



SCHOOL OF HEALTH SCIENCES AND HUMAN PERFORMANCE

Public and Community Health, BS

Are you passionate about making a positive impact on the health and well-being of individuals and communities?

Public health focuses on improving human health through using knowledge and skills to prevent diseases and injuries, protect the public from harm, and promote health throughout the state, nation, and the world.

Public health is a field that provides many rewarding career opportunities. You can enter the workforce upon graduation or pursue further specialized study in graduate school.

NEXT STEPS

Graduates who pursue additional health-related studies may earn a master's degree in public health (MPH), health administration (MHA), or pursue clinical options, such as nursing or physician assistant studies.

WHERE OUR STUDENTS ATTEND

- Columbia University
- Cornell University
- Boston University
- Emory University
- Johns Hopkins Bloomberg School of Public Health
- SUNY University of Albany

WORKFORCE READY

Take action:

- Implement initiatives to address housing, health, and food needs.
- Foster community engagement to tackle health and environmental issues.
- Offer compassionate and respectful care in community and healthcare settings.

Lead:

- Direct personalized primary care initiatives for healthcare networks.
- Organize professional development activities for healthcare professionals.
- Coordinate social media campaigns promoting health behaviors across the lifespan.

Research:

- Harness your passion to address health inequities.
- Coordinate grants to advance global and public health interventions.
- Analyze insurance plans and service provisions.

Advocate:

- Advance social justice and equitable healthcare as members of public health organizations or government agencies.
- Research policy issues for governments.



For more information:
HSHPdean@ithaca.edu • or visit
www.ithaca.edu/academics/school-health-sciences-and-human-performance



ITHACA COLLEGE

School of Health Sciences and Human Performance

Public and Community Health, BS

Cumulative total for Degree = 120 credits

First Year Fall Courses

HLTH 11700 Foundations of Public Health (SO)(3)
ICC-ICSM Ithaca Seminar (ICSM)(4)
WRTG 10600 Academic Writing I (AW)(4)
ICC xxxxx ICC Humanities (3)
Math (If Needed) or Free Elective (1)

First Year Spring Courses

BIOL 11900 Fundamentals of Biology (4)
ICC xxxxx Creative Arts (CA)(3)
MATH xxxxx Statistics Elective (QL)(3-4)
MATH 14400, 14500, 15500, or 21600
Free Electives (6)

Second Year Fall Courses

HLTH 20500 Critical Health Issues (DV,SO)(3)
HLTH 21700 Epidemiological Approaches (3)
HLTH 22600 Health Communication (3)
ICC xxxxx ICC Natural Science (SC)(3)
Free Elective (3)

Second Year Spring Courses

HLTH 25000 Global Health (DV)(3)
HLTH 22900 Human Disease (3)
HLTH/GERO Health or Gerontology Elective (3)
Free Electives (6)

Third Year Fall Courses

HLTH 31600 Health Research & Analysis (QL)(3)
HLTH 31700 Community Health (3)
HLTH/GERO Health or Gerontology Elective (3)
Free Electives (6)

Third Year Spring Courses

HLTH 33300 Development & Evaluations of
Health Programs (3)
HLTH/GERO Health or Gerontology Elective (3)
Free Electives (9)

Fourth Year Fall Courses

HLTH 41700 Public Health: Policy & Justice (WI)(3)
HLTH 34900 Supervised Research or
HLTH 45300 Fieldwork in Health (3)
Free Electives (9)

Fourth Year Spring Courses

HLTH 44400 Leadership in Health (CP)(2)
Free Electives (10)

Integrative Core Curriculum: Creative Arts (CA), Humanities (HM), Natural Sciences (SC), Social Sciences (SO), Ithaca Seminar (ICSM), Academic Writing (AW), Diversity (DV), Quantitative Literacy (QL), Writing Intensive (WI), Capstone (CP)