

See the World



HSHP at the
Great Wall of China

Study Abroad At a Glance

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School of Health Sciences and
Human Performance

2011-2012

Exercise and Sport Sciences

- B.S. Athletic Training
- B.S. Clinical Exercise Science
- B.S. Exercise Science
- B.S. Exercise Science (*Medical Sciences*)
- B.S. Exercise Science (*Sport and Exercise Psychology*)
- M.S. Exercise and Sport Sciences

Health Promotion and Physical Education

- B.S. Health Care Management
- B.S. Health Education (*Teaching*)
- B.S. Health Education and Physical Education (*Teaching*)
- B.S. Health Sciences (*Nutrition*)
- B.S. Health Sciences (*Premedical*)
- B.S. Physical Education (*Teaching*)
- B.S. Public and Community Health
- M.S. Health Education
- M.S. Physical Education

Occupational Therapy

- B.S./M.S. Occupational Science/Occupational Therapy
- M.S. Occupational Therapy

Physical Therapy

- B.S./ D.P.T. Clinical Health Studies/Physical Therapy

Recreation and Leisure Studies

- B.S. Outdoor Adventure Leadership
- B.S. Recreation Management
- B.S. Therapeutic Recreation

Speech-Language Pathology and Audiology

- B.S. Speech-Language Pathology
- M.S. Speech-Language Pathology
- M.S. Teaching Students with Speech and Language Disabilities

Sport Management and Media

- B.S. Sport Management
- B.S. Sport Media
- B.A. Sport Studies
- M.S. Sport Management

HSHP PreProfessional Program

The HSHP PreProfessional Program for freshmen and sophomores offers the opportunity for students to explore health, sport, education or leisure careers. HSHP has the largest diversity of programs in the Northeast and Midwest.

Dr. John A. Sigg, Interim Dean
Dr. Patricia E. Green, Associate Dean
Dr. Margaret L. Arnold, Interim Associate Dean

Office of the Dean
320 Smiddy Hall
Telephone: 607-274-3237
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www.ithaca.edu/hshp

The School of Health Sciences and Human Performance recognizes that the opportunity to study abroad is a valuable part of **a student's educational experience at Ithaca College and as preparation for health, education, sport and leisure professional careers.**

This guide has been created to assist HSHP majors in their first steps in planning a time frame for study abroad within their degree program requirements. A check (✓) indicates suggested time frames only.

HSHP advisors and the Dean's Office work closely with the Ithaca College Office of International Programs to encourage our students to study abroad. For the college policies and procedures concerning application review and approval, related costs, financial aid and other specifics about study abroad, as well as up-to-date information on available programs, please visit or contact:

Office of International Programs
214-2 Center for Health Sciences
Phone: 607-274-3306
Fax: 607-274-1515
E-mail: intlprog@ithaca.edu
www.ithaca.edu/oip

Tips for HSHP Students:

- Please be aware that Ithaca College and HSHP do offer **“short stay” study abroad programs. These typically occur** during winter break, spring break or the summer term. To learn more, please speak to your advisor for the most current offerings.
- Mention your intent as early as freshmen orientation, if you think you might want to study abroad.
- Save electives to take while studying abroad.
- Discuss your plans as early as possible with your advisor.
- Ask questions, research, and plan, plan, plan!

Suggested Procedure For HSHP Students:

- Review this guide.
- Visit the Office of International Programs (OIP) website at: www.ithaca.edu/oip.
- Discuss study abroad with your advisor and how it will fit into your schedule and academic program. Obtain suggestions and approval of specific courses for your degree.
- Attend an OIP informational session.
- PLEASE NOTE: Each student is responsible for her/his own graduation requirements.
-
- Schedule an appointment with OIP.

The HSHP PreProfessional Program strongly encourages students to study abroad. Please see your advisor to begin preparing for study abroad.

Study Abroad for HSHP PreProfessional Students:

- Discuss and make plans for your study abroad as far in advance as possible!
- Make an appointment with your advisor to discuss your study abroad options.
- Your advisor will refer you to a departmental liaison (where your program interest is housed) for additional advisement.

HSHP PreProfessional Coordinator:
Julie E. Boles
311 Smiddy Hall
Telephone: 607-274-3711
E-mail: boles@ithaca.edu

HSHP PreProfessional Program:
320 Smiddy Hall
Telephone: 607-274-3390
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The Department of Exercise and Sport Sciences strongly supports and encourages the study abroad program. Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
AT			✓					
CES		✓	✓	✓	✓	✓		
ES	✓	✓	✓	✓	✓	✓	✓	✓

✓ indicates suggested semester to travel abroad

Athletic Training (AT)

- During study abroad, take classes that will fulfill requirements such as: Writing, Math, Social Science or Humanities electives, and free electives.
- Enroll in Advanced Prevention and Care of Athletic Injuries and Athletic Training Techniques I courses over the Winter Inter-session after return from semester abroad to stay in sequence.
- Enroll in Biomechanics the fall of junior year.

Clinical Exercise Science (CES)

- During study abroad, take classes that will fulfill requirements such as: Writing, Math, Psychology, Social Science or Humanities electives, and free electives.

Exercise Science (ES)

- During study abroad, take classes abroad that will fulfill requirements such as: Writing, Math, Psychology, Social Science or Humanities electives, and free electives.

Recent Departmental Study Abroad Student Experiences:

Australia, Japan, London.

We strongly advocate a study abroad experience and will work with all majors to help make it happen and keep you in sequence! Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
HE			✓	✓	✓	✓		
HE&PE			✓	✓	✓	✓		
HCM			✓	✓	✓	✓	✓	✓
HS/Nutrition			✓	✓	✓	✓	✓	✓
HS/PreMed			✓	✓	✓	✓	✓	✓
PE			✓	✓	✓	✓		
PCH			✓	✓	✓	✓	✓	✓

✓ indicates suggested semester to travel abroad

HE-Health Education (Teaching):

- Plan early.
- Take requirements such as: Writing, Math, Speech, Language.
- Consider summer programs.

HE & PE-Health Education & Physical Education (Teaching):

- Plan early.
- Student teaching opportunities exist in Cyprus.
- Consider summer programs.
- Take requirements: Writing, Math, Speech, Language.

HCM-Health Care Management:

- Plan early.
- Consider summer programs.
- Take requirements: Writing, Math, Speech, Language.

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HS/PM-Health Sciences/Nutrition:

- Plan early.
- Take requirements such as: Writing, Math, Speech, Language.
- Consider summer programs.

HS/N-Health Sciences/Pre-Medical Emphasis:

- Plan early.
- Take requirements such as: Writing, Math, Speech, Language.
- Consider summer programs.

PE-Physical Education (Teaching):

- Plan early.
- Student teaching opportunities exist in Cyprus.
- Consider summer programs.
- Take requirements such as: Writing, Math, Speech, Language.

PCH-Public Community Health

- Plan early.
- Take requirements such as: Writing, Math, Speech, Language.
- Consider summer programs.

Recent Departmental Study Abroad Student Experiences:

- We have had 12 students placed in Cyprus in the past 18 months.
- China is an experience supported by the department.

Department Sponsored Study Abroad:

- Student teaching for Physical Education students in Cyprus.
 - Summer language immersions.
 - Health Care & Culture: An International Field Experience in Malawi.
-

The Occupational Therapy Department strongly supports opportunities for students to study abroad. Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02	Grad Year Block V
OT			✓	✓	✓				✓

✓ indicates suggested semester to travel abroad

- Begin planning and working with your advisor at the earliest possible date for any study abroad option.
- Students may study just about anywhere in the world in the fall or spring semester of the sophomore year, although with careful preparation, the fall semester of the junior year is also possible.
- Students wishing to study abroad at Jönköping University in Sweden should meet early with their advisor to explore alternatives and to ensure that all prerequisite courses are completed.
- Graduate Students may choose to complete the elective internship abroad (summer—Block V of the graduate year). Recent internship placements have included Tanzania, Scotland, England and the Dominican Republic.

Recent Study Abroad Experiences:

Students have participated in study abroad experiences in Australia, Italy, Malawi, Semester at Sea, Spain, Sweden, London, the Dominican Republic, China and New Zealand.

Department Sponsored Study Abroad:

The Occupational Therapy Department maintains an exchange program with Jönköping University in Sweden. Students wishing to study in this program may take occupational therapy courses (in English) in the sophomore year or in the fall of the junior year. Students should begin planning early for this opportunity to be sure that all required prerequisites have been met. We also have an exchange agreement with La Trobe University in Melbourne, Australia, where students may study occupational therapy. Be sure to see your advisor for information about these programs.

The Department of Physical Therapy encourages students to study abroad. Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
PT - Clinical Health Studies		✓	✓	✓	✓			

✓ indicates suggested semester to travel abroad

- Begin planning at the earliest possible date.
- Close collaboration with advisors is recommended.
- Ensure that all prerequisite courses and general education requirements can be scheduled in preparation for required coursework.

Recent Departmental Study Abroad Student Experiences:

Australia, Austria, France, Ireland, Israel, Italy, London, New Zealand, Peru, Spain, Semester-at-Sea. Several students have also taken advantage of shorter trips abroad to Antigua, Australia, China and the Dominican Republic.

Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
OAL			✓					
RMgmt			✓	✓		✓		
TR			✓	✓		✓		

✓ indicates suggested semester to travel abroad

If you do not enter the program as a freshman, study abroad in the above semesters is not guaranteed. Careful planning with your advisor is essential for all students.

Outdoor Adventure Leadership (OAL)

- Take classes abroad that will fulfill requirements such as: Writing, Math, Psychology, Social Science or Humanities electives, Cultural Diversity elective, and free electives. Most general education requirements (not OAL) will transfer. Very rarely will OAL courses (professional core or OAL core) transfer from abroad. These courses should be taken at Ithaca College. Also note that Leadership and Administration of Outdoor Pursuits and Wilderness Expedition Leadership (WEL) are offered every-other-year. Plan accordingly!

Recreation Management (RM)

- Recommended study abroad either sophomore year or spring semester junior year; most RLS electives are offered during the fall semester.
- Take classes abroad that will fulfill requirements such as: Writing, Math, Cultural Diversity elective, Psychology, Social Science or Humanities electives, and free electives. Most general education requirements (not RM) will transfer.

Therapeutic Recreation (TR)

- Take classes abroad that will fulfill requirements such as: Writing, Math, Cultural Diversity elective, Psychology, Social Science or Humanities electives, and free electives. Most general education requirements (not TR) will transfer.
- Very rarely, if ever, are TR required core courses transferable due to professional certification stipulations.

Recent Departmental Study Abroad Student Experiences:

London, Australia, New Zealand, Finland.

Department Sponsored Study Abroad:

Ecotourism and Natural Resource Management

The Department of Speech-Language Pathology and Audiology encourages its students to consider spending a semester studying in another country. This professional field is for helping people to overcome communication problems. Therefore, we believe that exposing oneself to other cultures and other countries helps one to understand and appreciate the intricacies of communication. Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
SLPA						✓		

✓ indicates suggested semester to travel abroad

It is recommended that:

- To have greater flexibility in going abroad, students should declare a major in Speech-Language Pathology/Audiology as a freshman or—begin taking required courses as a freshman.
- Students transferring into the major after the freshman year—see a Speech-Language Pathology/Audiology advisor early to determine the feasibility of studying in another country.
- Students should plan on taking distribution electives abroad, such as fine arts, humanities, or history courses.

Recent Departmental Study Abroad Student Experiences:

Australia, China, London, New Zealand, Scotland, Semester-at-Sea, Singapore, Spain.

Please see your advisor to begin preparing for study abroad.

Major	FR 01	FR 02	SO 01	SO 02	JR 01	JR 02	SR 01	SR 02
SMgmt		✓	✓	✓	✓	✓	✓	
SMedia		✓	✓	✓	✓	✓	✓	
SSudies				✓	✓	✓		

✓ indicates suggested semester to travel abroad

Recent trends point to continued globalization of sport and its professional positions. The department offers a yearly May experience in London which is ideal for first and second year students. This seminar focuses on sport as seen through the eyes of the rest of the world and especially Europe. Specific topics vary, but usually include administration, marketing and legal issues. Activities in London and other cities include class instruction; excursions to sports events as well as locations of contemporary interest; field trips to league and club offices. This two-week class **helps students determine if a semester at the College's London Center and an internship with Major League Baseball London is appropriate.** Students have also chosen to study in Australia, Argentina and Ireland.

Sport Management and Media Majors

- Make an appointment with your advisor during your first semester to consider if the London seminar is appropriate for you.
- Continue to discuss with your advisor if an international internship during your junior or senior year is appropriate for you.

Sport Studies Majors

- Make an appointment with your advisor during your first semester to consider if the London seminar is appropriate for you.
- Continue to explore with your advisor the possibilities of semester long international academic experience.

Recent Departmental Study Abroad Student Experiences:

London Sport Management Seminar, Beijing Olympics, China, Toronto

Ithaca College

Semester Study Abroad Opportunities

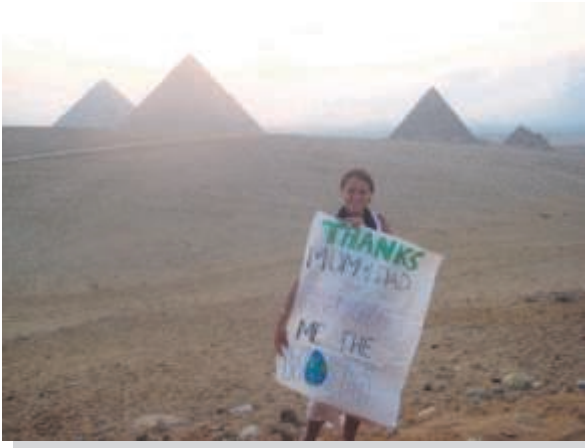
Antigua	Ghana	Norway
Australia	Greece	Senegal
Austria	Hong Kong	Singapore
Canada	Hungary	Spain
China	Italy	Sweden
Cyprus	Japan	Turkey
Czech Republic	Korea	United Kingdom
Dominican Republic	Mexico	IC London Center
Ecuador	New Zealand	Semester-at-Sea
Other Destinations		

Short Term Study Abroad Opportunities

“Short stay” study abroad programs typically occur during winter break, spring break or the summer term. To learn more, please speak to your advisor for the most current offerings through HSHP and at Ithaca College.

Antigua	Finland
China	London, England
Dominican Republic	Malawi, Africa

For more study abroad information go to: www.ithaca.edu/oip



Important Telephone Numbers

My HSHP Major Advisor: _____

Phone/Email: _____

Office of Student Financial Services: 607-274-3135

Division of Graduate and Professional Studies: 607-274-3143

HSHP Office of the Dean: 607-274-3237

Office of International Programs: 607-274-3306

Office of the Registrar: 607-274-3127

This document is to be used only as a first step towards planning for Study Abroad opportunities for majors in the School of Health Sciences and Human Performance effective 2011-2012. The content does not replace departmental advisement, your degree requirements, or the Ithaca College **Office of International Program's materials** and review/application procedures.

For more information about the School of Health Sciences and Human Performance, scan the QR code with your smartphone.

