

The School of Health Sciences and Human Performance (HSHP) offers multiple degree tracks to assist students in achieving their career goals in the health professions. In many cases, students will need to attend graduate school or other additional training to attain the necessary credential to start in their selected professional area:

Career Interest	Possible HSHP Majors
Athletic Trainer	Athletic Training
Cardiopulmonary Rehabilitation Specialist	Exercise Science: Clinical Exercise & Wellness Concentration
Chiropractor	<ul> <li>Exercise Science: Medical Science Concentration</li> <li>Health Sciences: Food &amp; Nutrition or Planned Clinical or Premedical Emphasis</li> <li>Therapeutic Recreation</li> </ul>
Coaching/Performance Specialist	<ul> <li>Exercise Science: Sport Sciences Concentration</li> <li>Exercise Science: Strength &amp; Conditioning Concentration</li> <li>Physical Education – Teaching</li> </ul>
Dental Hygienist	Health Sciences: Planned Clinical Emphasis
Dentist	Health Sciences: Premedical Emphasis
Dietician	Health Sciences: Food & Nutrition Emphasis
Exercise Physiologist	<ul> <li>Exercise Science: Medical Science <u>or</u> Sport Sciences Concentration</li> <li>Health Sciences: Food &amp; Nutrition Emphasis <u>or</u> Planned Clinical with Exercise Science Minor</li> </ul>
Fitness/Personal Trainer	<ul> <li>Exercise Science: Clinical Exercise &amp; Wellness Concentration</li> <li>Exercise Science: Strength &amp; Conditioning Concentration</li> </ul>
Health Care Administration/Management	Health Care Management
Health Education	Health Education
Naturopathic Medicine	<ul> <li>Exercise Science: Medical Science Concentration</li> <li>Health Sciences: Premedical Emphasis</li> </ul>
Nursing/Nurse Practitioner	<ul> <li>Exercise Science: Medical Science Concentration</li> <li>Health Sciences: Food &amp; Nutrition or Planned Clinical Emphasis</li> <li>Public and Community Health with PIC</li> <li>Therapeutic Recreation</li> </ul>
Occupational Therapy	<ul> <li>Occupational Science/Occupational Therapy</li> <li>If major full, consider the following pathways to graduate school:</li> <li>Exercise Science: Medical Science Concentration*</li> <li>Health Sciences: Planned Clinical Emphasis*</li> <li>Therapeutic Recreation*</li> <li>*Combine these with an Occupational Science Minor</li> </ul>



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Career Interest	Possible HSHP Majors
Optometry	Health Sciences: Premedical Emphasis
	Exercise Science: Medical Science Concentration
Outdoor Adventure Leadership	Outdoor Adventure Leadership
Pharmacy	Exercise Science: Medical Science Concentration
	Health Sciences: Planned Clinical <u>or</u> Premedical Emphasis
	Public and Community Health with PIC
Physical Education Teacher	Physical Education – Teaching
Physical Therapy	Clinical Health Studies/Physical Therapy
	If major full, consider the following pathways to graduate school:
	Athletic Training
	• Exercise Science: Medical Science or Sport Studies Concentration
	Health Sciences: Food & Nutrition <u>or</u> Planned Clinical <u>or</u> Premedical
	Emphasis
	Therapeutic Recreation
Physician Assistant	Exercise Science: Medical Science Concentration
	Health Sciences: Planned Clinical <u>or</u> Premedical Emphasis
	Public and Community Health with PIC
	Therapeutic Recreation
Physician (M.D. or D.O.)/	Exercise Science: Medical Science Concentration
Surgeon	Health Sciences: Premedical Emphasis
Public Health	Public & Community Health
Speech Language Pathology &	Speech-Language Pathology
Audiology	
Sports Dietician/Nutritionist	Exercise Science: Sport Sciences Concentration with Nutrition Minor
	Health Sciences: Food & Nutrition Emphasis with Exercise Science
	Minor
Sports Psychologist	Exercise Science: Sport Sciences Concentration
Therapeutic Recreation	Therapeutic Recreation
Veterinary Medicine	Exercise Science: Medical Science Concentration
	Health Sciences: Premedical Emphasis