

# Exploratory Program Welcome

## Fall 2021



1. Your Purpose
2. What is an Advisor and Advising in College?
3. Scheduling

You did it!  
*Congratulations*



# Facts and Figures

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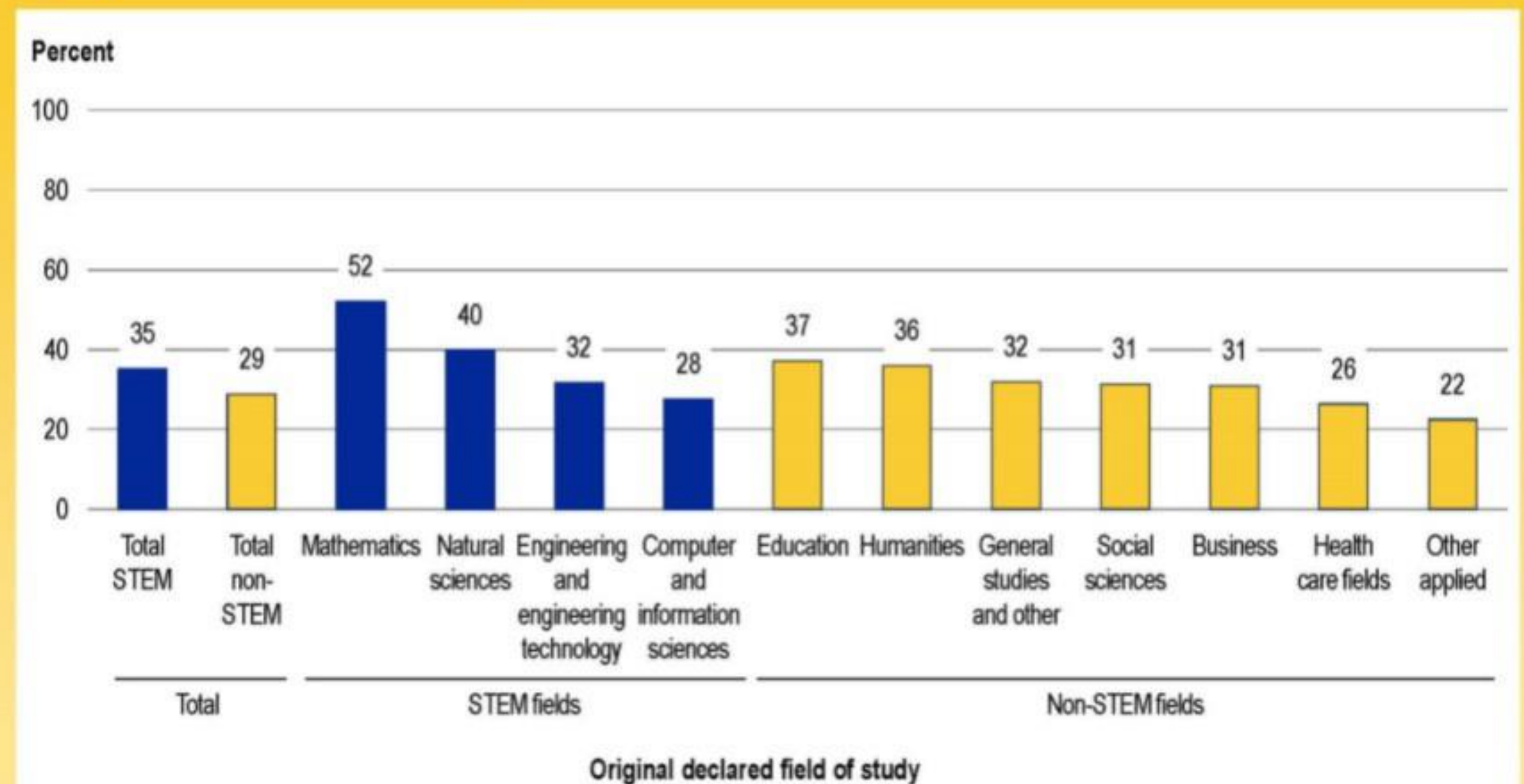
- Exploratory: All-College Program
- Five Schools
  - Business
  - Communications
  - Health Sciences and Human Performance
  -  • Humanities & Sciences
  - Music

## New Survey Finds Most College Grads Would Change Majors

“Among the graduates surveyed, the most popular reason for wanting to change majors was “I want to pursue my passion.” This suggests that while many college graduates are happy with their decision to get a degree, they may want something more from their education.” New Survey Finds Most College Grads Would Change Majors

## Explorers are Ahead

**FIGURE 2. Percentage of 2011-12 beginning postsecondary students who ever changed majors, by original declared field of study: 2014**

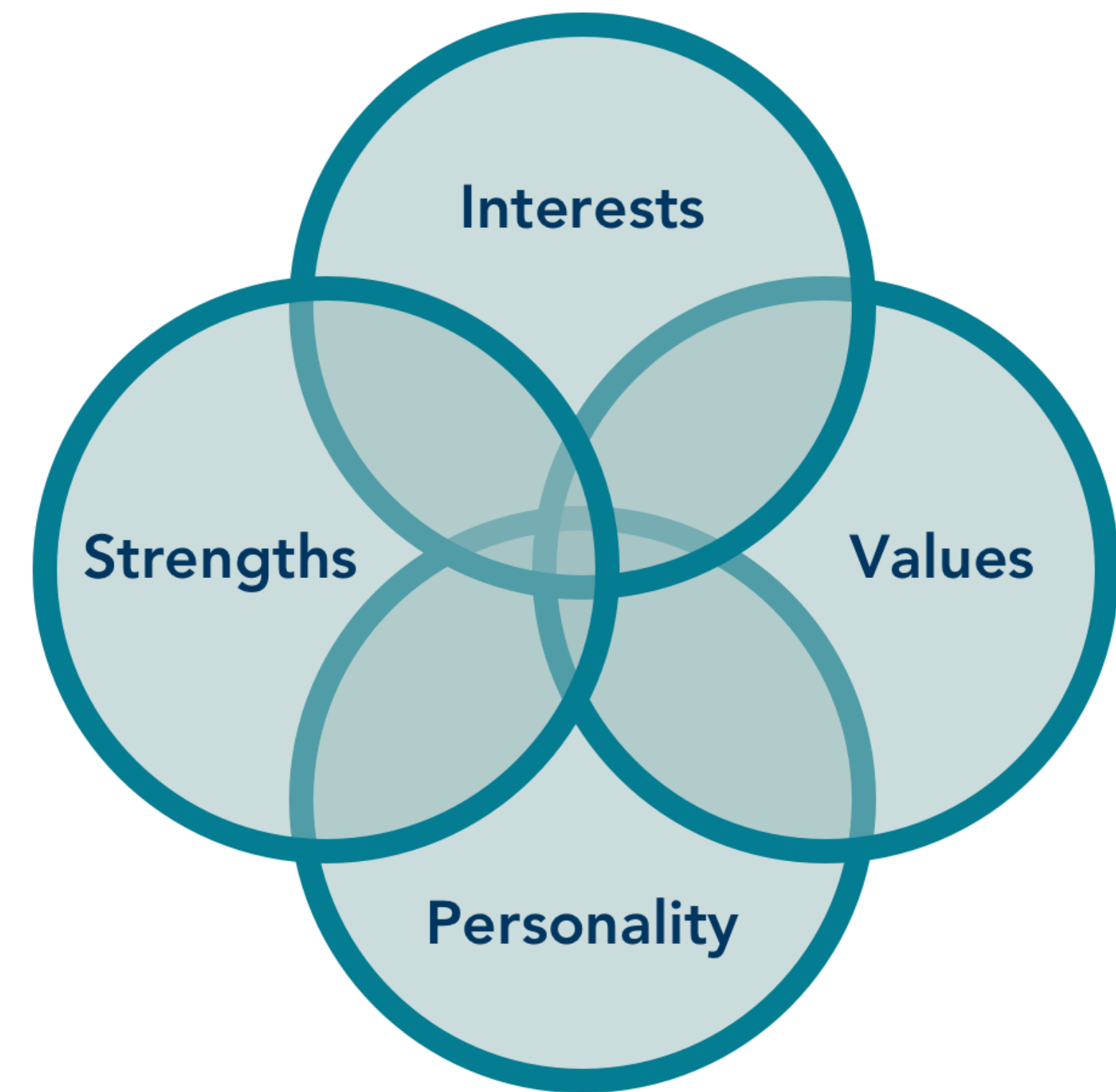


# Exploring in College is a Pathway to Self-Actualization

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**When students *align personality, academic strengths and interests* with their career or professional goals and *moral/ethical values*, they are most satisfied, most fulfilled**

New Survey Finds Most College Grads Would Change Majors





# You Are Here To:

- Learn
- Engage
- Connect
- Contribute
- Reflect
- Innovate
- Change the world





# You Are Here To

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- Maximize your potential
- Become agents of change
- Find your True North

## Whalen Submissions are Open!

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To submit for an award, please submit before the March 17 deadline.

### Study Abroad

A semester abroad can be a wonderful life-changing endeavor that will add value to your Ithaca College experience.

### Hands-On Research Across Biological Disciplines

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Undergraduate participation in original research is a central tenet of our philosophy as a department.



# Next Steps

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- 3<sup>rd</sup> Floor of Friends Hall
- Schedule review (15-20 minute sessions)
- Community Building
  - Peer Ambassador and Leaders
  - Faculty Members

**YOU MUST ATTEND  
WE MUST SEE YOU**

# What Will We Talk About?

## Ithaca College Integrative Core Curriculum (ICC)

For additional information refer to Degree Works or contact the ICC Director or ICC Program Coordinator.

Ithaca Seminar	4 credits
An interdisciplinary liberal arts course that supports the academic and social transition to Ithaca College.	

Themes and Perspectives <sup>1</sup> 12 credits		Complementary Liberal Arts (CLA) <sup>3</sup> 12 Credits
Complete four 3-credit perspectives within one theme and integrate how each perspective addresses your theme.		Specific CLA requirements are determined by degree program or school.
Creative Arts (CA) Humanities (HM) Natural Sciences (SC) Social Sciences (SO)	<i>T h e m e</i>	

Competencies <sup>2</sup>	Credits
Academic Writing I	3
Diversity (DV)	3
Quantitative Literacy (QL)	3
Writing Intensive (WI)	3
ICC Capstone (CP)	1-4

Electronic Learning Portfolio
Introduced in the Ithaca Seminar and required to complete before graduation.

ICC Program	28-44 credits
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To be completed over all 4 years!  
There is no rush!

## Integrative Core Curriculum (ICC)

# What Are We Checking?

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- Credit Hours: **13 and 18 credits, average of 15**
  - Do not drop below **12 credits** because **12 credits** is the **fewest** number of credits you can register for if you want to be considered **full-time and have financial aid**
- Comprehensive
- Sustainable



# What Else Will We Talk About

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- S/D/F
- Withdraw
- Drop/Add
- Dates:
  - Mid-Term Grades: Oct. 20
  - Last Day to Withdraw with W: Oct. 29
  - Last Day to Revoke S/D/F: Oct. 29
  - Registration Begins: Nov. 2
  - Classes End: Dec. 8
  - Reading Day: Dec. 9
  - Finals: Dec. 10 through the Dec. 15

# Waitlists and Academic Coordinators

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School	Contact	Position	email
Business	Katy Hall	Academic Services Coordinator	<a href="mailto:khall2@ithaca.edu">khall2@ithaca.edu</a>
H&S	Jim Riegel	Academic Services Coordinator	<a href="mailto:hsadvising@ithaca.edu">hsadvising@ithaca.edu</a>
HSHP	Christina Moylan	Associate Dean	<a href="mailto:cmoylan@ithaca.edu">cmoylan@ithaca.edu</a>
Music	Shannon Hills	Academic Services Coordinator	<a href="mailto:musicacademicsupport@ithaca.edu">musicacademicsupport@ithaca.edu</a>
Park	Kristin Morse	Academic Services Coordinator	<a href="mailto:kmorse@ithaca.edu">kmorse@ithaca.edu</a>

# What Should My Schedule Look Like?

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- 1. ICSM 10500: Ithaca College Seminar (**4 credits**)
- 2. Possible Major or Minor Interests (**3-6 credits**)
- 3. Themes Course or Courses (Integrative Core Curriculum requirement) (**3-6 credits, depending on if you are more or less uncertain of your interests**)
- 4. IISP 10500: Exploring the Options (**1 credit**)

**\*\*Important:** It is *possible* that a course you take as a Themes/Perspectives course *could* fulfill a future major or minor requirement. Thus, DO NOT get too anxious about selecting a Themes/Perspectives course.\*\*

\*WRTG 10600: Academic Writing is another possibility that you may be able to take first semester. If you do not get into this course, do not worry!

All college schedules look different. Do NOT PANIC if your schedule looks different from your roommate or friend.



# Faculty Academic Advising and Student Academic Planning

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- Advisors **advise**: You **decide**
- You **must prepare** for meetings
  - **Make note** of **office hours**, professor appointment calendars
- You **must initiate** communication after your first meeting
  - **Write** polite, formal emails (Dear Prof. DiFrancesco...)
- Be **punctual** and **respectful with regards to time**; cancel appointments when necessary
- **Take responsibility** for the grades you earn and **consequences**
- **Follow through** on referrals when professors refer you to colleagues or other campus resources
- **Read** syllabi and familiarize yourself with college policies

# What if I'm Panicking Right Now?

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Breathe!

Happenstance is real.



# Resources and Involvement

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- Writing Center
- Tutoring Center
- CAPS
- Hammond Health Center
- Fitness Center
- Student Accessibility Services
- Library
- Student Financial Services
- Career Services
- Student Clubs/Organizations
- LGBTQ+
- Religious / Spiritual Life



# Key Upcoming Dates

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- August 19-20: Fall Orientation
- August 23: First day of classes
- August 24: Explore S'more with the Exploratory Program
- August 29: Last Day to Drop/Add

# Finally: You MUST Plan

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## Note:

- Integrate personal needs and priorities
- Intentionally think about your choices
- You have NO FREE TIME
- You have CHOICE TIME



# Action Steps

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- Head to Friends Hall, 3<sup>rd</sup> Floor
- **Pull up your schedule** on Degree Works/Homer
  - Don't know how to do this or confused? ASK US!
- Make sure we check your schedule
- Do **NOT LEAVE UNTIL** we have **recorded** that your schedule was checked

THANK YOU!