

# Study Methods

## FLASHCARDS

- easy to make
- good for regurgitative content
- can easily become repetitive, boring and overwhelming
- try sorting them into piles of easy, medium and hard. make sure to review the hard ones more often than the easy ones.

## WHITE BOARDING

- mindmap, draw out diagrams, pro/cons tables etc
- can use a sheet of paper instead of a white board
- try rewriting notes from memory and going back to fill in/correct your work with a different color

## TEACHING OTHERS

- teach a parent, friend, partner the content from class
- practice explaining it at different levels of complexity
- teach to a classmate so they can catch when you explain something incorrectly

## REWRITING NOTES

- rewrite and organize notes from class. add diagrams and pictures etc.
- make sure you are writing things in a way that makes sense to you
- add a summary sentence/paragraph after each topic to practice synthesizing information

## SELF TESTING

- try to think like a professor, how would they ask a question to make sure you really understand the information?
- create a practice test with classmates to be exposed to a variety of question wording etc.
- mimic a test taking environment (no phone, closed book etc.)