HealthSouth Corp. In-house Professional Continuing Education Seminar. Orlando, FL.
- Clinical Excellence Series: Shoulder, Level I*. HealthSouth Corp. In-house Professional Continuing Education Seminar. Orlando, FL.

- 1994** *Clinical Excellence Series: Spine, Level I*, HealthSouthCorp. In-house Professional Continuing Education Seminar. Orlando, FL.
- Controversies in Decision Making: Neurological Sports Injuries, Orlando, FL, March 19-23, 1994.
- 1993** *Clinical Excellence Series: The Knee, Level II*, HealthSouth Corp. In-house Professional Continuing Education Seminar Orlando, FL.
- Balance Master Systems: Clinical Integration Seminar, Portland, OR, February 12-13, 1993.
- 1992** *Clinical Excellence Series: The Lower Kinetic Chain*, HealthSouth In-house Professional Continuing Education Seminar. Lake Buena Vista, FL.
- Clinical Excellence Series: The Upper Kinetic Chain*, HealthSouth In-house Professional Continuing Education Seminar. Lake Buena Vista, FL.
- 1991** *Clinical Excellence Series: The Knee, Level I*, HealthSouth In-house Professional Continuing Education Seminar. Orlando, FL.

AWARDS

- 2001** NFL Athletic Training Staff of the Year, Member

SERVICE TO THE COMMUNITY

- 2010 - 2011** Volunteer Assistant Basketball Coach for Dryden Youth Recreation Department – Girls 5th & 6th Grade Team
- 2008 - Present** Served as a Coach for the 5 day Ithaca College Summer Baseball Camp
- 2009 – 2010** Provide athletic training services for the 2 day Ithaca College Football Camp

PROFESSIONAL MEMBERSHIPS & ASSOCIATIONS

- | | |
|---|---------------------------|
| National Athletic Trainers Association (NATA) | 1985 - Present |
| Eastern Athletic Trainers Association (EATA) | 2006 - Present |
| Professional Football Athletic Trainers Society (PFATS) | 1996 – 2006 Active Member |
| | 2006 - Present (Alumni) |

LICENSURE & CERTIFICATIONS

- National Athletic Trainers Association , Certification #: 000042206
 State of New York, Licensed Athletic Trainer, # 001573-1
 American Red Cross, CPR/AED for the Professional Rescuer