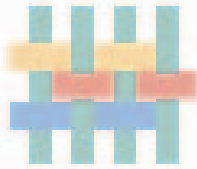


How to Get Involved



Classes, Workshops and Conferences

Our public education programs are generally free and open to all. You can learn about them by checking our website, getting on our listserve, reading our on-line newsletter, or by coming to a Welcome Salon or Coordinating Council meeting. Some of our programs have a modest fee and some address specific groups such as business owners or health care providers, but anyone interested in these programs should contact us about attending. Recent classes, workshops and mini-conferences have focused on using sustainable strategies pioneered by businesses in our region, reducing energy use by improving building performance, applying systems thinking to making our organizations more sustainable, and using social networks to advance the sustainability movement

Coordinating Council

The meetings of the Sustainable Tompkins Coordinating Council, which are open to all, are usually held at Cornell Cooperative Extension at 615 Willow Ave. on the second Thursday of the month from 6:00-8:30 p.m., and begin with a potluck dinner.

Study Circles

These round-robin style discussions allow participants to learn and share ideas about sustainability in a relaxed environment. Participants may also choose to come up with their own goals and action plans and get support from the group. Some circles are brought together based on one's neighborhood or community, and others have a specific shared interest such as health care or teaching sustainability in the schools. Contact Elan Shapiro at elansla@ecovillage.ithaca.ny.us for more information on how to hold or attend a sustainability study circle.

Welcome Salons

Sustainable Tompkins periodically holds free welcome salons to introduce newcomers to the local sustainability movement and to hold conversations about what we can do as a community and as individuals to create a more sustainable future. The welcome salons are a good place to meet like-minded residents for networking and information. Watch the local media, contact us, check the listserve, our online newsletter, or the website for times and places.



Sustainable Tompkins is a broad-based coalition of organizations and individuals whose mission is to ensure the long-term well-being of our communities and region.

We support projects, partnerships, public education, and other strategies that connect and enhance the key aspects of sustainability:

- ◆ Social equity and well being
- ◆ Personal and civic accountability and empowerment
- ◆ A vibrant, diversified economy
- ◆ The health of our ecosystems



Membership in Sustainable Tompkins is open to all.

Sustainable Tompkins, P.O. Box 596, Ithaca, NY 14851-0596

Program Coordinator - Gay Nicholson, gaynicholson@aol.com
Governance Chair -- Steve Nicholson, scnfish@clarityconnect.com
Programming Chair - Elan Shapiro, elansla@ecovillage.ithaca.ny.us

Liaisons

Cornell Cooperative Extension of Tompkins County - Ken Schlather, ks47@cornell.edu
Ithaca College - Marian Brown, mbrown@ithaca.edu
Tompkins County Solid Waste Division - Barbara Eckstrom, beckstrom@tompkins-co.org

www.sustainabletompkins.org

Sustainable Tompkins List Serve

Join the Sustainable Tompkins List Serve for networking, an online Q&A, and announcements of meetings, speakers, trainings, and other opportunities to learn and participate. E-mail ws@tcwny.rr.com to receive the online Sustainable Tompkins newsletter. To subscribe to the listserve, send an e-mail to: SustainableTompkins-subscribe@topica.com

Collaborations and Partnerships

Sustainable Tompkins can serve as a resource, endorser, sponsor, or partner for initiatives that correspond to its mission.

Speakers and Presentations

Contact the program chair to schedule a speaker for your group or organization.

The sustainable community

- ✘ addresses citizens' central concerns and values,
- ✘ looks to the future,
- ✘ strengthens community members' ability to deal with change,
- ✘ develops processes for finding common ground,
- ✘ strives to benefit all of its members, and
- ✘ emphasizes citizen involvement and institutional accountability.

- adapted from Janet Maughan

A primary purpose of Sustainable Tompkins is to introduce the concept of sustainability to citizens, businesses, and community and government leaders; and to create and encourage partnerships and collaborations that bring about positive change.

www.sustainabletompkins.org