

Supporting Transgender and Gender Nonconforming Children:  
Additional Resources for Professionals, Families and Caregivers

**Lists of children's book titles with transgender characters or themes**

American Library Association Rainbow Book Lists GLBTQ Books for Children and Teens

<http://glbtrt.ala.org/rainbowbooks/>

American Library Association Stonewall Book Awards Lists for Children's and Young Adult Literature

<http://www.ala.org/glbtrt/award>

Welcoming Schools Book List Gender-Expansive and Transgender Children: Books for Students

<http://www.welcomingschools.org/pages/looking-at-gender-identity-with-childrens-books>

**Books for children**

Costa, Monique. *When Leonard Lost His Spots: A Trans Parent Tail*. 2012.

Ewert, Marcus. *10,000 Dresses*. 2008.

Fabrikant, Amy. *When Kayla Was Kyle*. 2013.

Gino, Alex. *George*. 2015.

Gonzalez, Maya Christina. *Call Me Tree/ Llamame arbol*. 2014.

Hall, Michael. *Red: A Crayon's Story*. 2015.

Herthel, Jessica & Jazz Jennings. *I Am Jazz*. 2014.

Hoffman, Sarah. *Jacob's New Dress*. 2014.

Kilodavis, Chery. *My Princess Boy*. 2010.

Podgurski, Mary Jo. *Nonnie Talks About Gender*. 2014.

**Books for parents, caregivers, and professionals**

Brill, Stephanie and Rachel Pepper. *The Transgender Child: A Handbook for Families and Professionals*. 2008.

Ehrensaft, Diane. *The Gender Creative Child*. 2016.

Pepper, Rachel (editor). *Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children*. 2012.

**Videos about Ryland Whittington and Jazz Jennings**

<https://www.youtube.com/watch?v=-7gjlCQ3kL4> (Jazz as a teen)

<http://www.youtube.com/watch?v=7S5usRgY720> (Jazz as a young child)

<https://www.youtube.com/watch?v=yAHCqnuX2fk> (Ryan as a young child, and his family)

## **K-12 Schools: Resources For Teachers, Administrators, and Families**

Model School District Policy on Transgender and Gender Non-Conforming Students

<http://www.glsen.org/download/file/NzUwNA==>

Transgender Students in Schools: Frequently Asked Questions and Answers for Public School Boards and Staff

[https://cdn-files.nsba.org/s3fs-public/reports/2016\\_Transgender\\_Guide.pdf?oMOU69muk\\_wm5xRnllM75MnBqQ9H5o7S](https://cdn-files.nsba.org/s3fs-public/reports/2016_Transgender_Guide.pdf?oMOU69muk_wm5xRnllM75MnBqQ9H5o7S)

Schools In Transition: A Guide for Supporting Transgender Students in K-12 Schools <http://www.nclrights.org/wp-content/uploads/2015/08/Schools-in-Transition-2015.pdf>

Harsh realities: The experiences of transgender youth in our nation's schools

<http://www.glsen.org/learn/research/national/report-harsh-realities>

[Title IX Resource Guide, US Department of Education](#)

Department of Health and Human Services, Department of Education, and Department of Justice [stopbullying.gov](http://stopbullying.gov)

<http://www.glsen.org/> Lesson plans, curricula, and more

<http://welcomingschools.org/> tools for educators

<http://www.tolerance.org/> classroom resources, professional development, and publications

### **For coaches and sports-related professionals**

Developing Policies for Transgender Students on High School Teams <https://www.nfhs.org/articles/developing-policies-for-transgender-students-on-high-school-teams/>

Guidelines for Creating Policies for Transgender Children in Recreational Sports

[https://www.dropbox.com/s/czdivxw8d9jpgjr/trans\\_children\\_in\\_sports.pdf?dl=0](https://www.dropbox.com/s/czdivxw8d9jpgjr/trans_children_in_sports.pdf?dl=0)

NCAA Inclusion of Transgender Student-Athletes <http://www.ncaapublications.com/p-4335-ncaa-inclusion-of-transgender-student-athletes.aspx>

On the Team: Equal Opportunities for Transgender Student Athletes <http://www.nclrights.org/wp-content/uploads/2013/07/TransgenderStudentAthleteReport.pdf>

### **Camp resources**

Gender Spectrum inclusion of transgender children at camps, sports, leagues, and other activities section -

<https://www.genderspectrum.org/resources/parenting-and-family-2/>

Camp Aranu'tiq, serving trans and gender variant youth <http://www.camparanutiq.org/>

### **Early childhood education**

National Association for the Education of Young Children resources including:

<https://www.naeyc.org/files/yc/file/201001/LesserOnlineExtra2.pdf>

[www.naeyc.org/files/yc/file/201001/LesserHandout310\\_2.pdf](http://www.naeyc.org/files/yc/file/201001/LesserHandout310_2.pdf)

[https://www.naeyc.org/files/naeyc/file/vop/VOP\\_Daitsman\\_Final\(1\).pdf](https://www.naeyc.org/files/naeyc/file/vop/VOP_Daitsman_Final(1).pdf)

### **For counselors and helping professionals**

Family Acceptance Project Publications, including Supportive Families, Healthy Children

<http://familyproject.sfsu.edu/publications>

A Practitioner's resource Guide: Helping Families to support their LGBT children <http://store.samhsa.gov/product/A-Practitioner-s-Resource-Guide-Helping-Families-to-Support-Their-LGBT-Children/PEP14-LGBTKIDS>

Supporting and Caring for Our Gender-Expansive Youth

[https://www.genderspectrum.org/staging/wp-content/uploads/2014/12/HRC\\_report.pdf](https://www.genderspectrum.org/staging/wp-content/uploads/2014/12/HRC_report.pdf)

### **Resources for Parents and Caregivers**

Gender Spectrum organization, helps create gender inclusive environments for children and teens

[www.genderspectrum.org](http://www.genderspectrum.org)

Trans Youth Family Allies <http://www.imatyfa.org/>

No Dumb Questions, a documentary about three children who learn one of their beloved relatives is transitioning

[nodumbquestions.com](http://nodumbquestions.com)

I'm Just Anneke and The Family Journey <https://www.newday.com/film/im-just-anneke>

### **General resources**

PFLAG's Welcoming Our Trans Family and Friends <http://community.pflag.org/document.doc?id=921>

The Teaching Transgender Toolkit, includes a section of professional development sessions for K-12 teachers and youth workers <http://www.teachingtransgender.com>

Transgender FAQ <http://www.glaad.org/transgender/transfaq>

Understanding Issues Facing Transgender Americans <http://www.lgbtmap.org/file/understanding-issues-facing-transgender-americans.pdf>