

Student Affairs & Campus Life Resource Guide

Fall 2026

Crisis Resources

- Ithaca College Office of Public Safety: (607) 274-3333 or 911 if you are not on campus
- National 24/7 suicide and crisis hotline by calling or texting 988
- [National 24/7 texting hotline](#) by texting CONNECT to 741741
- [The Trevor Project](#): Trevor Lifeline [1-866-488-7386](#), available 24/7
- The Advocacy Center: call the 24-hour hotline (607-277-5000) to speak with an advocate

Support & Emergency Resource

The SAFE IC app can help turn any smartphone into a personal safety device and is an integral part of Ithaca College's program to promote the well-being of the campus community. In conjunction with the Emergency Notification System, it provides both mass notification services ([IC Alerts](#)) and quick access to important safety and wellness contacts, information, and resources. Features include but are not limited to, a virtual safety timer for an extra layer of safety wherever you are, direct contact with Public Safety via mobile BlueLight technology, other crisis support and emergency services, on-campus and off-campus support services such as Advocacy Center of Tompkins County, national hotlines and campus directory. Find more information about the [SAFE IC App click here!](#)

Reviewed and updated by SS on 6/22/26

Academic Advising

Faculty advisors and staff members in the [Academic Support Center \(ASC\)](#) can collaborate to meet the advising needs of students. Please see the ASC section of this guide for staff contact information.

[Academic Concerns](#) can be submitted at any time if you are concerned about a student's academic success.

Reviewed and updated by E Bleicher on 6/22/26

Leaves of Absence

- **Personal Leave:** Students wishing to discuss a personal Leave of Absence should begin the process with the Academic Support Center by submitting a [Leave of Absence or Withdrawal form](#) (also located in [IC Workflow](#)). Email academicsupport@ithaca.edu or jriegel1@ithaca.edu for more information.
- **Health Leave (formerly MLOA):** Students can start the process and schedule to meet for support through the [Request a Leave or Withdrawal form](#). Students wishing to discuss a Leave



of Absence for medical, physical health, or psychological health reasons should contact Heather Crider in the office of Student Accessibility Services.

- sas@ithaca.edu
- (607) 274-1005.

For more information visit the [LOA/WD website](#).

Reviewed and updated by Jacqueline W. on 6/23/26

The Unity Center

The [Unity Center](#) empowers all students through events, education, and support for the Ithaca Achievement Program (IAP), Dr. Martin Luther King Jr. (MLK) Scholarship recipients, and First-Generation students. We foster an inclusive, supportive environment, promoting ethical development, social justice, and academic excellence. Our Center advocates for equity, offers vital resources, and encourages community engagement to ensure students thrive at Ithaca College and beyond. We also have a Quiet Study Lounge, Hair & Self Care Closet, and Sensory Space in the suite for any IC Student to use throughout business hours. In addition to programs and retreats, the staff are available to connect/consult in-person with students in groups or on 1:1 basis. The Center's physical space is at 339 Egbert Hall, third floor of the Campus Center across from the elevator.

For More Information:

- Point person: Cliff-Simon Vital, Correspondence to be sent to unitycenter@ithaca.edu, Phone: 607-274-7777, Instagram: @ICUnityCenter

Reviewed and updated by Cliff-Simon on Aug 5 2026

Campus Center

The Campus Center is open seven days a week during the fall and spring semesters, 7:00am-midnight. Break hours will vary and will be posted on [the Campus Center website](#).

The information desk is staffed and taking questions and calls from 9:00am-midnight seven days a week during the fall and spring semester. The number is 607-274-3011.

[Services](#) include a Food Pantry, Rec Center (game room), meeting rooms and lounges, food venues, and a scanner and printer; all are located in the building and available for student use.

Rec Center hours for the fall and spring semesters are 12pm-10:00pm Monday through Fridays when classes are in session.

Reviewed and updated by Sybil Conrad on 6/22/2026

The Center for Career Exploration & Development

We help with a variety of career topics, including exploring your interests, job/internship searches, interview prep, resumé/cover letter reviews, graduate school applications, etc. Many programs happen with alumni and employers, both virtually and in-person, including weekly career prep workshops, job shadow opportunities, and a variety of fairs and recruitment events.

Offering both in-person and virtual options to meet with Peer Career Advisors and professional staff.

- In-person Career Drop-Ins: Monday-Friday 11 am - 2 pm - No appointment necessary.
- In-person & virtual appointments: Monday-Friday 9 am - 5 pm - Please call or email to schedule.

For more information

- Contact us at careers@ithaca.edu or 607-274-3365.
- Check out [Engage](#) and follow us on Instagram at IC Careers for event announcements and other important resources.

You can also access an array of virtual and digital resources on the [Center for Career Exploration & Development website](#).

Reviewed and updated by Dave Curry on 6/22/2026

Student Employment

[Student Employment](#) is now located in the Center for Career Exploration and Development. All students at Ithaca College are eligible to work on campus. For information about Student Employment, visit our website above, or email studentemployment@ithaca.edu.

Reviewed and updated by Dave Curry on 6/22/2026

Center for Health Promotion (CHP)

Located in West Tower 2102, the Center for Health Promotion supports student wellness through prevention initiatives, wellness resources, substance use education, and campus engagement opportunities.

Services include:

- **BASICS Program:** Private, free sessions to help students explore and reduce risks related to alcohol, cannabis, nicotine, and other substance use. Email healthpromotion@ithaca.edu to schedule.
- **Walter's Wholeness Express:** Free wellness supplies available for campus delivery or pickup, including KN95 face masks, sexual health supplies, substance use harm reduction supplies, Quit Kits, Sleep Kits, Tick Kits, and Plan B.

- **Wellness Resource Room:** Self-care space in the Fitness Center offering wellness tools, relaxation resources, and free wellness supplies.
- **Wellness Workshops:** Regular educational programs and events focused on student health and well-being.
- **Wellness Information:** Helpful links, [campus data](#), tools, and resources are available on the [Center for Health Promotion website](#). Wellness information for students and employees is also available on the [Wellness at IC resource page](#).

Get Involved! Students and employees looking for leadership opportunities can get involved with different health and wellness committees, including the [Alcohol and Other Substances Team](#) and the [Mental Health Flock](#).

Contact:

healthpromotion@ithaca.edu | [Center for Health Promotion website](#)

Reviewed and updated by Rebecca Cogan Carroll on 8/5/26

Academic Support Center (ASC)

The [Academic Support Center \(ASC\)](#) is located on the first and second floors of Muller Faculty Center (main entrance is Muller 106 in tunnel by Career Exploration and Development) and brings together the expertise of the deans' offices, success coaching, and key campus partners to connect students with quick answers, referrals, and helpful guidance.

To contact the Academic Support Center:

- Email academicsupport@ithaca.edu or call (x3381)
- [ASC Staff](#)
 - **Jacqueline Winslow, Ed.D.**, Assistant Provost for Student Success (x3658)
 - **Elizabeth Bleicher, Ph.D.**, Dean of Student Success (x1531)
 - **Melodye MacAlpine, Ed.D.**, Dean of Student Success (x7116)
 - **Dawn Kline**, Associate Dean of Student Success (x3941)
 - **Allison Davis**, Associate Director (Tutoring and Peer Coaching) (x5816)
 - **Julian Fuentes, Ph.D.**, Academic Development Specialist (x3727)
 - **Katy Hall**, Academic Development Specialist (x3940)
 - **Quinten Hernandez**, Academic Development Specialist (x3478)
 - **Michelle Lang**, Academic Development Specialist (x3970)
 - **Jim Riegel**, Academic Development Specialist (x3535)
 - **Jessica Santiago**, Academic Development Specialist (x3923)
 - **Jenna Caster**, Program Coordinator (x3381)

Services for Students

- 1:1 coaching and instruction in academic and personal success, goal setting, accountability and personal management skill building, provided by peer and professional success coaches

- Four-year course mapping; navigating degree requirements and progress
- Advising support for course registration and degree requirements
- Change or add major or minor
- Course waivers, withdrawal, add/drop questions
- Support for planning study abroad or study away
- Connection to campus resources that match a student's specific needs
- Support for academic recovery and return from leave or short-term absence
- Support for students considering transfer, leave of absence or withdrawal
- In-person & virtual student appointments available during business hours (x3381)

Tutoring and Peer Coaching Services

- **Peer Tutoring:** Peer Tutors offer course- and discipline-specific learning assistance in many standard and high-needs courses.
- **Peer Coaching:** Peer Success Coaches assist students with adjustment to college life and balancing academics, employment and extracurriculars.
- **Academic Success Programming:** Academic, study and personal management skills sessions to augment and reinforce students' learning practices including weekly Success Study Sessions and Peer Learning Groups (PLuGs). See website and social media for announcements: @ic.academicssupport on Instagram.

To [request peer tutoring or coaching services](#) visit the [Tutoring & Coaching website](#) or email tutoring@ithaca.edu.

Reviewed and updated by Jacqueline W. on 6/23/26

Counseling and Psychological Services (CAPS)

[IC Counseling and Psychological Services \(CAPS\)](#) is a free-standing student service office. CAPS main office is located in the lower level of the Hammond Health Center. We offer free and confidential mental health counseling for students. We are not affiliated with Cayuga Health-IC and **we do not bill students directly or use insurance**. We are open M-F, 8:30am-5:00pm.

Students can call (607) 274-3136 to schedule an appointment or email us at counseling@ithaca.edu to request more information about our services.

On-call counselors are available outside of business hours and 24 hours on the weekends at (607) 274-3136 (option #5 at the prompt). Staff/faculty may also call for after-hours consultation.

Services available

- CAPS offers in-person and telehealth-Zoom therapy, groups, crisis support, and consultations
- Crisis hours are Monday - Friday 2:00PM until 4:00PM, with last appointment seen at 3:30 pm
- After-hours crisis services are after 5pm Monday-Friday, on weekends, and campus closures. Call the CAPS office and follow the prompts (option #5) to connect to a live counselor.

- CAPS offers consultation to faculty and staff regarding student mental health needs. Faculty or staff seeking counseling can contact CAPS for guidance on local services or they can utilize the [Ithaca College Employee Assistance Program](#).

Reviewed and updated by GD on 8/3 & LM on 8/5

Dining Services

Visit the [Dining Services website](#) for detailed dining information and updated hours of operations.

For specific inquiries, contact dine@ithaca.edu or 607-274-1187, or the Unit Managers listed below.

- Assistant Director Campus Retail Dining : Dan Donovan, ddonovan@ithaca.edu
 - Primary contact for GrubHub, Exchange Locations & Café questions.
- Towers Dining, General Manager: Makaylah Hebbard, mhebbard@ithaca.edu
- Campus Center Dining, Executive Chef: Jack Applegarth, japplegarth@ithaca.edu
- Campus Center Dining, General Manager: Brandon Innerst, binnerst@ithaca.edu
- Terrace Dining, General Manager: Cecil Malone II, cmalone@ithaca.edu

Reviewed and updated by Reg B on 7/30/26

First-Generation Program

Contact Information

- Point person: Cliff-Simon Vital; Correspondence can be sent to firstgen@ithaca.edu Phone: 607-274-7777, Office location: Egbert Hall Suite 339

Services offered

- Located in the Unity Center
- 1:1 support – contact our Program’s Director Cliff-Simon. Cliff-Simon is a resource, mentor, and guide for any first-generation college student wishing to make a connection. Cliff-Simon can offer support with transitioning to college, navigating IC processes, navigating resources, and more. firstgen@ithaca.edu for more information.
- Programming for First Generation students hosted throughout the academic year.
- Shared Journey – a residential learning community specifically for first-generation college students to live in community together within East Tower.
- IC First-Generation Student Organization – A student organization that is a wonderful place to find community and offers many programs, social, and leadership opportunities.
- First-Gen Week – Celebrating first generation student identity, during the first week of November
- First-Generation Study Lounge: Located in Egbert Hall (Campus Center), Room 343. Students can utilize microwave oven, mini fridge, adjustable desks, charging stations, and white board. Students can also stop in the Unity Center lobby for coffee and tea.

Reviewed and updated by Cliff-Simon on August 5 2026

Food Pantry

The Food Pantry, located in the Campus Center. The fall and spring semester hours are Mondays from 2:00pm-4:00pm, Tuesdays and Thursdays from 12:00pm-2:00pm and Wednesdays and Fridays from 4:00pm-6:00pm. More details, including pantry location and break hours can be found on the [Working for Food Security](#) webpage.

Point person: Sybil Conrad, sconrad@ithaca.edu

If you have a food emergency and need food pantry access outside of open hours, please call 607-274-3011 or stop by the Campus Center information desk any day of the week between 9am and midnight.

Reviewed and updated by Sybil Conrad on 06/22/2026

International Programs

For more information, please visit the [International Programs website](#).

- **International student advising**

Diana Dimitrova, who can be reached by e-mail at ddimitrova@ithaca.edu or by phone at +607-274-1284. You can [make an appointment to meet with Diana](#).

- **Study Abroad Advising**

Rachel Gould, who can be reached by email at rgould@ithaca.edu or by phone at +607-274-3306. You can make an appointment to [meet \(in person or online\) with a study abroad adviser](#).

Reviewed and updated by Diana Dimitrova on 06/22/2026

LGBTQ Center

Visit the [LGBTQ Center website](#) or find us on Instagram at [@ic_lgbtq](#).

- Center staff can be reached at: lgbt@ithaca.edu
- Director: Crissi Dalfonzo (she/her) cdalfonzo@ithaca.edu 607-274-7394
 - Schedule a meeting with Crissi at calendly.com/cdalfonzo/
- Pride Fellow: Cefari Langford (they/them) clangford@ithaca.edu 607-274-7050
 - Schedule a meeting with Cefari at: calendly.com/cefaril
- Location: Towers Concourse
 - Hours: Pro Staff 9 am- 5 pm, Monday-Friday
 - Lounge is open 24/7 with swipe card access

Services available

- LGBTQ Center offers direct support to students and hosts educational and social events designed to create opportunities for connection, community, and learning.
- In addition to various programs being planned and trainings being conducted, the LGBTQ Center staff are available to connect by appointment with students in groups or one-on-one, as requested.

- The LGBTQ Center has a lounge, kitchenette that is stocked with snacks and coffee, a lending library stocked with queer texts, and a cozy rest and relaxation room where you can escape the noise, make a zoom call, or take a nap.
- The Center also manages the Gender Affirming Closet, a donation-based resource that is available to students completely free of charge. A great way to try new gender expressive clothes in a safe and affirming environment, the Closet is open whenever the Center is.
 - [Gender Affirming Undergarment Program](#). The Closet now has a stock of binder tops and tucking underwear for students to try on. Students can order one item of their choice free of charge!
- There are also several student groups- check Instagram or contact the LGBTQ Center for information about clubs meeting times and locations, including Prism and Spectrum.
- IC's award-winning local LGBTQ history tour is available at any time, on demand. It may dovetail well with courses in sociology, politics, communication, journalism, American studies, social movements, music, health, business, as well as history and LGBTQ studies. Complete info and instructions for downloading the tour app available [online](#). Using virtual mode the tour can be used from anywhere in the world and includes audio and transcript, photos and some video of 32 LGBTQ historic sites over 7 miles in Ithaca. A [desktop version](#) of the tour is also available, also accessible from anywhere with an internet connection.

Reviewed and updated by CMD on 8/5/26

New Student and Transition Programs (NSTP)

Visit the [New Student and Transition Program \(NSTP\) website](#) or follow us on Instagram and TikTok @ictransition.

- Contact: Ellie Burke, Assistant Director, can be reached at eburke1@ithaca.edu

Services

- NSTP helps new students and their families with preparing for, connecting with, and transitioning to IC.
- Coordinate and assist students and their families with the New Student Checklist and any other onboarding questions.
- Provide support to new students struggling with transitioning to college, refer to campus partners as needed.
- Coordinate in-person Orientation programming to provide support to new students as they transition to IC.
- Advise the Tau Sigma National Honor Society and work with transfer students to provide support during their transition to IC.
- Support the planning and coordination of Homecoming & Family Weekend programming.

Reviewed and updated by EB on 6/24/26



Office of Access, Opportunity & Achievement

Visit the [Office of Access, Opportunity & Achievement \(OAOA\) website](#) or follow us on Instagram @oaoa_ic_

- Contact: Denise Polanco, Director, can be reached at dpolanco@ithaca.edu
- Location: East Towers 14th Floor
- Phone: 607-274-1267

Office of Access, Opportunity, and Achievement (OAOA) is home to the following grants available to students. Eligibility and application process vary for each program and is listed on our website. Services provided by OAOA are available only to current participants in one of our programs.

- Higher Education Opportunity Program ([HEOP](#))
- Collegiate Science & Technology Entry Program ([CSTEP](#))
- Careers in Science, Technology, Engineering, and Mathematics Program ([CSTEM](#))
- Foster Youth College Success Initiative ([FYCSI](#))

Services

Current HEOP, CSTEP, C-STEM, and FYCSI scholars receive services to support their academic, career, social, and personal development, and have access to OAOA Counselors/SFS liaison, Peer & Faculty Mentors, and Peer & Faculty Tutors.

- Academic success programming
- Assistance obtaining experiential learning opportunities (internships, research, etc.)
- Supplemental funding for educational opportunities (e.g. experiential learning, graduate and licensure test preparation, conference attendance)
- Laptop lending program

Reviewed and updated by Denise Polanco on 7/1/2026

Office of ICare and Student Support

The [Office of ICare and Student Support \(ISS\)](#) can be reached at (607)274-7731 or icare@ithaca.edu. ISS staff are available Monday-Friday during business hours (office closes at 4pm on Fridays). We are located at 120-124 Towers Concourse.

- Contact: Rebecca Cogan Carroll, Director

ICare referrals can be submitted at any point if a person is concerned about the mental health/wellness of a student. [Click here to access the ICare referral form.](#) The focus of outreach will be on assisting students in connecting to resources available at IC and/or in their current area.

Please direct concerns that are primarily academic in nature to the [Academic Concern process](#).

Reviewed and updated by Emmy LoBrutto on 7/29/26

Office of Public Safety and Emergency Management

Visit the [Office of Public Safety and Emergency Management website](#) or contact the following:

- Scott N. Garin, Executive Director and Chief — sgarin@ithaca.edu
- Thomas E. Dunn, Director and Deputy Chief — tdunn@ithaca.edu
- Mike Stone, Associate Director for Environmental Health and Safety — mstone1@ithaca.edu
- Elyse Nepa, Assistant Director — enepa@ithaca.edu *Clery Act compliance, community engagement, crime prevention education, and training*
- Samm Swarts, Assistant Director — sswarts@ithaca.edu *Emergency preparedness and response; student employment opportunities*
- Robin Whitmore, Administrative Assistant — rwhitmore@ithaca.edu
- Parking inquiries: parkinginquiries@ithaca.edu
- General office inquiries: publicsafety@ithaca.edu

About the Office

- The Office of Public Safety and Emergency Management provides services 24 hours a day, 7 days a week, 365 days a year.
- For emergencies, call (607) 274-3333, dial 3333 or 911 from a campus landline, use a blue light phone or emergency call box, or access assistance through the SAFE IC app.
- To report non-emergency information anonymously, call (607) 274-1060.

Public Safety and Emergency Management includes the following areas:

- Patrol and Security Services
- Environmental Health and Safety
- Parking Services
- Clery Act Compliance and Prevention Education
- Emergency Preparedness and Response
- Student Auxiliary Safety Patrol

Services

- Maintaining a safe and secure campus environment.
- Responding to emergencies and requests for assistance.
- Assisting with medical and mental health emergencies.
- Investigating reports of crime and policy violations.
- Supporting victims and connecting them with campus resources.
- Providing crime prevention and safety education.
- Coordinating emergency preparedness and response.
- Supporting campus events with safety planning and staffing.
- Administering parking permits and enforcing parking regulations.

- Managing lost and found property.
- Providing safety escorts.
- Offering student employment opportunities.

Reviewed and updated by TD on 07/13/2026

Office of Religious and Spiritual Life

The Director of Religious & Spiritual Life and designated partner affiliates are trained religious professionals on campus that serve the needs of students, faculty, and staff of any or no religious affiliation. All conversations are held in confidence. This team will refer to appropriate counseling and psychological resources if necessary.

- Point Person: Director; Rev. Lauren Kelly Benson can be reached at LKBenson@ithaca.edu
- For scheduling questions: Erin Foster can be reached at efoster@ithaca.edu
- Instagram @IC_SpiritualLife

Services available

- Weekly religious services: to view times of services visit the [Office of Religious and Spiritual Life website](#).
- Weekly guided meditation on M, W, F during the noon hour in the main Gathering Hall of Muller Chapel. Details are available on our Mindful IC page.
- Guidance provided for religious accommodation process, [here](#).
- Weekly Office Hours with the Director, at different times and places across campus.
- Weekly sacred text and mindfulness study groups.
- Weekly support groups for grief and sobriety
- Chaplaincy and being connected with a spiritual or religious professional that meets your individual needs can be arranged by emailing Erin Foster or Lauren Kelly Benson.

Reviewed and updated by LKB on 8/5/2026

Office of Residential Life

Residential Life provides support and resources for your on-campus housing community, including housing assignments, building maintenance requests, and lockouts. Visit the [Office of Residential Life website](#) or follow us on Instagram@icreslife.

- Director of Residential Life, [Beth O'Neill](#)
- Phone: 607-274-3141
- Email reslife@ithaca.edu for general questions, housing@ithaca.edu for housing assignment related questions.

Services

- Residential Life Office, East Tower lobby, is open Monday to Friday, 9:00 AM to 9:00 PM. Room lockout service is provided for Terraces, Towers, Quads, Emerson and Garden Apartments,

607-274-3141. Circle Apartment residents utilize lockout service at the Circles Office in Circles Community Building.

- Live-in staff (RAs and ACs) are available to assist you, plan events, and initiate outreach.
- Contact your Area Coordinator in our [staff directory](#)
- Late-night, emergency support is available by contacting the RA on duty for your building (posted at each residence hall)

Reviewed and updated by Beth O'Neill on 6/23/26

Office of Student Conduct & Community Standards

Visit the [Office of Student Conduct & Community Standards website](#) or follow us on Instagram @ic_studentconduct.

- Associate Director, Student Conduct and Community Standards, Samantha Shaffer
- Contact Student Conduct at conduct@ithaca.edu or (607) 274-3141 for any student conduct related questions.

Services

- Student Conduct oversees the Student Conduct process, meeting with students for policy violations, and working to maintain safety for the campus community.
- Student Conduct Office, East Tower lobby, is open Monday to Friday, 8:30AM to 5:00PM.

Reviewed and updated by Samantha Stocks on 6/23/26

Office of Student Engagement

Visit the [Office of Student Engagement website](#) or follow us on Instagram @ose_ic.

- Point person: Mish Lenhart, Director
- Email ose@ithaca.edu
- Phone: 607-279-3222

Services available

- The Office of Student Engagement is open Monday-Friday from 9:00am-5:00pm for drop-in assistance by a [Student Leadership Consultant](#), and students can call or stop by to schedule appointments with professional staff members at least one day in advance.
- The [Student Activities Center](#) is open Monday-Thursday from 11:00am-6:00pm and Friday from 11:00am-5:00pm. Resources available for all students involved in student organizations include programming supplies and meeting spaces.
- More than 150 Student Organizations and Student Leadership Institute workshops on a variety of topics can be found on [IC Engage](#). OSE helps students join existing clubs that match their interests or create new clubs.
- The [Leadership Scholar Program](#) and [BOLD Scholar Program](#) are both housed in OSE.

Reviewed and updated by Mish on 6/23

Student Accessibility Services (SAS)

Visit the [Student Accessibility Services website](#) or get in touch:

- sas@ithaca.edu for general and technology questions
- tests@ithaca.edu for test related questions
- 607-274-1005
- Stop by Garden Level PRW during office hours
- New to SAS? Complete our online [Application for Accommodations](#)
- Existing SAS students can use the [Online Student Accommodation System](#)

Services available

Through the interactive process, SAS works with students with disabilities to develop accommodations to ensure equal access to Ithaca College. Accommodations exist in a variety of IC environments; including academic, testing, housing, dining, etc.

- Information related to a disabling condition is kept private, only limited need to know information is shared, like letters of approved accommodation.

Students are encouraged to discuss barriers to access at their earliest convenience as some accommodation may take time to put in place.

NEW in 2026: SAS now facilitates the Health Leave of Absences Process (formally MLOA):

Students can start the process and schedule to meet for support through the [Request a Leave or Withdrawal form](#). Students wishing to discuss a Leave of Absence for medical, physical health or psychologic health reasons should contact Heather Crider in the office of Student Accessibility Services.

- sas@ithaca.edu
- (607) 274-1005.

Reviewed and updated by IM on 8/3

Student Emergency Relief Fund (SERF)

The Student Emergency Relief Fund (SERF) was established to provide financial assistance to students experiencing emergency financial needs. This fund is specifically intended to support students facing unanticipated and unforeseen expenses that could not have been planned for in advance. Please visit [IC's Supporting Financial Security website](#) for most up to date information about what resources are currently available.

SERF financial support includes two subcategories:

- The Emergency Relief Fund- Provides direct financial assistance to students facing urgent expenses that are unanticipated and unforeseeable. This support is intended for situations that

could not have been planned for in advance, such as emergency travel, unexpected medical costs, or urgent moving expenses.

- Course Materials Support – Offers help with purchasing required course materials through available vouchers. Applications must be submitted before making any purchases, as reimbursements are not possible. Vouchers are awarded on a first-come, first-served basis until all funds are distributed.

Contact

- Committee Chair: Marsha Johnson, Dean of Students
- Email: studentaffairs@ithaca.edu
- Phone: 607-274-3374

Reviewed and updated by Danni Klein on 7/29/26

Student Health Center

Student Health Services are located in the Hammond Health Center.

- Jennifer Metzgar, FNP Director of Student Health Services. Email jmetzgar@cayugahealth.org. Phone number 607-274-3177. Emails can also be sent to ICHealth@cayugahealth.org
- The Health Center hours are 8am-7pm Monday through Thursday, 8-5 Friday and 10-2 on Saturday
- Visits are by appointment only. Call the Health Center to schedule an appointment 607-274-3177

Services available

- Students may make appointments for a range of health concerns, including illness, minor injuries, gynecological services including IUD insertion, STI testing, uncomplicated mental health evaluation and treatment, gender affirming care, and physical exams. We offer standard vaccines, and PPDs.
- Health Insurance Navigator is available to help you understand your health insurance coverage.
- Allergy injections for students will be available for those receiving injections under the care of an Allergist.
- Lab is available.
- Medicar services for transportation to/from medical related appointments. There is no charge for this service.
- Over the counter medications for sale at low cost, no appointment needed.

Prepare for your visit:

- Bring your Student ID
- Bring your insurance card

Title IX

The [IC Title IX Office](#) is located in the Peggy Ryan Williams Center, Garden Level.

- Point person: Linda Koenig, lkoenig@ithaca.edu, Director for Title IX Compliance & Title IX Coordinator

Services available

- Title IX reports can be made by emailing lkoenig@ithaca.edu , filling out the online [report form](#), or by calling 607-274-7761
- Referrals will be responded to by the next business day. Please contact OPS if in need of an immediate response.
- All reports will be responded to by Linda Koenig or designee

Reviewed and updated by LJK on 6/22/2026