

**GRADUATE ASSISTANTSHIP APPLICATION
GRADUATE PROGRAM IN EXERCISE AND SPORT SCIENCES
ITHACA COLLEGE**

Name _____ Date _____

Age _____ Birth Date _____ Male Female

Concentration: **Exercise Physiology** **Sport Psychology** **Human Performance**

Permanent home address

Phone (home) _____

Phone (cell) _____

email _____

Address you can be reached in June / July / August

summer phone _____

summer email _____

Undergraduate college(s) attended, major, graduation date, and major

(1) _____

(2) _____

Grade Point Average _____ (international students put down overall passing marks)

If not yet graduated, this GPA is based on how many credits? _____

GRE Scores Verbal _____ Quantitative _____ Analytical _____

% _____ % _____ % _____

International Students: TOEFL or IELTS score: _____

A. All Applicants

Rank order your top three choices for a graduate assistantship. See ESS Graduate Program website for more information on assistantship duties and qualifications. Note that some positions require certifications or licensure. Not all positions are offered each year.

_____ wellness clinic assistant / fitness

_____ research

_____ strength & conditioning

_____ certified athletic trainer

_____ collegiate assistant coach (main sport: _____)

_____ Lab/class teaching (anatomy/physiology, biomechanics, exercise physiology, kinesiology
Sport psychology, statistics/research methods)

Certifications/Licenses

AHA or Red Cross CPR Yes _____ No _____ Instructor level _____
Red Cross First Aid Yes _____ No _____ Instructor level _____
Physical Therapy (USA) Yes _____ No _____
NSCA Yes _____ No _____ (if yes, describe _____)
ACSM Yes _____ No _____ (if yes, describe _____)
Coaching Yes _____ No _____ (if yes, describe _____)
Other fitness/aerobics Yes _____ No _____ (if yes, describe _____)
Lifeguard/WSI/aquatics Yes _____ No _____ (if yes, describe _____)
Teaching certification Yes _____ No _____ (if yes, describe _____)
Certified Athletic Trainer Yes/Pending _____ No _____ (if pending, date expected) _____
Other certifications/licensures _____

Which of the following undergraduate courses have you taken and received AT LEAST a "B" grade:

_____ anatomy & physiology WITH labs _____ statistics
_____ exercise physiology WITH lab _____ research methods
_____ kinesiology/functional anatomy _____ sport psychology
_____ biomechanics WITH lab _____ motor behavior/learning/control

Of the courses listed above, which two would you feel the most confident teaching (assistant)?

1. _____ 2. _____

B. Coaching Applicants Only

If you put down coaching as one of your top three assistantship choices, please answer the following questions.

What is your top choice for a sport? _____

Second choice? _____

(Note: Select ONLY those intercollegiate sports for which Ithaca College fields a team)

List your position (if applicable), describe your highest level of play (e.g., NCAA Div II, national team member), list any honors or awards, list any coaching education.

C. Athletic Training Applicants Only

List the directly supervised clinical clock hours you have accumulated to date.

| | <u>Name/Location</u> | <u>Supervising ATC</u> |
|--------------|----------------------|------------------------|
| High School | _____ | _____ |
| College | _____ | _____ |
| Clinical | _____ | _____ |
| Professional | _____ | _____ |

List the sports in which you served as trainer or student trainer and the extent of your involvement by using the following code: (Please indicate men's or women's)

P = Primary - Principal student trainer working with the team

A = Assistant - Student trainer assisting the principal trainer

M = Minor - Limited association with team

| <u>Sport</u> | <u>Level</u> <u>(high school/college/pro/clinic)</u> | <u>Involvement</u> |
|--------------|---|--------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

List other experiences related to athletic training you have had.

D. All Applicants

Please submit this application and a current resume to in pdf format to ESSG@ithaca.edu:

Please have submit one additional letter of reference regarding assistantship-related work skills to Graduate Admissions as per the instructions provided on the application for admission.

In order to be considered for an assistantship, all applications for admission and applications for assistantship must be received by February 15.