

Our Mission:

We are a community of learners who prepare health care, health, sport, and leisure professionals for lifelong practice and scholarship.

DEGREES AND PROGRAMS

- ◆ 18 Undergraduate Degrees
(Concentrations/Emphases)
- ◆ 9 Graduate Degrees
- ◆ HSHP PreProfessional Program
- ◆ 13 Minors

Exercise and Sport Sciences

- B.S. Athletic Training
- B.S. Clinical Exercise Science
- B.S. Exercise Science
- B.S. Exercise Science (Medical Sciences)
- B.S. Exercise Science
(Sport and Exercise Psychology)
- M.S. Exercise and Sport Sciences

Health Promotion and Physical Education

- B.S. Health Care Management
- B.S. Health Education (Teaching)
- B.S. Health Education and
Physical Education (Teaching)
- B.S. Health Sciences (Nutrition)
- B.S. Health Sciences (Premedical)
- B.S. Physical Education (Teaching)
- B.S. Public and Community Health
- M.S. Health Education
- M.S. Physical Education

Occupational Therapy

- B.S./M.S. Occupational Science/
Occupational Therapy
- M.S. Occupational Therapy

Physical Therapy

- B.S./D.P.T. Clinical Health Studies/
Physical Therapy

Recreation and Leisure Studies

- B.S. Outdoor Adventure Leadership
- B.S. Recreation Management
- B.S. Therapeutic Recreation

Speech-Language Pathology and Audiology

- B.S. Speech-Language Pathology
- M.S. Speech-Language Pathology
- M.S. Teaching Students with Speech and
Language Disabilities

Sport Management and Media

- B.S. Sport Management
- B.S. Sport Media
- B.A. Sport Studies
- M.S. Sport Management

HSHP PreProfessional Program

Discovery program for undecided freshmen and sophomores: healthcare, health, sport, leisure.

Minors

Coaching, Communication Disorders (SLPA), Deaf Studies, Exercise Science, Health, Health Policy and Management, Integrative Health Studies (HPPE), Nutrition Promotion, Occupational Science, Outdoor Pursuits, Recreation, Sport and Exercise Psychology, Sport Studies

Students who choose the School of Health Sciences and Human Performance follow a path of enriching experiences, with real rewards.

Enriching Experiences:

- ◆ Students and faculty partner in **research projects** (www.ithaca.edu/hshp/community/studentresearch), **academic conferences, workshops**, as well as unique **study abroad experiences**.
- ◆ Recent study abroad opportunities include many countries in Asia, Africa, Europe and Central America. Read student blogs from China [June 2011] on the Ithaca College HSHP website (www.ithaca.edu/hshp/community/blogs).
- ◆ **Experiential learning** occurs at approximately **1,700 affiliated sites and organizations**, throughout the United States and abroad.
- ◆ Each year over 650 HSHP students complete **fieldwork and internships** as part of their academic program.
- ◆ The wide breadth of programs ensures that students who desire a career in helping others can find a major in HSHP (see left).
- ◆ HSHP students demonstrating academic excellence are inducted in national honor societies, such as the Alpha Eta Society (the national scholastic honor society for the allied health professions).
- ◆ Upon graduation, students interested in developing further depth in an area can advance to **graduate studies** in the majority of departments.



Real Rewards:

- ◆ HSHP students consistently perform **above national averages in all programs that require licensure or certification exams**. We strive to produce highly prepared entry-level masters in the professions we serve.
- ◆ In the past two years, over 95% of HSHP graduates have found employment in their related fields or have begun studying in graduate schools of their choice.
- ◆ Students rate HSHP academic quality very high as seen in the following comments from recent surveys of satisfaction at Ithaca College:
 - set up for their career path
 - balance of high quality academics, student life, and financial aid
 - rigorous curriculum for their majors
 - teachers passionate about their jobs and students
 - hands-on learning
 - high percentage of graduates actually get jobs in their field of study

School of Health Sciences and Human Performance

Department Contact Information:

Exercise and Sport Sciences

◆607-274-3189◆ www.ithaca.edu/hshp/depts/ess
Chair: Thomas Swensen, Ph.D., tswensen@ithaca.edu
Grad Chair: Jeffrey Ives, Ph.D., jives@ithaca.edu

Health Promotion and Physical Education

◆607-274-3129◆ www.ithaca.edu/hshp/depts/hppe
Chair: Stewart Auyash, Ph.D., auyash@ithaca.edu
Associate Chair: Karen Edwards, Ph.D., kedwards@ithaca.edu
Grad Chair: Srijana Bajracharya, Ph.D., sbajracharya@ithaca.edu

Occupational Therapy

◆607-274-1975◆ www.ithaca.edu/hshp/depts/ot
Chair: Diane Long, Ed.D., MOTR/L, dlong@ithaca.edu
Grad Chair: Melinda Cozzolino, O.T.D., OTR, mcozzoli@ithaca.edu

Physical Therapy

◆607-274-3716◆ www.ithaca.edu/hshp/depts/pt
Chair: Hélène Larin, Ph.D., PT, hlarin@ithaca.edu
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Grad Chair, Rochester Campus:
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Recreation and Leisure Studies

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Chair: John Weber, Ph.D., jjweber@ithaca.edu

Speech-Language Pathology and Audiology

◆607-274-3248◆ www.ithaca.edu/hshp/depts/slpa
Chair: Luanne Andersson, Ph.D., landersson@ithaca.edu
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Sport Management and Media

◆607-274-3192◆ www.ithaca.edu/hshp/depts/smm
Chair: Annemarie Farrell, Ph.D., afarrell@ithaca.edu
Grad Chair: Craig Paiement, Ph.D., cpaiement@ithaca.edu

HSHP PreProfessional Program

◆607-274-3390◆ www.ithaca.edu/hshp/depts/healthprepro
Coordinator: Julie Boles, M.S., RRA, boles@ithaca.edu



Occupational Therapy majors practice in hospital and community clinics, schools and homes.

For more information about the School of Health Sciences and Human Performance, scan the QR code with your smartphone.



2011 Alpha Eta Society's Inductees —
The National Honor Society
For Allied Health Professions



Career opportunities within the fields of Exercise and Sport Sciences include athletic trainers; YMCA fitness directors; youth, geriatric, or corporate fitness; personal trainers and cardiac rehabilitation.



The Department of Health Promotion and Physical Education prepares students for careers in teaching, coaching, analyzing policy for the government, lobby groups, managers of health clinics, facilities or organizations.



Recreation and Leisure Studies students become therapeutic recreation specialists in community, hospital and residential settings; managers of resorts, parks, camps, preserves and forests; leaders in outdoor education, team building and the adventure travel industry.

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John A. Sigg, Ph.D., Interim Dean

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