

Ithaca College Department of Physical Therapy Alumni Newsletter

December, 2007

Department of Physical Therapy Faculty and Staff

Ithaca Campus

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Barbara Belyea, Clinical Associate
Professor and Director—Ithaca Planning
Unit
Michael Buck, Clinical Assistant Professor
Charles D. Ciccone, Professor
Hilary Greenberger, Associate Professor
Terri Hoppenrath, Clinical Assistant
Professor and ADCE
Stephen Lahr, Associate Professor
Helene Larin, Assistant Professor
Chris McNamara, Clinical Assistant
Professor and Director OT/PT Clinic
Michael A. Pagliarulo, Professor and Chair
Nicholas Quarrier, Clinical Associate
Professor
Andrew J. Robinson, Professor
Gina White, Administrative Assistant

Rochester Center

Kathleen Buccieri, Assistant Professor
and DCE
Tiffany Hilton, Assistant Professor
Jeff Houck, Associate Professor
Ernest Nalette, Associate Professor and
Director – Rochester Planning Unit,
Graduate Chair
Deb Nawoczenski, Professor
Karen Nolan, Associate Professor
Cynthia Zablotny, Associate Professor
Debra Burris, Assistant to Director
Cindy Morse, Administrative Assistant
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News from the Chair

I am very pleased to share the exciting news from our PT Department. Details of some of our activities are described on the pages that follow, but I want to offer some highlights regarding our program and personnel. First and foremost, **Ray Boone retired at the end of the semester last spring!** He has been a legend in our program providing 32 years of dedicated service as the primary instructor in anatomy and also as the Director on our Bronx and Rochester campuses. Read the article that follows to learn how you can join us in honoring him through a scholarship in his name. In other faculty news, these individuals continued to excel in teaching, scholarship, and service. They instituted new interdisciplinary instruction, achieved widespread and numerous publications in journal articles and texts, presented at national and international meetings, and continued to serve the profession in elected and appointed positions at all levels. Drs. Ciccone and Nawoczenski received prestigious awards for their ongoing contributions to our profession. And most recently, Tiffany Hilton joined us to fill Ray's position.

Our students also continued to excel in all areas of academic and extracurricular experiences both on and off campus. One of our graduates last fall received the Mary MacMillan Scholarship Award, the highest award offered by the APTA to a PT student. The pass rate for our graduates remains strong – a three-year mean of 95% for first time test takers, which is far above the minimum of 80% for accreditation.

Our program continues to evolve with the profession. We initiated our six-year DPT degree program with the freshman class in fall of '06. We also began a pilot program for a clinical residency in neurologic physical therapy. The Rochester unit was relocated to the campus of Colgate Rochester Crozier Divinity School where we have state-of-the-art facilities, yet continue to enjoy the academic resources of the University of Rochester. In other program news, we received another accredited status for a 10-year period awarded by the Commission on Accreditation on Physical Therapy Education.

As you can see, the news is good from the home front. Join us at our next **ICPT Alumni Reception at the APTA Combined Sections Meeting, Thursday evening, February 7th at the Opryland Resort and Conference Center in Nashville.** Best wishes in your personal and professional lives.

Michael A. Pagliarulo, PT, EdD
Professor and Chair

For the very latest news and photos:

Visit us on the web at: <http://www.ithaca.edu/hshp/depts/pt>

Ray Boone Retires After 32 Years of Service!



Our beloved Ray Boone has finally decided it was time to move to his next phase of life: retirement. As our most experienced faculty member, Ray has had an enormous influence on our program. He joined our faculty in 1975 and since that time, he has been the primary faculty person in the human anatomy course for each year except two, when he was in an administrative position and coordinated the transition from our Bronx to Rochester campuses. Through the intense summer anatomy dissection course, the students quickly learned the demands of this course, as well as his high expectations and compassion for teaching/learning. We estimate that Ray has taught over 2000 students in our program. He was one of four members of the “Basic Master’s Curriculum Committee” that designed, developed, and implemented our five-year MS degree program that began in 1989. Ray also served as Director of our unit at the Bronx

Municipal Hospital Center/Albert Einstein College of Medicine. He supervised major renovations to our outdated facilities in the Nurse’s Residence so that they were more functional. In 1990, Ray coordinated the relocation of our Bronx unit to the River Road facility at the University of Rochester. As the first director of our Rochester unit, Ray hired faculty and staff, and implemented the curriculum. He again supervised major facility renovations, this time at the River Road building in 1995. He chaired our Department Curriculum Committee then became Curriculum Coordinator as we designed the transition from MS to DPT degree programs. The latter began in the fall of 2006 as a six-year, freshman entry program.

While these contributions to the Physical Therapy Department were instrumental in our evolution over the years, none of these adequately describe Ray’s influence on his students. Immediately after his retirement was announced in the invitation to the PT Alumni Reception held last February, we received several anecdotes and warm wishes from past students. One graduate recalled his pronunciation slip when he described the “muscles of mastication.” Even Ray remembers that one! A graduate from 1981 wrote a touching description of his profound impact on his students: “I always remember your encouragement, easy smile, and more often than not, much needed assistance... So thank you for your guidance and good humor; for placing me on my career path with knowledge and confidence, for the memory of good times through all that intense studying. And although you probably don’t remember me, that really isn’t important. The importance is in those of us who remember you and are grateful for your years of patience and tutelage.”

To honor Ray, we held a reception on June 3 at the Rochester Center. Several individuals made presentations, and a scrapbook of mementos from past students and friends was presented. Ellen Costello and Angela Easley Rosenberg (faculty colleagues from the Bronx and Rochester eras, respectively) sent video tributes that brought laughter and tears to the audience. In addition, we have established the Ray Boone Scholarship Fund (see next page) to directly benefit students in the PT program. There is no better way to honor Ray than through our students. They were and will always be his passion.

Ray Boone Scholarship Fund

To preserve Ray’s legacy to our program, we believed a scholarship for our students in his name would be the most appropriate recognition for his retirement. With the cost of education at Ithaca College now approaching \$40,000 per year, the final cost for the six-year DPT program could reach a quarter of a million dollars! This Fund could assist in this high cost, but the threshold for a scholarship is \$25,000. Ray has made the exceptional pledge of \$10,000 to initiate this program, and the faculty and staff have contributed generously. Your donations are necessary to reach the threshold and beyond. There are no administrative costs to this program, so 100% of the donations are applied to the Fund. In addition, donations become part of the Campaign for Ithaca College, so donors will become part of the College’s largest fund raising campaign in its history with a goal of \$115 million. Please consider a minimum donation of \$100 for this Fund that will directly benefit our students.

Name: _____ (please print)

Home Address: _____

Enclosed is my check for \$ _____ made out to **Ithaca College**.

Send to: Ithaca Fund
240 Alumni Hall
Ithaca College
Ithaca, NY 14850



Faculty and Fall Graduate Selected for National Awards by APTA



Charles D. Ciccone, PT, PhD ('75) and Kyle Willets, PT, DPT ('06) received national awards by the American Physical Therapy Association (APTA) presented at the Annual Conference, June 29 in Denver. Dr. Ciccone was one of 12 physical therapists selected to be named a Catherine Worthingham Fellow of the APTA, and Dr. Willets was one of 10 students selected to receive the Mary MacMillan Scholarship award. The Catherine Worthingham Fellow of the APTA is the highest honor accorded by the American Physical Therapy Association. The foremost criterion for this honor is that the APTA member is one "whose contributions to the profession through leadership, influence, and achievements demonstrate frequent and sustained efforts to advance the profession for a period of not less than 15 years preceding

the nomination for election" (APTA bylaws). Dr. Ciccone, has been a member of the editorial board of the journal *Physical Therapy* for 17 years and the 4th edition of his exceptional text, *Pharmacology in Rehabilitation*, is now in press. Dr. Willets was a student in our DPT degree program in physical therapy when she was nominated by the faculty for the Mary MacMillan Scholarship award, the highest given to a student in the final year of the academic program. Criteria for this award are superior scholastic performance, past productivity, evidence of potential contribution to physical therapy, and service to the APTA. Dr. Willets completed minors in health communication and integrative health studies and had extensive community service activities, which continue with her current volunteer experience in Guatemala. We offer our sincere congratulations to both of these individuals for their exceptional performance.



Faculty News

Our faculty members have been exceptional in their productivity and performance in their primary roles of teaching, scholarship, and service. Here are just a few of their accomplishments over the last academic year:

Katherine Beissner continued as President of the Board of Directors of Ithacare and was instrumental in building bridges between the College and community. **Barbara Belyea** has been actively involved in interdisciplinary education: conducted Interdisciplinary Practice in Sports Medicine course and Interdisciplinary Research project. She also became the Director of the Ithaca Planning Unit. **Kathleen Buccieri** became Dr. Buccieri having completed her post-professional DPT from MGH Institute of Health Professions. She was also first author on two articles published in the Journal of Physical Therapy Education. **Michael Buck** began his dissertation in the PhD program in Educational Leadership in Higher Education from Touro University International. He is using his knowledge in his recent appointment to the Horseheads Central School District Board of Education. **Charles D Ciccone** completed the 4th edition of his Pharmacology in Rehabilitation text, had 3 book chapters published or accepted for publication, continues as the only person on both editorial boards of Physical Therapy and PT Magazine, and conducted his Pharmacology for the Physical Therapist eight times across the country. **Hilary Greenberger** became Dr. Greenberger completing her PhD in Health Related Sciences from Virginia Commonwealth University. She also continued in the unique position of Department Transfer Coordinator. **Tiffany Hilton** joined the faculty this fall and quickly set up her teaching/research lab in cardiac and pulmonary physical therapy. **Terri Hoppenrath** was successful in her pursuit of the position of ADCE and we are very grateful! **Jeff Houck** had 3 articles published, 3 in press, and received an award of \$209,000 as a subcontract on an NIH grant. **Steve Lahr** completed his incredible job as Ithaca Planning Unit Director and moved into the position of chair of the Southern Tier District of the NYPTA. **Helene Larin** was awarded \$10,000 in seed money from the Dean for her research, had a book chapter and two articles published, and conducted a presentation in Dubai, UAE. **Chris McNamara** joined our faculty in the fall of '06 and continued her active roles in the NYPTA as Chair, Annual Conference and Program Committee and delegate to the APTA House of Delegates. **Michael A Pagliarulo** completed the final editing of the 3rd edition of the Introduction to PT text that was published in August of '06, completed his term as Speaker of the Assembly of the NYPTA, and also served as a delegate to the House of Delegates. **Ernie Nalette** performed a miracle coordinating the transition to the new facilities at the Colgate Rochester Crozier Divinity School in the summer of '06 and conducted a presentation at CSM last year. **Deborah Nawoczenski** had 6 articles published, 2 additional ones accepted for publication, continued as principal investigator on a grant award of \$168,000 from NIH, conducted a presentation in Munich, Germany, and was awarded the Roger Mann Award for Outstanding Clinical Study, American Orthopaedic Foot and Ankle Society. **Karen Nolan** was first author on an article published in Physical Therapy and continued in her unique role as the Discipline Coordinator in Physical Therapy on a Maternal and Child Health Bureau Leadership Training grant (.4 FTE). **Nick Quarrier** continued his post-professional DPT at Washington University School of Medicine and directed another successful Healthy Musician workshop attracting a participant from Japan! **Andrew Robinson** submitted the final manuscript for the 3rd edition of his text, Clinical Electrophysiology: Electrotherapy and Electrophysiologic Evaluation. He was also responsible for the program for the Section on Clinical Electrophysiology and Wound Management at CSM last year. **Cindy Zablonty** became Dr. Zablonty completing her tDPT at the MGH Institute of Health Professions. She also served as an item writer for the Neurologic Clinical Specialist Exam and as a member of the Standard Setting Panel for the same. She also conducted a pilot for a clinical residency program in neurologic physical therapy with the Unity Health System.

Student News

Besides excelling in academics, students continued their service activities in both the Ithaca and Rochester communities. A new activity for the students in Ithaca was a **Bike Fitness Fair** conducted at Cass Park for PT Month in October of '06. Stations were arranged so that bikers were advised how to properly fit their bikes to their bodies, learn new exercises, and get body fat percentages. The Ithaca College cycling club had a station where they



discussed ways to train for cycling. In Rochester, students continued several annual events. In the fall they organized a team for the **American Cancer Society's breast cancer walk** around downtown Rochester. A group volunteered with **Gliding Stars**, a program to help children with disabilities learn how to ice skate. This was a weekly activity, which culminated in an ice show for parents and friends. Students also volunteered with the **Spina Bifida Association of Rochester** to help with activities like bowling and swimming. They also organized a **toy drive** to send to children with special needs in Antigua. Nearly two dozen students from both campuses attended the **APTA Combined Sections Meeting** in Boston. This was an exciting event for them as they began to establish professional networks.



Over 100 students from our program attended the APTA National Student Conclave in Valley Forge, PA in October this fall. Two of our students were nominated for positions in the Student Assembly of the APTA: Jacklyn Miller, a current senior (on left) was nominated for the position of Secretary and Monica Lesslie, a current graduate student (on right) was nominated for the position of Vice President. Our program was well represented at the event that attracted over 1300 students from across the nation. The enthusiasm continues as these and students from two other programs in NYS have begun to plan a New York Chapter Regional Student Conclave. The event will be held at IC on April 6, 2008. Scott Ward, APTA President, will be the keynote speaker.

ICPT Alumni Recognized

Larry Steve ('60) is now in his 47th year of practice as a physical therapist! Larry was one of the core faculty members who served our program from 1965-1986 when the final year was conducted at the Albert Einstein College of Medicine/Bronx Municipal Hospital Center. He was one of the primary instructors who taught in the human anatomy course with Ray Boone. He was also a key figure on the physical therapy staff at Jacobi Hospital and provided instruction to the students both as a clinician and academician. Besides continuing in his very active private practice in the Bronx, NY. Larry has many other interests, including a collection of silent movies (1898-1926), several antique/classic automobiles, and antique mechanical instruments (jukeboxes and pinball machines). He is active in the NYPTA and continues to advocate for the profession through his practice and political/legislative activities. Retirement is only a dream



Jennifer McKenzie ('01), was our keynote speaker at the annual Pinning Ceremony in August. Since graduating from IC, Jenny has practiced in the Southern Tier area moving from staff to senior physical therapist at Arnot Ogden Medical Center in Elmira, NY. Since 2006 she has been at Gentiva Health Services in Corning, NY and is the Safe Strides Program Director (a fall prevention program) there. Jenny completed her tDPT at the State University Upstate Medical University in 2006 and graduated Summa Cum Laude. She is also certified in complete decongestive therapy and manual lymph drainage. We were pleased that she joined us at the Pinning Ceremony to offer her advice to the junior PT students as they received their nametags, symbolically representing their continuation into the professional phase of the program.

Kelly Sisti ('07), who was about to begin her tDPT at the Rochester Center, also provided inspiring words to the students. Kelly offered advice from the perspective of a student at the completion of her program and eve of the tDPT.

All ICPT alumni are welcomed to join us at our reception at the APTA Combined Sections Meeting this February in Nashville, TN. Look for our event on Thursday evening, February 7 in the Opryland Resort and Conference Center.

Physical Therapy Facilities Move into Colgate Rochester Crozier Divinity School

After the University of Rochester terminated our lease with them, we had to find a new location in very short order. We were fortunate to secure space in the beautiful historic facilities of the Colgate Rochester Crozier Divinity School (CRCDD) across from Highland Park. With only a few months to renovate the space in the summer of 2006, we moved in just in time to begin the fall '06 academic session. This provided an opportunity to design optimal space for teaching, research, and administrative purposes, with state-of-the-art equipment. The academic agreement with the University of Rochester continues, so we still use all the resources of the Medical School, but the program is now housed at the CRCDD campus. One of the highlights of this new facility is the Movement Analysis Lab where our core faculty members, Drs Deborah Nawoczenski and Jeff Houck conduct their clinical research specializing in lower extremity biomechanics. In addition to their grant awards noted earlier in this Newsletter, we have been fortunate to have the services of our Scholar in Residence, Smita Rao, PT, PhD. Dr. Rao recently received a Postdoctoral Fellowship Award from the Arthritis Foundation to conduct research on midfoot biomechanics. We congratulate her as the Department's first postdoctoral fellow.



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