| Terrace Dining Hall |  |  |  |  |  |  |
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| BREAKFAST MENU |  |  |  |  |  |  |
| Sun 1/26/20 | Mon 1/27/20 | Tue 1/28/20 | Wed 1/29/20 | Thur 1/30/20 | Fri 1/31/20 | Sat 2/01/20 |
| Vegan Area |  |  |  |  |  |  |
|  | Spinach \& Cheesy Vegan Scramble, VG Waffles, Field Roast Sausage | Southwest VG Scramble, Cornmeal Griddle Cake, Field Roast Sausage | Kale \& Onion VG Scramble, VG Pancakes, Field Roast Sausage | VG Scramble, VG French Toast, Filed Roast Sausage | Asparagus, Mushroom <br> \& Parmesan VG Scramble, VG Waffles, Field Roast Sausage |  |
| The Dish (comfort) |  |  |  |  |  |  |
|  | French Toast, Scrambled Eggs, Pork Sausage Patty, Turkey Bacon, Hash Browns, Oatmeal | Pancakes, Scrambled Eggs, <br> Home Fries, Bacon, <br> Chicken Sausage, Oatmeal | Belgian Waffles, Scrambled Eggs, Tator Tots, Sliced Ham, Turkey Patty, Bacon, Oatmeal | French Toast Sticks, Scrambled Eggs, Home Fries, Bacon, Chicken Sausage, Oatmeal | Blueberry Pancakes, Scrambled Eggs, Hash Brown Patty, Kielbasa, Turkey Links, Oatmeal |  |
| Food Lab |  |  |  |  |  |  |
| Scrambled Eggs, Scrambled Tofu, Has Browns, Bacon, Field Roast Sausage, French Toast Stick, Oatmeal | Omelet Bar | Omelet Bar | Omelet Bar | Omelet Bar | Omelet Bar | Belgian Waffle Bar: Toppings, Oatmeal, Scrambled Eggs, Scrambled Tofu, Field Roast Sausage, Pork Patty, Home Fries |
| The Bakery |  |  |  |  |  |  |
| Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts | Breakfast Pastries \& Assorted Donuts |
| LUNCH MENU |  |  |  |  |  |  |
| Vegan Area |  |  |  |  |  |  |
| Crispy Chick'N Nuggets, Sweet Potato Fries, Mixed Vegetables | Not Dog \& Impossible Burger, Sweet Potatoes with Peppers \& Onions, Succotash | VG Chorizo Tacos with Tomato, Onion \& Peppers, Fiesta Rice, Sautéed Zucchini, Tomatoes, Peppers \& Corn | BBQ Meatless Tips, Potato Wedges, Steamed Vegetables | Lentil Dal, Basmati with Mint and Peas, Spiced Roasted Green Beans | Crispy Seitan with Sweet Chili, Steamed Broccoli, Salt Potatoes | Dinosaur BBQ VG Tenders, VG Mac \& Cheese, Carrots \& Green Beans |
| The Dish (comfort) |  |  |  |  |  |  |
| Grilled Ham \& Cheese, Greek Chicken with Spinach \& Feta, Sweet Potato Fries, Assorted Vegetables, Baked Ziti | Chicken Tenders, Andouille with Onions, Tomatoes \& Peppers, Chill \& Roast Onion Sweet Potatoes, Mac \& Cheese, Succotash | Fried Grouper and Chicken Tacos, Sautéed Zucchini, Tomatoes, Peppers \& Corn, Fiesta Rice, Ranchero Pinto Beans, Chipotle Cole Slaw, Avocado/ Lime/Cilantro Sauce | Buffalo \& BBQ Wings, East Carolina Pork with Mop Sauce, Baked Potato Wedges, Steamed Vegetables, Macaroni Salad, Celery \& Blue Cheese | Bombay Chicken Curry, Fried Shrimp, Potato Pea Curry, Basmati with Mint \& Peas, Spiced Roasted Green Beans, Naan Bread | Smokey Texas Beef Brisket, Pulled BBQ Chicken, Salt Potatoes, Steamed Broccoli, Corn on the Cob, Creamy Cole Slaw, Potato Roll | Grilled Turkey, Bacon \& Swiss Melt, Kielbasa \& Sauerkraut, Carrots \& Green Beans, Broccoli Rice Casserole, Tater Tots |
| Food Lab |  |  |  |  |  |  |
| Belgian Waffle Bar | Grill Bar | Grill Bar | Grill Bar | Grill Bar | Grill Bar | Scrambled Eggs, VG Eggs, Hash Brown Patty, Bacon, Field Roast Sausage, French Toast Sticks, Oatmeal |
| Pizza, Pizza! |  |  |  |  |  |  |
| Italian 6-Cheese, Pepperoni, Breakfast Sandwich | Italian 6-Cheese, Pepperoni, Bacon Chicken Ranch Pizza | Italian 6-Cheese, Pepperoni, Mushroom Trio | Italian 6-Cheese, Pepperoni, BBQ Chicken, Red Onion \& Spinach Pizza | Italian 6-Cheese, Pepperoni, Toasted Meatball Pizza | Italian 6-Cheese, Pepperoni, White Garlic Cheddar Broccoli Pizza | Italian 6-Cheese, Pepperoni, Breakfast Sandwich |
| Station No. 8 (devoid of the 8 most common allergens) |  |  |  |  |  |  |
| Breakfast Bowl, Hash Browns with Onions, Mushrooms, Cheese, Tomatoes and Salsa | Carne Asada Burrito Bowl with Avocado and Pico de Gallo | Sweet \& Sour Chicken, Steamed Rice, Steamed Asian Vegetables | Turkey Chili, Baked Potatoes and Steamed Broccoli | Gluten Free Pasta Bar | Cuban Mojo Pork, Rice \& Black Beans, Sautéed Zucchini | Pancake Bar |
| Soup |  |  |  |  |  |  |
| Vegetable Tortilla \& Curried Sweet Potato | Miso Soup with Tofu \& Scallions, Loaded Potato \& Bacon | Smokey Tomato <br> Vegetable \& Ancho Turkey <br> Chili | VG Roasted Butternut Squash Bisque \& Beef Barley | Potato Kale and Chicken \& Wild Rice | Carrot Ginger and Sausage Lentil | VG Pumpkin \& Sage and Creamy Bacon Corn Chowder |
| DINNER MENU |  |  |  |  |  |  |
| Vegan Area |  |  |  |  |  |  |
| Chickpea Ragout, Sundried Tomato Farro, Balsamic Vegetables | Grilled Cauliflower Steaks with Salsa Verde, Asparagus, Shitake \& Red Pepper, Baked Sweet Potato | Coconut Crusted Tofu with Sweet Chili Sauce, Black Sesame Stir Fry Vegetables, Pineapple Brown Rice | Falafel, Pita, Tahini Sauce, Mejadra, Mixed Roasted Vegetables | Thai Curry Tofu, Steamed Rice, Snap Pea Stir Fry | VG Meatballs, Penne with Marinara and Smokey Cauliflower | Seitan "Carne" Asada with Chimichurri, Mexican Rice, Roasted Zucchini |
| The Dish (comfort) |  |  |  |  |  |  |
| Breaded Chicken with Parmesan Basil Cream, Red Pepper Pesto Meatballs, Herbed Oil Fettuccine, Steamed Spinach, Balsamic Mixed Vegetables, Garlic Red Potatoes | Cuban-Braised Beef, Steamed Rice, Mojo Rotisserie Chicken, Stewed Black Beans, Spiced/Roasted Vegetables, Baked Sweet Potatoes, Sofrito Rice | Honey Baked Ham with Cider Reduction Sauce, Farmhouse Chicken \& Biscuits, Mashed Potatoes, Root Vegetable Blend, Garlic Broccoli, Wild Rice Pilaf | Rotisserie Beef Eye Round Shawarma, Chicken Shawarma, Mejadra (spiced rice with lentils, crispy fried onions), Mixed Roasted Vegetables, Caramelized Shallots \& Spinach, Pita \& Tahini Sauce | General Tso's Chicken, Beef \& Broccoli Vegetable Chow Mein, Snap Pea Stir Fry, Sweet \& Sour Tofu, Steamed Rice | Rotisserie Chicken, Brown Sugar Brined Pork Loin, Au Gratin Potatoes, Steamed Carrots, Smokey Cauliflower, Herb Stuffing | Chicken Fajitas, Shrimp <br> Fajitas, Portobello Fajitas and Toppings, Santa Maria Pinto Beans, Mexican Rice Roasted Zucchini |
| Food Lab |  |  |  |  |  |  |
| Shrimp Bar | Mac \& Cheese Bar | Stir fry Bar | Sushi Bar | Nacho Bar | Mashed Potato Bar | Pasta Bar |
| Pizza, Pizza! |  |  |  |  |  |  |
| Italian 6-Cheese, Pepperoni, Supreme Pizza | Italian 6-Cheese, Pepperoni, Bacon Chicken Ranch Pizza | Italian 6-Cheese, Pepperoni, Mushroom Trio | Italian 6-Cheese, Pepperoni, BBQ Chicken, Red Onion \& Spinach Pizza | Italian 6-Cheese, Pepperoni, Toasted Meatball Pizza | Italian 6-Cheese, Pepperoni, White Garlic Cheddar Broccoli Pizza | Italian 6-Cheese, Pepperoni, Caprese Pizza |
| Station No. 8 (devoid of the 8 most common allergens) |  |  |  |  |  |  |
| Gluten Free Pasta with Bolognese Sauce and Vegetable Medley | Rosemary Herb Chicken, Garlic Mashed Potatoes, Roasted Squash | Chicken \& Chorizo, Mexican Rice, Zucchini \& Tomatoes | Roasted Turkey, Mashed Sweet Potatoes, Corn on the Cob | BBQ Beef, Roasted Potatoes, Roasted Brussel Sprouts | Chicken Curry Bombay, Basmati Rice, Curry Cauliflower | Cajun Chicken, Red Beans and Rice, Braised Kale |
| Soup |  |  |  |  |  |  |
| Vegetable Tortilla \& Curried Sweet Potato | Miso Soup with Tofu \& Scallions, Loaded Potato \& Bacon | Smokey Tomato Vegetable \& Ancho Turkey Chili | VG Roasted Butternut Squash Bisque \& Beef Barley | Potato Kale and Chicken \& Wild Rice | Carrot Ginger and Sausage Lentil | VG Pumpkin \& Sage and Creamy Bacon Corn Chowder |
|  |  | ${ }^{* *} \mathrm{~A}$ Va | of Desserts are Served | fily** |  |  |

