

## Health History Form

What is your preferred name? \_\_\_\_\_

What is your sex assigned at birth? ☐ Male ☐ Female

What is your gender identity? \_\_\_\_\_

What are your preferred pronouns? \_\_\_\_\_

**Please be aware that you can update the information you provided above in the "Profile" tab of the portal. Please keep your local address and preferences current, so that we can better serve you throughout your time as a student at Ithaca College.**

**Please select all that apply to your medical history:**

**Blood Disorders:**

- ☐ Anemia
- ☐ Bleeding disorder
- ☐ Blood clots/Phlebitis
- ☐ Sickle Cell Trait or Disease

**Bone and Joint Problems:**

- ☐ Arthritis
- ☐ Back pain, chronic
- ☐ Repetitive Stress Injury
- ☐ Scoliosis

**Cancer:**

- ☐ Breast Cancer
- ☐ Lymphoma
- ☐ Melanoma
- ☐ Testicular Cancer

**Disability:**

- ☐ Hearing Impaired
- ☐ Learning Disability
- ☐ Mobility/Wheelchair
- ☐ Vision impaired

**Neurological (Brain):**

- ☐ Attention Deficit
- ☐ Concussion
- ☐ Migraine Headaches
- ☐ Seizure

**Gastrointestinal/Stomach:**

- ☐ Acid reflux
- ☐ Inflammatory Bowel Disease
- ☐ Irritable Bowel Syndrome
- ☐ Ulcer (Duodenal or Peptic)

**Heart/Cardiovascular:**

- ☐ Heart Murmur
- ☐ High blood pressure
- ☐ High cholesterol
- ☐ Stroke

**Infections:**

- ☐ Chicken Pox
- ☐ Hepatitis B or C
- ☐ HIV Infection
- ☐ Mononucleosis
- ☐ Sexually Transmitted Infection
- ☐ Tuberculosis or Positive PPD

**Mental Health:**

- ☐ Alcoholism/Drug abuse
- ☐ Anxiety Disorder
- ☐ Attention Deficit Disorder
- ☐ Bipolar Disorder (Manic/Depression)
- ☐ Depression
- ☐ Eating Disorder

**Endocrine:**

- ☐ Diabetes
- ☐ Thyroid Disorder

**Respiratory/Breathing:**

- ☐ Asthma
- ☐ Hay Fever/Allergies

**Skin Problems:**

- ☐ Acne
- ☐ Eczema
- ☐ Psoriasis

**Urinary:**

- ☐ Bladder Infections (Cystitis)
- ☐ Kidney Infection
- ☐ Kidney Stones

**Women's Health:**

- ☐ Abnormal Pap Smear
- ☐ Endometriosis
- ☐ Menstrual Problems
- ☐ Pelvic Inflammatory Disease
- ☐ Polycystic Ovary Syndrome
- ☐ Pregnancy

**Miscellaneous Health Problems:**

- ☐ Lupus
- ☐ Smoker, Current
- ☐ Smoker, Past
- ☐ Weight problems

**Do you have any other health problems not identified above?** If so, please list and explain:

\_\_\_\_\_

**PERSONAL MEDICAL HISTORY ADDITIONAL COMMENTS**

If you checked any of the conditions listed above, please explain:

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**\*\*Student's Cell Phone Number:** \_\_\_\_\_

☐ **\*\*I verify that I have reviewed the list of personal health history conditions above and have marked any that apply to me.**

**FAMILY MEDICAL HISTORY:**

Please select all that apply to your family medical history:

**Blood Disorders:**

- ☐ Anemia
- ☐ Bleeding disorder
- ☐ Blood clots/Phlebitis
- ☐ Sickle Cell Trait or Disease
- ☐ Thalassemia

**Respiratory/Breathing:**

- ☐ Asthma
- ☐ Hay Fever/Allergies

**Infections:**

- ☐ Hepatitis B or C
- ☐ Tuberculosis or Positive PPD

**Cancer:**

- ☐ Breast Cancer
- ☐ Colon Cancer
- ☐ Melanoma
- ☐ Ovarian Cancer

**Gastrointestinal/Stomach:**

- ☐ Acid reflux
- ☐ Inflammatory Bowel Disease
- ☐ Irritable Bowel Syndrome
- ☐ Ulcer (Duodenal or Peptic)

**Mental Health:**

- ☐ Alcoholism/Drug abuse
- ☐ Anxiety Disorder
- ☐ Bipolar Disorder (Manic/Depression)
- ☐ Depression
- ☐ Suicide

**Neurological (Brain):**

- ☐ Alzheimer's Disease
- ☐ Migraine Headaches
- ☐ Seizure

**Heart/Cardiovascular:**

- ☐ Heart disease/Heart Attack
- ☐ High blood pressure
- ☐ High cholesterol
- ☐ Stroke

**Endocrine:**

- ☐ Diabetes
- ☐ Thyroid Disorder

**Miscellaneous Health Problems:**

- ☐ Other

Parent Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Telephone#: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Telephone#: \_\_\_\_\_

How many siblings do you have? \_\_\_\_\_

☐ **\*\*I verify that I have reviewed the list of medical conditions above and have marked any that apply to my Family Medical history.**

**Hospitalizations/Surgeries/Other Medical Procedures**

Please list any surgical procedures or hospitalizations you have had:

| # | Description | Approx Date |
|---|-------------|-------------|
|   |             |             |
|   |             |             |
|   |             |             |
|   |             |             |
|   |             |             |

Surgical History/Hospitalization/Other Procedures Additional Comments:

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☐ \*\*I verify that I have reviewed and listed any applicable hospitalizations, surgeries, or procedures above.

**Current Medications**

Please list any current (frequent or regular) medications below:

| # | Name of Medication | Dosage of Medication |
|---|--------------------|----------------------|
|   |                    |                      |
|   |                    |                      |
|   |                    |                      |
|   |                    |                      |
|   |                    |                      |

☐ I am not currently taking any medications.

Please list any vitamins or supplements below:

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☐ \*\*I verify that I have reviewed the above section, and have listed any medications that I am currently taking.

**Allergies to Drugs or Other Severe Adverse Reactions**

Please list any allergies or adverse reactions to medications below

| # | Name of Substance | Type of Reaction | Approx Date of Onset |
|---|-------------------|------------------|----------------------|
|   |                   |                  |                      |
|   |                   |                  |                      |
|   |                   |                  |                      |
|   |                   |                  |                      |

☐ I do not have any known drug allergies.

Please list any substances or materials to which you have an allergy or history of severe reactions:

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☐ \*\*I verify that I have reviewed the above section and have listed any allergies or sensitivities that I have to medications or other substances.